

CFT Spring Admit Program of Study Template

	Sequence of Courses	Semester Offered
1	CMFT 5150: Foundational Family Therapy Theories	Fall and Spring (In person)
2	CMFT 5160: FT Techniques Foundational	Fall and Spring (In person)
3	CMFT 5151: FT Contemporary Theories	Fall and Spring (In person)
4	CMFT 5161: FT Techniques Contemporary	Fall and Spring (In person)
5	CMFT 5330: Professional Identity & Relational Ethics	Fall and Spring (In person)
6	CMFT 6180: Family Issues Multicultural	Fall and Spring (In person)
7	LDFS 6200: Human Development*	Fall, Spring, Summer (Remote)
8	RSEM 5120: Introduction to Research	Fall, Spring, Summer (Remote)
9	COUN 6250: Mental Health Diagnosis	Fall, Spring, Summer (In person/Hybrid)
10	CMFT 5180: Couple/Relational Therapy	Fall and Spring (In person)
11	CMFT 6160: Advanced Assessment	Fall and Spring (In person)
12	**CMFT 6000: Intro to Sex Therapy	Fall and Spring (In person)
13	**CMFT 6140: Counseling Children, Adolescents & Their Parents	Spring and Summer (In person)
14	**CMFT 6170: Family Issues: Addictions & Trauma in Family Systems	Fall and Spring (Hybrid/Virtual)
15	CMFT 5910: Practicum (Group supervision) CMFT 5911: Practicum (Individual/Dyadic supervision) <i>Must enroll concurrently.</i>	Fall, Spring, Summer (Remote)
16	CMFT 5929: Internship 1	Fall, Spring, Summer (Remote)
17	CMFT 5930: Internship 2	Fall, Spring, Summer (Remote)

* New course CMFT 5830 will replace LDFS 6200 in Spring 2027. Until then LDFS 6200 will count as a core course.

**One of those courses can be completed along with Practicum.

Important: Course schedule may change due to instructor or space availability. All efforts will be made to provide advance notice if there are changes.

CFT Spring Admit Program of Study Template

Spring Admit: Three course sequence.

Semester	Courses		
Spring 1	CMFT 5150: Foundational Family Therapy Theories	CMFT 5160: Foundational Family Therapy Techniques	CMFT 6180: Family Issues: Multicultural Family Systems
Summer 1	New Course CMFT 5830 or LDFS 6200	RSEM 5120: Introduction to Research	
Fall 1	CMFT 5151: Contemporary Family Therapy Theories	CMFT 5161: Contemporary Family Therapy Techniques	CMFT 5330: Professional Identity & Relational Ethics
Spring 2	CMFT 5180: Couples/Relationships Therapy	CMFT 6160: Advanced Family Assessment & Treatment in Family Systems	*CMFT 6000: Intro to Sex Therapy
Summer 2	COUN 6250: Mental Health Diagnosis	*CMFT 6140: Counseling Children, Adolescents & Their Parents	
Fall 2	*CMFT 6170: Family Issues: Addiction & Trauma in Family Systems	CMFT 5910: Practicum (Group supervision) CMFT 5911: Practicum (Individual/Dyadic supervision)	
Spring 3	CMFT 5929: Internship I		
Summer 3	CMFT 5930: Internship II		

Note: *One of these courses can be completed with Practicum. Please consult with your **faculty mentor** to discuss variations to this plan.

CFT Spring Admit Program of Study Template

Spring Admit: Two course sequence.

Semester	Courses	
Spring1	CMFT 5150 FT Foundational	CMFT 5160 FT Techniques Foundational
Summer 1	COUN 6250 Diagnosis OR LDFS 6200 (until Spring 27).	RSEM 5120
Fall 1	CMFT 5151 FT Contemporary	CMFT 5161 FT Techniques Contemporary
Spring 2	CMFT 5330 Professional Identity & Relational Ethics	CMFT 6180 Family Issues Multicultural
Summer 2	*CMFT 6140: Counseling/Therapy Children, Adolescents & Their Parents	CMFT New Course 5830 or COUN 6250 Diagnosis
Fall 2	CMFT 5180 Couple/Relational Therapy	*CMFT 6000 Sex Therapy
Spring 3	CMFT 6160: Advanced Assessment	*CMFT 6170 Family Issues: Addiction & Trauma
Summer 3	CMFT 5910: Practicum (Group supervision) CMFT 5911: Practicum (Individual/Dyadic supervision)	
Fall 3	CMFT 5929: Internship I	
Spring 4	CMFT 5930: Internship II	

Note: *One of these courses can be completed with Practicum. Please consult with your **faculty mentor** to discuss variations to this plan.

CFT Spring Admit Program of Study Template

Spring Admit: One course sequence.

Semester	Course
Spring 1	CMFT 5150: Foundational Family Therapy Theories
Summer 1	RSEM 5120 Introduction to Research
Fall 1	CMFT 5160 FT Techniques Foundational
Spring 2	CMFT 5161 FT Techniques Contemporary
Summer 2	COUN 6250 Diagnosis
Fall 2	CMFT 5151 FT Contemporary
Spring 3	CMFT 6180 Family Issues Multicultural
Summer 3	LDFS 6200 Human Development (counts as core course until Spring 27) OR New Course CMFT 5830
Fall 3	CMFT 5330 Professional Identity & Relational Ethics
Spring 4	CMFT 5180 Couple/Relational Therapy
Summer 4	CMFT 6140: Counseling Children, Adolescents & Their Parents
Fall 4	CMFT 6000 Sex Therapy
Spring 5	CMFT 6160 Advanced Assessment
Summer 5	No course work
Fall 5	Family Issues: Addictions & Trauma in Family Systems
Spring 6	CMFT 5910: Practicum (Group supervision) CMFT 5911: Practicum (Individual/Dyadic supervision)
Summer 6	CMFT 5929: Internship I
Fall 6	CMFT 5930: Internship II