

CFT Fall Admit Program of Study Template

	Sequence of Courses	Semester Offered
1	CMFT 5150: Foundational Family Therapy Theories	Fall and Spring (In person)
2	CMFT 5160: FT Techniques Foundational	Fall and Spring (In person)
3	CMFT 5151: FT Contemporary Theories	Fall and Spring (In person)
4	CMFT 5161: FT Techniques Contemporary	Fall and Spring (In person)
5	CMFT 5330: Professional Identity & Relational Ethics	Fall and Spring (In person)
6	CMFT 6180: Family Issues Multicultural	Fall and Spring (In person)
7	LDFS 6200: Human Development*	Fall, Spring, Summer (Remote)
8	RSEM 5120: Introduction to Research	Fall, Spring, Summer (Remote)
9	COUN 6250: Mental Health Diagnosis	Fall, Spring, Summer (In person/Hybrid)
10	CMFT 5180: Couple/Relational Therapy	Fall and Spring (In person)
11	CMFT 6160: Advanced Assessment	Fall and Spring (In person)
12	**CMFT 6000: Intro to Sex Therapy	Fall and Spring (In person)
13	**CMFT 6140: Counseling Children, Adolescents & Their Parents	Spring and Summer (In person)
14	**CMFT 6170: Family Issues: Addictions & Trauma in Family Systems	Fall and Spring (Hybrid/Virtual)
15	CMFT 5910: Practicum (Group supervision) CMFT 5911: Practicum (Individual/Dyadic supervision)  <i>Must enroll concurrently.</i>	Fall, Spring, Summer (Remote)
16	CMFT 5929: Internship 1	Fall, Spring, Summer (Remote)
17	CMFT 5930: Internship 2	Fall, Spring, Summer (Remote)

\* New course CMFT 5830 will replace LDFS 6200 in Spring 2027. Until then LDFS 6200 will count as a core course.

\*\*One of those courses can be completed along with Practicum.

**Important:** Course schedule may change due to instructor or space availability. All efforts will be made to provide advance notice if there are changes.

CFT Fall Admit Program of Study Template

**Fall Admit: Three course sequence.**

Semester	Courses		
Fall 1	CMFT 5150 FT Foundational	CMFT 5160 FT Techniques Foundational	CMFT 6180 Family Issues Multicultural
Spring 1	CMFT 5151 FT Contemporary	CMFT 5161 FT Techniques Contemporary	CMFT 5330 Professional Identity & Relational Ethics
Summer 1	*New Course CMFT 5830 or LDFS 6200	RSEM 5120	
Fall 2	CMFT 5180 Couple/Relational Therapy	CMFT 6160 Advanced Assessment	*CMFT 6000 Sex Therapy
Spring 2	COUN 6250 Diagnosis	*CMFT 6170 Family Issues: Addiction & Trauma	*CMFT 6140: Counseling/Therapy Children, Adolescents & Their Parents
Summer 2	CMFT 5910: Practicum (Group supervision) CMFT 5911: Practicum (Individual/Dyadic supervision) (TBA)		
Fall 3	CMFT 5929: Internship 1		
Spring 3	CMFT 5930: Internship 2		

Note: \*One of these courses can be completed with Practicum. Please consult with your **faculty mentor** to discuss variations to this plan.

CFT Fall Admit Program of Study Template

**Fall admit: Two course sequence.**

Semester	Courses	
Fall 1	CMFT 5150 FT Foundational	CMFT 5160 FT Techniques Foundational
Spring 1	CMFT 5151 FT Contemporary	CMFT 5161 FT Techniques Contemporary
Summer 1	COUN 6250 Diagnosis	RSEM 5120
Fall 2	CMFT 5330 Professional Identity & Relational Ethics	CMFT 6180 Family Issues Multicultural
Spring 2	CMFT 5180 Couple/Relational Therapy	*CMFT 6000 Sex Therapy
Summer 2	*CMFT 6140: Counseling/Therapy Children, Adolescents & Their Parents	*New Course CMFT 5830 or LDFS 6200
Fall 3	CMFT 6160: Advanced Assessment	*CMFT 6170 Family Issues: Addiction & Trauma
Spring 3	CMFT 5910: Practicum (Group supervision) CMFT 5911: Practicum (Individual/Dyadic supervision)	
Summer 3	CMFT 5929: Internship	
Fall 4	CMFT 5930: Internship	

Note: \*One of these courses can be completed with Practicum. Please consult with your **faculty mentor** to discuss variations to this plan.

CFT Fall Admit Program of Study Template

**Fall Admit: One course sequence.**

Semester	Course
Fall 1	CMFT 5150: Foundational Family Therapy Theories
Spring 1	CMFT 5160 FT Techniques Foundational
Summer 1	RSEM 5120 Introduction to Research
Fall 2	CMFT 5151 FT Contemporary
Spring 2	CMFT 5161 FT Techniques Contemporary
Summer 3	COUN 6250 Diagnosis
Fall 3	CMFT 5330 Professional Identity & Relational Ethics
Spring 3	CMFT 6180 Family Issues Multicultural
Summer 3	<b>New Course CMFT 5830 or LDFS 6200</b>
Fall 4	CMFT 5180 Couple/Relational Therapy (Add pre-req 6180)
Spring 4	CMFT 6000 Sex Therapy
Summer 4	CMFT 6140: Counseling/Therapy Children, Adolescents & Their Parents
Fall 5	CMFT 6160: Advanced Assessment
Spring 5	CMFT 6170: Family Issues: Addictions & Trauma in Family Systems
Summer 5	CMFT 5910: Practicum (Group supervision) CMFT 5911: Practicum (Individual/Dyadic supervision)
Fall 6	CMFT 5929: Internship I
Spring 6	CMFT 5930: Internship II