## CFT Spring Admit Program of Study Template

Semester	Courses			
Spring 1	CMFT 5150: Foundational Family Therapy Theories	CMFT 5160: Foundational Family Therapy Techniques	CMFT 6180: Family Issues: Multicultural Family Systems	
Summer 1	LDFS 6200: Human Development	RSEM 5120: Introduction to Research		
Fall 1	CMFT 5151: Contemporary Family Therapy Theories	CMFT 5161: Contemporary Family Therapy Techniques	CMFT 5330: Professional Identity & Relational Ethics	
Spring 2	CMFT 5180: Couples/Relationships Therapy	CMFT 6160: Advanced Family Assessment & Treatment in Family Systems	CMFT 6000: Intro to Sex Therapy	
Summer 2	COUN 6250: Mental Health Diagnosis	CMFT 6140: Counseling Children, Adolescents & Their Parents		
Fall 2	CMFT 6170: Family Issues: Addiction & Trauma in Family Systems	CMFT 5910: Practicum CMFT 5911: Practicum		
Spring 3	CMFT 5930: Internship			
Summer 3	CMFT 5930: Internship			

Note: This is the recommended plan for 3 courses per semester. Please consult with your faculty mentor to discuss variations to this plan. In case you receive a message about pre-requisites while registering for a class, please email your faculty mentor and Dr. Geneva Sarcedo.

## Spring admit: Two course sequence.

Semester	Courses	
Spring 1	CMFT 5150 FT Foundational	CMFT 5160 FT Techniques
		Foundational
Summer 1	LDFS 6200	RSEM 5120
Fall 1	CMFT 5151 FT Contemporary	CMFT 5161 FT Techniques
		Contemporary
Spring 2	CMFT 5330 Professional Identity	COUN 6250 Diagnosis
	& Relational Ethics	
Summer 2	*CMFT 6140: Counseling	
	Children, Adolescents & Their	
	Parents	
	Or No Coursework	
Fall 2	CMFT 6180 Family Issues	CMFT 6160 Advanced Assessment
	Multicultural	
Spring 3	CMFT 5180 Couple/Relational	*CMFT 6000 Sex Therapy
	Therapy	
Summer 3	*CMFT 6140: Counseling	
	Children, Adolescents & Their	
	Parents	
	Or No Coursework	
Fall 3	*CMFT 6170 Family Issues:	CMFT 5910: Practicum
	Addiction & Trauma	CMFT 5911: Practicum
Summer 3	CMFT 5930: Internship	
Spring 4	CMFT 5930: Internship	

<sup>\*</sup>One of these courses can be completed with Practicum

Note: This is the recommended plan for 2 courses per semester. Please consult with your faculty mentor to discuss variations to this plan. In case you receive a message about pre-requisites while registering for a class, please email your faculty mentor and Dr. Geneva Sarcedo.

## **Spring Admit: One course sequence.**

Semester	Course
Spring 1	CMFT 5150: Foundational Family Therapy Theories
Summer 1	LDFS 6200 Human Development
Fall 1	CMFT 5160 FT Techniques Foundational
Spring 2	CMFT 5161 FT Techniques Contemporary
Summer 2	RSEM 5120 Introduction to Research
Fall 2	CMFT 5151 FT Contemporary
Spring 3	CMFT 5330 Professional Identity & Relational Ethics
Summer 3	COUN 6250 Diagnosis
Fall 3	CMFT 6180 Family Issues Multicultural
Spring 4	CMFT 5180 Couple/Relational Therapy
Summer 4	CMFT 6140: Counseling Children, Adolescents & Their Parents
Fall 4	CMFT 6000 Sex Therapy
Spring 5	CMFT 6160 Advanced Assessment
Summer 5	No course work
Fall 5	Family Issues: Addictions & Trauma in Family Systems
Spring 6	CMFT 5910: Practicum
Summer 6	CMFT 5911: Practicum CMFT 5930: Internship
Fall 6	CMFT 5930: Internship