

Colorado School Psychology Internship Consortium (HP-PIC) Videoconference Supervision and Training

Colorado School Psychology Internship Consortium (CoS-PIC) uses videoconferencing to provide shared weekly training experiences that promote education, interaction, and socialization among interns and faculty. Interns and faculty meet in a virtual conference room and interact via high-quality real-time transmission of simultaneous video and audio. Regularly scheduled training activities that occur in this format include group and periodic didactic seminars. Group supervision occurs for two hours every week and is led by various core member of the CoS-PIC Training Committee on a rotating basis to provide interns with the opportunity to experience a breadth of supervisory relationships and supervision modalities. Finally, didactic seminars totaling at least 8 hours per month will be held. Seminars are led by members of the Training Committee, as well as other guest speakers who demonstrate expertise in a relevant area. Didactics may be in person or held via videoconference.

CoS-PIC places high value on cohesion and socialization of intern cohorts, and virtual meetings via videoconferencing are an effective way to foster connection during the intervals between in-person meetings. The use of videoconference technology for supervisory experiences is consistent with CoS-PIC's model and training philosophy, as CoS-PIC places a strong training emphasis on access to behavioral healthcare, which increasingly relies on the use of telehealth services. CoS-PIC also recognizes the importance of supervisory relationships. Given the geographical distance between training sites, this model allows the interns to form greater connection to the training faculty and licensed psychologists in Colorado than would be experienced otherwise. It is expected that the foundation for these supervisory relationships is cultivated during CoS-PIC's orientation, such that interns form relationships with the training faculty prior to engaging in videoconference group supervision and research group supervision.

Specific case consultation may be provided during group supervision. Cases may be discussed using generalities and for all clinical cases, full professional responsibility remains with the intern's primary supervisor, and any crises or other time sensitive issues must be reported to that supervisor immediately. Interns are provided contact information for all CoS-PIC supervisors including email and phone numbers, so crises and time sensitive information can be reported as necessary.

All CoS-PIC videoconferencing occurs over a secure network using HIPAA-compliant technology. Supervision sessions using this technology are never recorded, thus protecting the privacy and confidentiality of all trainees. All interns are provided with instruction regarding the use of the videoconferencing equipment at the outset of the training year. Technical difficulties that cannot be resolved on site are directed to the site IT Department.