

## VITA

### Julia Mahfouz

Associate Professor (Tenured)  
University of Colorado Denver  
School of Education & Human Development

1380 Lawrence St.  
Denver, CO 80204  
Room #641  
Julia.mahfouz@ucdenver.edu

### EDUCATION

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- 2017 Ph.D., Educational Leadership  
The Pennsylvania State University, State College, PA  
Minor: Curriculum and Supervision  
Comparative and International Education  
Dissertation Title: *Exploring the Influence of CARE (Cultivating Awareness and Resilience in Education) on Principals' Leadership and Well-being*  
Committee: Deborah Schussler, Educational Leadership (chair); Edward Fuller, Educational Leadership; Mark Kissling, Curriculum and instruction; Katerina Bodovski, Comparative and International Education; Mark Greenberg, Human Development and Family Studies
- 2005 M.A. Psychology; English Literature  
American University of Beirut, Beirut, Lebanon  
Thesis Title: *Mirror and Identity: The Role of the Mirror in the Formation of Feminine Literary Identity*  
With High Distinction  
Committee: Mark Bayer (chair); Jason Iwen, Marie Anne Khalaf
- 2002 Post-B.A. Teaching Diploma in secondary English  
American University of Beirut, Beirut, Lebanon  
With High Honors
- 2002 B.A. English Literature  
American University of Beirut, Beirut, Lebanon  
With Honors

### PROFESSIONAL EXPERIENCE

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#### *Current Appointment*

July 2022 – present  
Director of the Prosocial Leader Lab  
School of Education and Human Development, University of Colorado-Denver, Denver, CO  
Affiliate of Health Administration Research Consortium (HARC), Business School  
Affiliate of Imaginator Academy

August 2023 – present

Associate Professor, tenured

School of Education and Human Development, University of Colorado-Denver, Denver, CO

Department of Leadership for Educational Organizations

August 2020 – May 2023

Assistant Professor, tenure track

School of Education and Human Development, University of Colorado-Denver, Denver, CO

Department of Leadership for Educational Organizations

### ***Prior Appointments***

August 2017 - 2020

Assistant Professor, tenure track

College of Education, Health and Human Sciences, University of Idaho, Moscow, ID

Department of Leadership and Counseling

Educational Leadership Program

### ***Research Experience***

Research Assistant, with Dr. Deborah Schussler, Education Policy Studies, Dr. Jennifer Frank, Educational Psychology, Counseling, and Special Education, & Mark Greenberg, Human Development and Psychology, The Pennsylvania State University, State College, PA (2014 – 2017).

Research Assistant, Common Core Implementation project, Dr. Mindy Kornhaber, Education Policy Studies, The Pennsylvania State University, State College, PA (2014 – 2016).

Research Assistant, State College Area School District Consultancy Project, Dr. Ed Fuller, Educational Leadership, The Pennsylvania State University, State College, PA (2014 – 2017).

Research Assistant, Literacy through Photography Project, Dr. Kimberly Powell, Curriculum & Instruction and School of Visual Arts, The Pennsylvania State University, State College, PA. (2013 – 2014).

Research Assistant, Advisor Dr. Mark Bayer, Department of English, American University of Beirut, Beirut, Lebanon (2002 - 2004)

### ***Practitioner Leadership & Teaching Experience***

K-12 Principal, Advanced Global International School, Jeddah, K.S.A. (2011 – 2013).

Director of Educational Program & Developer of Summer Camp, Loompaland Summer Camp, Beirut, Lebanon (2012)

Interim Principal, American International School of Jeddah, K.S.A. (2010-2011)

Head of English Department, American International School of Jeddah, K.S.A. (2008 – 2010)

High School English Teacher, American International School of Jeddah, K.S.A. (2006 – 2010). Taught AP English Language and Composition, English III grade 11, English IV grade 12, AP Psychology, and Elective Comparative Arab Authors in/of Exile course.

Grade 5 Homeroom Teacher, American International School of Jeddah, K.S.A. (2005 – 2006).

Teaching Assistant, Civilization Studies Program, American University of Beirut, Beirut, Lebanon (2003- 2004)

Teaching Assistant, English Department, American University of Beirut, Beirut, Lebanon (2002 – 2003)

Middle School English Teacher, Rawdah High School, Beirut, Lebanon (2002 – 2003).

Instructor, American University of Sciences and Technology, Beirut, Lebanon, Communication Skills

[203, 204] (2001 – 2002)

Instructor, UniPrep Institute, Beirut, Lebanon, GMAT, GRE, SATI, SATII, GED, TOEFL (2002 -2004)

### ***Related Experience***

*(consultancy)*

Consultancy: Evaluation of the Network alumni of Soul of Leadership program, Center for Courage and Renewal (2020 – present)

Consultancy: Gates Live Build, Bill & Melinda Gates Foundation-sponsored project at the Greater Good Science Center (GGSC) at UC Berkeley (November 2020 - February 2021)

Freelance Educational Consultant (2009 – 2011)

- Prepared diagnostic study for AlBait AlSaeed, Jeddah K.S.A. School based on accreditation indicators in order to detect areas of strength and areas of improvement
- Educational Consultant and later worked as Director of Academics and Professional Development of Al Afaq International Schools
- Literacy Specialist/Educational Leadership and Management Consultant for Third Millennium College for Girls

### **PUBLICATIONS**

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Google Scholar: <https://scholar.google.com/citations?user=vXO8cUkAAAAJ&hl=en>

*\*indicates authorship with students*

### ***Peer-Reviewed Journal Articles***

2023

2022

1. Davis\*, S.J., Lettis\*, B. M., **Mahfouz, J.**, Vaughn, M. (2022). Deconstructing racist structures in K-12 education through SEL starts with the principal. *Theory into Practice*, 61(2), 145-155.  
<https://doi.org/10.1080/00405841.2022.2036061>
2. Schussler, D., **Mahfouz, J.**, Broderick, T., Berenna, E., Frank, J., & Greenberg, M.T. (2022). Shifting to embodiment: A longitudinal qualitative investigation into the experiences of high school teachers teaching mindfulness. *Mindfulness*, 13(2), 509-525.  
<https://doi.org/10.1007/s12671-021-01811-5>

2021

3. **Mahfouz, J.**, King\*, K., & James\*, L. (2021). Lessons from the storm: Emotions, meaning-making and leadership during transition. *The Asia-Pacific Education Researcher*, 30(4), 339-347.  
<https://doi.org/10.1007/s40299-021-00574-w>
4. Örüciü, D., Arar, K. & **Mahfouz, J.** (2021) Three contexts as the post-migration ecology for refugees: School principals' challenges and strategies in Turkey, Lebanon, and Germany. *Leadership and Policy in Schools*, 20 (1), 41-56.  
<https://doi.org/10.1080/15700763.2020.1833044>
5. Frank, J.L., Broderick, P.C., Oh, Y., Mitra, J., Kohler, K., Schussler, D.L., Geier, C., Roeser, R.W., Berrena, E., **Mahfouz, J.**, Levitan, J., Greenberg, M.T. (2021). The effectiveness of a

teacher delivered mindfulness-based curriculum on adolescent social-emotional and executive functioning. *Mindfulness*, 12, 1234-1251. <https://doi.org/10.1007/s12671-021-01594-9>

6. **Mahfouz, J.** & Richardson, J. (2020). At the crossroads: Well-being and principalship preparation. *Journal of Research on Leadership Education*, 16(4), 360-384. <https://doi.org/10.1177/1942775120933914>
7. Schussler, D., Oh, Y., **Mahfouz, J.**, Levitan, J., Frank, J., Broderick, P., Mitra, J., & Greenberg, M. (2021). Stress and well-being: A systematic case study of adolescents' experiences in a mindfulness-based program. *Journal of Child and Family Studies*, 30(2), 431-446. <https://doi.org/10.1007/s10826-020-01864-5>

## 2020

8. Hayes, S. & **Mahfouz, J.** (2020). Principalship & mentoring: A review of perspectives, evidence, and literature 1999 – 2019. *Research in Educational Administration and Leadership*, 5(3), 722-751. <http://doi.org/10.30828/real/2020.3.4>
9. Katz, D., **Mahfouz, J.**, & Romas\*, S. (2020). Creating a foundation for teachers and better futures for students: The need for SEL curriculum in teacher education programs. *Northwest Journal of Teacher Education*, 15(2). <https://doi.org/10.15760/nwjte.2020.15.2.5>
10. **Mahfouz, J.** & Gordon, D.P. (2020). The case for focusing on school principals' social-emotional competencies. *Management in Education*, 1-5. <https://doi.org/10.1177/0892020620932351>
11. Anthony-Stevens, V., **Mahfouz, J.**, & Bisbee, Y. (2020). Indigenous teacher education is tribal nation building: Stories of capacity building and capacity strengthening in Idaho. *Journal of School Leadership*, 30(6), 541-564. <https://doi.org/10.52684/620951722>
12. Scheef, A., & **Mahfouz, J.** (2020). Supporting the post-school goals of youth with disabilities through use of a transition coordinator. *Research in Educational Administration and Leadership*, 5(1), 43-69. <https://doi.org/10.30828/real/2020.1.2>
13. **Mahfouz, J.**, & Anthony-Stevens, V. (2020). Why trouble SEL? The need for cultural relevance in SEL. *Bank Street Occasional Paper Series*, 43, 1-14. Retrieved from <https://educate.bankstreet.edu/occasional-paperseries/vol2020/iss43/6>

## 2019

14. **Mahfouz, J.**, El-Mehtar, N., Osman, E., Kotok, S. (2019). Challenges and agency: Principals responding to the Syrian refugee crisis in Lebanese public schools. *International Journal of Leadership in Education*, 23(1), 24- 40. <https://doi.org/10.1080/13603124.2019.1613570>
15. **Mahfouz, J.** (2020). Principals and stress: Few coping strategies for abundant stressors. *Educational Management Administration & Leadership*, EMAL., 48(3), 440-458. <https://doi.org/10.1177/1741143218817562>
16. Karami, R., **Mahfouz, J.**, & Mansour\*, S. (2019). Sustaining school-based improvement:

Considering emotional responses to change. *Journal of Educational Administration*, 57(1), 50 - 67. <https://doi.org/10.1108/JEA-01-2018-0022>

17. **Mahfouz, J.**, Sausner, E. B., & Kornhaber, M. L. (2019). U.S. international schools overseas and the common core. *International Journal of Leadership in Education*, 22 (4), 406 - 420. <https://doi.org/10.1080/13603124.2018.1481529>

18. Broderick, P., Frank, J., Barrena, E., Schussler, D., Kohler, K., Mitra, J., Khan, L., Levitan, J., **Mahfouz, J.**, Shields, L., Greenberg, M. (2019). Evaluating the quality of mindfulness instruction delivered in school settings: Development and validation of a teacher quality observational rating scale. *Mindfulness*, 10 (1), 36- 45. <https://doi.org/10.1007/s12671-018-0944-x>

## 2018

19. Levitan, J., **Mahfouz, J.**, & Schussler, D. (2018). Pragmatic identity analysis as a qualitative interview technique. *Forum: Qualitative Social Research*, 19(3), 1-22. <https://doi.org/10.17169/fqs-19.3.3032>
20. **Mahfouz, J.** (2018). Mindfulness training for school administrators: Effects on well-being and leadership. *Journal of Educational Administration*, 56 (6), 602-619. <https://doi.org/10.1108/JEA-12-2017-0171>
21. **Mahfouz, J.**, Levitan, J., Schussler, D., Broderick, T., Dvorakova, K., Argusti, M., & Greenberg, M. (2018). Ensuring college student success through mindfulness-based classes: Just BREATHE. *College Student Affairs Journal*, 36 (1), 1-16. <https://doi.org/10.1353/csaj.2018.0000>
22. **Mahfouz, J.**, Barkauskas, N., Sausner, E., & Kornhaber, M. (2018). Leadership roles of administrators under the common core reform. *Education and Urban Society*, 50(9), 793 - 817. <https://doi.org/10.1177/0013124517714309>

## 2017

23. Schussler, D.L., Frank, J., Lee, T.K., & **Mahfouz, J.** (2017). Using virtual role-play to enhance teacher candidates' skills in responding to bullying. *Journal of Technology and Teacher Education*, 25(1), 91-120. <https://www.learntechlib.org/primary/p/173571>
24. Kornhaber, M.L., Barkauskas, N., Griffith, K., Sausner, E., & **Mahfouz, J.** (2017). The common core's promises and pitfalls per policy entrepreneurs and ground-level actors. *Journal of Educational Change*, 8(14), 385 – 412. <https://doi.org/10.1007/s10833-017-9306-z>
25. Smith, W. C., Fraser, P., Chykina, V., Ikoma, S., Levitan, J., Liu, J., & **Mahfouz, J.** (2017). Global citizenship and the importance of education in a globally integrated world. *Globalisation, Societies and Education*, 15(5), 648 - 665. <https://doi.org/10.1080/14767724.2016.1222896>

## Guest Co-Editor for Special Issues of Peer-Reviewed Journals

## 2020

26. Pollock, K., Wang, F., & **Mahfouz, J.** (Guest Editorial) (2020). School administrators' wellbeing and mindfulness [Special issue]. *Journal of Educational Administration*, 58(4), 389 -

399. <https://doi.org/10.1108/JEA-08-2020-237>

### **Peer-Reviewed Books or Book Chapters**

#### **2023**

1. Carpenter, B., **Mahfouz, J.**, & Robinson, K., Eds. (2023). *Supporting leaders for school improvement through self-care and wellbeing*. Charlotte, NC: Information Age Publishing.
2. Hon, D., Sauve, J., **Mahfouz, J.**, & Schonert-Reichl, K.A. (2023). Cultivating SEL-ready teachers. In Sara Rimm-Kaufman, Michael J. Strambler, & Kimberly A. Schonert-Reichl *Social and Emotional Learning in Action: Creating Systemic Change in Schools*. Guilford Press p.115 – 137.
3. Khoury, N. & **Mahfouz, J.** (2023). Amina Wadud: Critical self-reflection in Islam, toward radical transformation. In Melanie Brooks & Miriam Ezzani (Eds.), *Great Muslim Leaders*. Charlotte, NC: Information Age Publishing, p.171- 182.

#### **2022**

4. Hayes, S.D. & **Mahfouz, J.** (2022). Conducting case study research internationally using technology resources. *SAGE Research Methods: Doing Research Online*. Newbury Park, CA: SAGE publishing. <https://dx.doi.org/10.4135/9781529799798>
5. Arar, K., Örüçü, D., & **Mahfouz, J.** (2022). Social in/justice and double marginality in educational leadership: Trajectories of three female school principals from the Middle East. In Showunmi, V., Moorosi, P., Shakeshaft, C., & Oplatka, I. (Eds.), *The Handbook for Gender and Educational Leadership*. London, UK: Bloomsbury, pp. 76-87.
6. Scheef, A., **Mahfouz, J.**, & Hagiwara, M. (2022). They decide: Empowering transition-age youth with disabilities by promoting self-determination. In Danzig, A., Black, W., & O'Brien, C. (Eds.), *Who Decides? Power, Disability, and Educational Administration: Narratives on Disability at Home, in School, and in the Workplace*. Information Age Publishing.

#### **2021**

7. **Mahfouz, J.** & Schussler, D.L. (2021). The indispensable principal. In Walker, K.D., Kutsyruba, B., & Cherkowski, S. (Eds.), *Positive Leadership for Flourishing Schools*. Charlotte, NC: Information Age Publishing.
8. Örüçü, D., Arar, K., & **Mahfouz, J.** (2021). A comparison of social justice leadership meaning and praxis: The interplay of unique social cultural contexts in Turkish, Palestinian, and Lebanese high needs schools. In Woods P.A. & Barnett, B. (Eds.), *Educational Leadership for Social Justice and Improving High-Need schools: Findings from 10 Years of International Collaboration*. Charlotte, NC: Information Age Publishing.
9. **Mahfouz, J.** (2021). Neoliberalism—the straw that broke the back of Lebanon’s education system. In Arar, K., Örüçü, D., & Wilkinson, J. (Eds.), *Neoliberalism and education systems in conflict: Exploring challenges across the globe*. Abingdon, UK: Routledge.

#### **2018**

10. Levitan, J., Schussler, D., **Mahfouz, J.**, Frank, J., Kohler, K., Broderick, P.C., Mitra, J., Oh, Y., Berrena, E., & Greenberg, M. (2018). Evaluating student cognitive and social-emotional growth during a high school mindfulness course using mixed-method design. *SAGE Research Methods Cases*. Newbury Park, CA: SAGE publishing. <http://doi.org/10.4135/9781526446428>

### ***Policy Briefs, Reports, & Conference Proceedings***

#### **2023**

1. Eyre, H.A., Walter, D.D., Abbott, R., Silverman, K., Chen, S., Ayadi, R., Carnevale, S., Wong, S., Berk, M., Nanda, U., Ling, G., Tempest, M., Occhipini, J.A., Shah, S., **Mahfouz, J.**, Fu, E., MacRae, I., Esquivel, G., Edmonds, T., Jacka, F., & Sweiboda, P. (2023, May). Upgrading our societal operating systems: Toward a comprehensive brain deal to harness the potential of artificial intelligence. Policy Brief no. 05.31.23. Center for Health and Biosciences, Rice University's Baker Institute for Public Policy, Houston, Texas. <https://doi.org/10.25613/0GQN-7Q13>.

#### **2022**

2. **Mahfouz, J.**, King, K., Kotok, S., & Yahya, D. (2022). Soul of Leadership Courage, Presence, and Integrity: An Evaluative report 2021- 2022.
3. **Mahfouz, J.** (2022, October). NEPC review: The unexamined rise of therapeutic education: How social-emotional learning extends K-12 education's reach into students' lives and expands teachers' roles. National Education Policy Center, University of Colorado Boulder. <https://nepc.colorado.edu/sites/default/files/reviews/NR%20Mahfouz.pdf>

#### **2021**

4. **Mahfouz, J.**, King, K., & Kotok, S. (2021). Soul of Leadership Courage, Presence, and Integrity: An Evaluative report 2020- 2021.
5. Kroth, M., Carr-Chellman, D., & **Mahfouz, J.** (2021). Drawing from mysticism in monotheistic religious traditions to inform profound and transformative learning. *Proceedings of American Association for Adult and Continuing Education* (p. 112- 117). Reno, NV, United States: 2020 Annual Conference of American Association for Adult & Continuing Education (AAACE). Retrieved January 5, 2022 from <https://files.eric.ed.gov/fulltext/ED611636.pdf>.

#### **2019**

6. **Mahfouz, J.**, Greenberg, M.T., & Rodriguez, A. (2019). Principal's social and emotional competence: A key factor for creating schools. Edna Bennet Pierce Prevention Research Center, Pennsylvania State University. <https://files.constantcontact.com/df591f85401/fcf51355-841d-4b20-8a39-3c9203ae9d90.pdf>

#### **2017**

7. Schussler, D., Frank, J., Wright, M., Lee, T. & **Mahfouz, J.** (2017). Using virtual roleplay modules to develop teacher candidates' competence in communicating about bullying. In P. Resta & S. Smith (Eds.), *Proceedings of Society for Information Technology & Teacher Education International Conference* (pp. 2243-2251). Austin, TX, United States: Association for the Advancement of Computing in Education (AACE). Retrieved October 11, 2018 from <https://www.learntechlib.org/p/177947>.

### ***Non-peer Reviewed Publications & Other Publications***



(Professional Journals)

**2023**

1. Schussler, D., Krisch, K., **Mahfouz J.**, Baelen, R., & Gould L. (February, 2022). Leading for Mindfulness. Phi Delta Kappan.

**2022**

1. King, K., Yahya, D., & Mahfouz J. (November, 2022). Six self-care practices for school leaders. Greater Good Magazine. Retrieved from [https://greatergood.berkeley.edu/article/item/six\\_self\\_care\\_practices\\_for\\_school\\_leaders](https://greatergood.berkeley.edu/article/item/six_self_care_practices_for_school_leaders).
2. **Mahfouz, J.**, King, K.B., & Yahya, D. (September, 2022). Five ways to support the wellbeing of school leaders. Greater Good Magazine. Retrieved from [https://greatergood.berkeley.edu/article/item/five\\_ways\\_to\\_support\\_the\\_wellbeing\\_of\\_school\\_leaders](https://greatergood.berkeley.edu/article/item/five_ways_to_support_the_wellbeing_of_school_leaders)
3. **Mahfouz, J.**, Karami-Akkary, R., & Jureidini, S. (2022). The Cycle of Development of Education. Khaddit Beirut, 8.

**2020**

4. Itani, W., **Mahfouz, J.**, Huijer Abu-Saad, H., & Daouk-Öyry (December, 2020). Kickstarting a Cycle of Development. *Khaddit Beirut*, 5. Retrieved from <https://khadditbeirut.medium.com/breaking-the-cycle-of-dependency-1578b61fc4cb>

**2019**

5. Greenberg, M.T., **Mahfouz, J.**, Davis, M., & Turksma, C. (2019). Social emotional learning for principals: Strengthening leadership and wellbeing. (December 2019). *Education Canada*, 59(4), 18 - 21. Retrieved from [https://www.edcan.ca/articles/sel-for-principals/?utm\\_source=hootsuite&utm\\_medium=&utm\\_term=&utm\\_content=&utm\\_campaign=](https://www.edcan.ca/articles/sel-for-principals/?utm_source=hootsuite&utm_medium=&utm_term=&utm_content=&utm_campaign=)
6. Farag, A., Becker, E., Orlowski, N., Cranston, L., & **Mahfouz, J.** (October 2019). How school leaders manage stress and stay focused. *The Learning Professional*. Oxford, OH: Learning Forward: The Professional Learning Association, 40 (5), 24 - 27. Retrieved from <https://learningforward.org/wp-content/uploads/2019/10/2the-learning-professional-october2019.pdf>

(materials developed)

**2020**

1. McLeod, S., Richardson, J. W., Luevanos, E. A., **Mahfouz, J.**, Mansfield, K. C., O'Shea, C. M., Stuart McQueen, S., & Welton, A. (2021). *UCEA job search handbook: Tips and techniques for aspiring faculty* [2nd ed.]. Retrieved from the University Council for Educational Administration at <http://www.ucea.org/opportunities/ucea-job-search-handbook>

**2016**

2. **Mahfouz, J.**, Kohler, K., Metoyer, P., Frank, J., Schussler, D. (2016) *Online Self-care Module: Project RESPECT* (IES Goal 2 Grant).



## Media Features & Citations

### 2023

1. Mahfouz, J. (May, 2023). Social Media with Julia Mahfouz & Chelynn Randolph. The learning agency, SEHD Mix. Retrieved from <https://learningagency.podbean.com/e/social-media-teaching/>
2. Quoted in CASEL (April, 2023). Inaugural cohort of CASEL Weissberg Scholars. Retrieved from <https://www.youtube.com/watch?v=9t11vXEKqBo>

### 2022

3. Quoted in Standford, L. (November 07, 2022). Make SEL work by applying these 6 best practices. *Education Week*. Retrieved from <https://www.edweek.org/leadership/make-sel-work-by-applying-these-6-best-practices/2022/11>
4. Mahfouz, J., James, L., & King, K. (October, 2022). Interview with Research Development Program. RDP mentoring Tips. [https://www.canva.com/design/DAEqph29UKE/iCluQ4xSo1H51cJg9cOiEw/view?utm\\_content=DAEqph29UKE&utm\\_campaign=designshare&utm\\_medium=link&utm\\_source=viewer#5](https://www.canva.com/design/DAEqph29UKE/iCluQ4xSo1H51cJg9cOiEw/view?utm_content=DAEqph29UKE&utm_campaign=designshare&utm_medium=link&utm_source=viewer#5)
5. Quoted in Great lakes Center for Education Research & practice (February 22, 2022). Report inaccurately portrays social emotional learning in schools. Retrieved from [https://greatlakescenter.org/docs/Think\\_Twice/TT-Mahfouz-SEL.htm](https://greatlakescenter.org/docs/Think_Twice/TT-Mahfouz-SEL.htm)
6. Mahfouz, J. (April, 2022). The Prosocial leader for healthy, caring, and welcoming schools. Grantmakers for Thriving Youth: Research Power Hour. Retrieved from <https://thrivingyouth.org/event/gtys-research-power-hour-april-2022/>
7. Quoted in Yahoo! Life (February 22, 2022). Report inaccurately portrays social emotional learning in schools. Retrieved from <https://www.yahoo.com/lifestyle/report-inaccurately-portrays-social-emotional-120000722.html>

### 2021

8. Quoted in Superville, D. (September 14, 2021). Principals need social-emotional support, too. *Education Week*. Retrieved from <https://www.edweek.org/leadership/principals-need-social-emotional-support-too/2021/09>
9. Mahfouz, J. (June, 2021). SEL for school leaders with Julia Mahfouz. The Scholarly Self-care Podcast, Tia Barnes. Retrieved from: <https://podcasts.apple.com/us/podcast/ep-24-sel-for-school-leaders-w-julia-mahfouz/id1527916136?i=1000525325883>

### 2020

10. **Mahfouz, J.** (May, 2020). Social-emotional learning: During COVID-19. Ambitious Coaching Podcast, University of Washington Center for Leadership in Athletics. Retrieved from: <https://soundcloud.com/user-617023187/dr-julia-mahfouz-social-emotional-learning-during-covid-19>

### 2017

11. Indivero, V. (2017, April). Just BREATHE: Mindfulness may help freshman stress less and smile more. *PennState News*. Retrieved from <https://news.psu.edu/story/462665/2017/04/20/research/just-breathe-mindfulness-may-help->

[freshman-stress-less-and-smile](#)

## 2015

12. Yates, E. (2015, February). Penn State researchers using artificial intelligence to train teachers. *Fox 43*. Retrieved from <https://www.fox43.com/article/news/local/contests/penn-state-researchers-using-artificial-intelligence-to-train-teachers/521-164b8dd3-60b7-43ee-9a0e-b0545ee2e27d>

## 2014

13. Quoted in Gosalvez, E. (2014). New mindfulness program under consideration. *Lockhaven The express*. Retrieved from <https://www.lockhaven.com/news/local-news/2015/10/new-mindfulness-program-under-consideration/>

## Journal Articles & Books in Preparation

(under review)

1. **Mahfouz, J.**, & Karami, R. (2023). Principalship in Lebanon: The unsung heroes. In Eds. Khalid Arar, Selahattin Turan, Sedat Gümüş, Abdellatif Sellami, & Julia Mahfouz. *Demystifying Educational Leadership and Administration in the Middle East and North Africa: Challenges and Prospects*.
2. **Mahfouz, J.**, Steed, E.A., & Shapland, D. (under review). Barriers to ethics of care: The perceptions of early childhood teachers. *Early Childhood Education Journal*.
3. **Mahfouz, J.**, Steed, E.A., & Shapland, D. (under review). Culturally responsive social and emotional learning: Perspectives of early childhood teachers. *Early Childhood Education Journal*.
4. Torrance, D., Forde, C., King, F., **Mahfouz, J.**, Ärlestig, H., Misfud, D., Flood, L., Angelle, P., Chisolm, L., Harvie, J., McGowan, J., Mitchell, A., & Travers, J. (under review). Conducting comparative analyses: Creating an international research team from diverse country, policy, and education system contexts. *Equity in Education and Society*.
5. **Mahfouz, J.**, Schussler, D., Broderick, T., Berrena, E., Frank, J., & Greenberg, M.T. (submitted). Supports and challenges associated with L2B Implementation. *Journal of Teacher Education*.
6. **Mahfouz, J.**, Levitan, J., Schussler, D.L., Oh, Y., Frank, J., & Greenberg, M.T. (submitted). Mixed methods paradigms for research on mindfulness in schools. *Journal of Mixed Methods Research*.
7. **Mahfouz, J.**, Greenberg, M.T., Weissberg, R.P., Kim, C., & Turksma, C. (submitted). The prosocial school leader: Theory, research, and action. *Social and Emotional Learning: Theory, Research, and Practice*.
8. Levitan, J. & **Mahfouz, J.** (under review). Pragmatic Identity Analysis: A technique to understand the ways self-conceptions influence individuals' lived experiences and wellbeing. *The Qualitative Report*.

(in preparation)

9. **Mahfouz, J.**, Robinson, K., & Kim\*, D.J. (in preparation). Challenges and supports of bringing mindfulness into schools.
10. Laccopucci\*, A. & **Mahfouz, J.** (in preparation). Self-care and educational leadership: A school administrator's journey with mindfulness-based training.
11. **Mahfouz, J.**, King\*, K., James\*, L., Kotok, S., Richardson, J., & Robinson, K. (in preparation). A scan of principal state standards.

## GRANTS

### *Pending*

Year	Grant Title	Role	Principal Investigator(s)	Amount
<b>2024 - 2028</b>	Project EPIC: A Proposal to develop the Exercising Prosociality, Innovation, & Creativity for Student Flourishing Program  <i>Source:</i> Education Innovation and Research (EIR) Grant, U.S. Department of Education	Co-PI	<b>Evans, J. (PI)</b> <b>Mahfouz, J. (Co-PI)</b> <b>Edmonds, T. (Co-PI)</b>	\$3,830,699
<b>2024 – 2025</b>	The Kernel of Intention Setting: A Daily Diary Study of the Effects of Intention Setting for Educators  <i>Source:</i> PEACE Grant, Mind & Life Institute	Co-PI	<b>Braun, S. (PI)</b> <b>Mahfouz, J. (Co-PI)</b>	\$24,830
<b>2023- 2024</b>	Creativity Infrastructure Project  <i>Source: Grand Challenge 2, University of Colorado Denver</i>	PI	<b>Mahfouz, J. (PI)</b> Edmonds, T. (Co-PI)	\$199, 974
<b>2024 - 2025</b>	<i>Source:</i> National Science Foundation	Collaborator	Verma, G. (PI) Ashees	
<b>2023 - 2025</b>	Reimagining whole-school wellbeing through innovative community-responsive approaches  <i>Source:</i> Small Grant, Spencer Foundation	Co-PI	Cherkowski, S. (PI) <b>Mahfouz, J. (Co-PI)</b>	\$49,914

*Funded*

<b>Year</b>	<b>Grant Title</b>	<b>Role</b>	<b>Principal Investigator(s)</b>	<b>Amount</b>
<b>2023 - 2024</b>	Towards prosociality: Building leadership capacity for school flourishing <i>Source:</i> Toward Kindness CASEL Weissberg Scholar Small Grant	PI	<b>Mahfouz, J.</b> (PI) Hatchimonji, D. (Co-PI) Anderson, R. (Co-Investigator)	\$40,000
<b>2023 - 2024</b>	A daily diary study of teachers' wellbeing: Identifying prosocial points of intervention  <i>Source:</i> Toward Kindness CASEL Weissberg Scholar Small Grant	PI	Braun, S.S. (PI) <b>Mahfouz, J.</b> (Co-PI)	\$19,380
<b>2022 - 2023</b>	Understanding the influence of Learning to BREATHE (L2B) on students, teachers, facilitators, and school environment  <i>Source:</i> Davis Behavioral Health	Co-PI	Barley, D. (PI) <b>Mahfouz, J.</b> (Co-PI)	\$30,000
<b>2021 – 2022 (internal)</b>	Social emotional learning in principal state standards and preparation programs  <i>Source:</i> Small Grant Funding; Office of research Services; University of Colorado Denver	PI	<b>Mahfouz, J.</b> (PI)	\$2,500
<b>2021 – 2022</b>	Mapping factors that contribute to the ability of educators to support the psychological needs of their students  <i>Source:</i> Leon Family Foundation	Co-PI	Levitt-Bennun, N. (PI), <b>Mahfouz, J.</b> (Co-PI), Asur, A. (Co-PI)	\$45,000
<b>2020 – 2021</b>	Mindfulness-based intervention implementation and sustainability in diverse school contexts  <i>Source:</i> Conference Grant, Spencer Foundation	Co-PI	Schussler, D. (PI), <b>Mahfouz, J.</b> (Co-PI), & Doyle, S.	\$46,582
<b>2015 -2018</b>	Project RESPECT: A proposal to develop the responding in emotionally supportive and positive ways in educational communication skills training program, Pennsylvania State University	Investigator	Schussler, D. (Co-PI) & Frank, J. (Co-PI)	\$1,298,183

	<i>Source:</i> Institute for Education Sciences (IES)– Social and Behavioral Context for Academic Learning, Goal 2			
<b>2014 – 2017</b>	Promoting adolescent well-being and academic performance through mindfulness-based emotion regulation skills instruction, Pennsylvania State University	Researcher	Greenberg, M. (PI), Frank, J., Schussler, D., Broderick, T., Roeser, R.	\$1,464,537
	<i>Source:</i> Institute for Education Sciences – Social and Behavioral Context for Academic Learning, Goal 2			
<b>2015 – 2016</b>	Mindfulness and education,  <i>Source:</i> Education Policy Studies Student Grant, Pennsylvania State University	Student PI	Mahfouz, J. (PI), Levitan, J., Kohler, K., Barkauskas, K	\$2,500
<b>2015 - 2016</b>	Using virtual roleplay modules to accelerate student mastery of effective interpersonal communication and conflict resolution strategies: Phase 2, Pennsylvania State University	Researcher	Schussler, D. (PI)	\$49,832
	<i>Source:</i> Center for Online Innovations in Learning			
<b>2014 – 2016</b>	Common core implementation  <i>Source:</i> College of Education Student Group Grant, Pennsylvania State University	Student Co-Investigator	Griffith K. (PI), Barkauskas N., Sausner E.	\$5,000
<b>2015 – 2016</b>	Women empowerment and education  <i>Source:</i> Education Policy Studies Student Grant, Pennsylvania State University	Student Co-Investigator	Mann, B., Jeon, H, Mahfouz, J.	\$2,500
<b>2014 – 2015</b>	Using innovative methods to study the effect of mindfulness training on the health and well-being of first year college students  <i>Source:</i> Clinical and Translational Science Institute, Pennsylvania State University	Co-investigator	Mark Greenberg, M. (PI), Broderick, T., Dvorakova, K., Mahfouz, J., Kishida, M., Agrusti, M	\$40,000

<b>2014 – 2015</b>	Common core implementation  <i>Source:</i> College of Education Research Initiation Grant Level I., Pennsylvania State University	Researcher	Kornhaber, M. (PI), Griffith K., Barkauskas N., Mahfouz J., Sausner E.	\$9,000
<b>2013 – 2014</b>	Using artificial intelligence to accelerate student mastery of effective interpersonal communication and conflict resolution strategies  <i>Source:</i> Center for Online Innovations in Learning, Pennsylvania State University	Researcher	Schussler, D. (Co-PI), Frank, J. (Co-PI)	\$49,890
<b>2013 – 2014</b>	Global citizenship  <i>Source:</i> Education Policy Studies Student Grant, Pennsylvania State University	Researcher	Smith, W. (PI), Fraser, P., Chykina, V., Ikoma, S., Levitan, J., Mahfouz, J. Liu, J.	\$2,000
<b>2013 – 2014</b>	Literacy through photography: Examining a multimodal approach to literacy enhancement and school attachment within a disadvantaged rural setting  <i>Source:</i> Children, Youth, and Family Consortium, Pennsylvania State University	Researcher	Powell, K. (PI), Byun S., Schafft, K. A., Guest, S.	\$20,000
<b>2013 – 2014</b>	Literacy through photography: Examining a multimodal approach to literacy enhancement and school attachment within a disadvantaged rural setting  <i>Source:</i> College of Education Research initiative Grant, Pennsylvania State University	Researcher	Powell, K. (PI), Byun S., Schafft, K. A., Guest, S.	\$9,000

***Unfunded***

<b>Year</b>	<b>Grant Title</b>	<b>Role</b>	<b>Principal Investigator(s)</b>	<b>Amount</b>
<b>2022 – 2022</b>	The Prosocial Principals: Case study of Ras Al Khaimah Schools	PI	<b>Mahfouz, J. (PI)</b>	34,920 AED

	<i>Source:</i> Faculty Research Grants, Al Qasimi Foundation for Policy Research			
<b>2022 – 2026</b>	Improving Learning Environments by Cultivating Awareness and Resilience in Education (CARE) for Head Start Teachers: A Cluster Randomized Controlled Efficacy Trial	PI	<b>Mahfouz, J.</b> , Le, V. (Co-PI); Steed, E. (Co-PI), & Schaack, D.	\$1,900,936
	<i>Source:</i> Department of Health & Human Services, Administration for Children and Families			
<b>2021- 2024</b>	Use of research evidence	Investigator	Krauerz, K. (PI), Schaper, A. (Co-PI), <b>Mahfouz, J.</b>	\$ 780,000
	<i>Source:</i> Use of Research Evidence Program, W.T Grant Foundation			
<b>2020 – 2023</b>	Expanding the TAMAM design: Transforming public schools into self-renewing schools	Co-PI	Karami-Akkary, R. (PI), <b>Mahfouz, J.</b> (Co-PI)	\$399,998.28
	<i>Source:</i> Research-Practice Partnership Grant, Spencer Foundation			
<b>2021 – 2022 (internal)</b>	Social emotional learning in principal state standards and preparation programs	PI	Mahfouz, J. (PI)	\$18,782.95
	<i>Source:</i> New Faculty Funding; Office of Research Services; University of Colorado-Denver			
<b>2020 – 2021 (internal)</b>	Exploring the effects of “Soul of Leadership” (SoL) with principals’ wellbeing and leadership	PI	Mahfouz, J. (PI)	\$24,780
	<i>Source:</i> Office of Regulatory Compliance (ORS) Large Grant Funding; University of Colorado-Denver			
<b>2020 – 2023</b>	Building adaptive leadership capacity for rural education innovation: An RPP in Idaho	Co-PI	Wargo (PI), Gee, J. (Co-PI), Albertson, T. (Co-PI), Carr-Chellman, D. (Co-PI), & Mahfouz, J. (Co-PI)	\$397,769
	<i>Source:</i> Research-Practice Partnership Grant, Spencer Foundation			



<b>2020 – 2021</b>	Understanding and acting upon adaptive challenges in a Lebanese public school  <i>Source:</i> Education Research Service Projects Program, AERA	PI	Mahfouz, J. (PI) & Karami-Akkary, R. (Co-PI)	\$ 4,350
<b>2020 – 2021</b>	Social emotional learning in principal state standards and preparation programs  <i>Source:</i> Small Spencer Grant, Spencer Foundation	PI	Mahfouz, J. (PI), Robinson, K., Richardson, J., & Schonert-Reichl, K.	\$44,828
<b>2019 – 2021</b>	Social emotional learning in principal state standards and preparation programs  <i>Source:</i> The National Academy of Education & Spencer Foundation Post-Doctoral Fellowship Program	PI	Mahfouz, J.	\$70,000
<b>2019 – 2020</b>	Social emotional learning in principal state standards and preparation programs  <i>Source:</i> Office of Research and Economic Development, Spring 2019 Jumpstart Grant Program, university of Idaho	PI	Mahfouz, J.	\$16,554.48
<b>2018</b>	The role of design-based research in rural leadership  <i>Source:</i> Spencer Small Research Grant	Co-PI	Carr-Chellman, D.J. (Co-PI), Wargo, E., Mahfouz, J.	\$1,000,000
<b>2018</b>	Reinventing education and leadership for the 21st century  <i>Source:</i> Gates Foundation & MiSK Foundation	Co-PI	Dousay, T. A. (Co-PI), Wargo, E., Mahfouz, Carr-Chellman, A., & Raney, T.	\$100,000
<b>2018</b>	Articulating the purpose of schools through mission statements  <i>Source:</i> Seed Grant, Office of Research and Economic Development, University of Idaho	PI	Mahfouz, J.	\$11,692
<b>2016</b>	Exploring the influence of CARE on principals' leadership & wellbeing	PI	Mahfouz, J.	\$7,215

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Source: 1440 Foundation

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## PRESENTATIONS

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### *Peer Reviewed Presentations at Meetings/Conferences*

*\*indicates authorship with students*

#### *(Paper & Symposium Presentations)*

1. Darwich, L., Hon, D., & **Mahfouz, J.** (2023, November). “What a fun and goofy and sweet class we had yesterday!”: Making space for play and adult SEL. To be presented at 2023 SEL Exchange, Atlanta, GA.
2. (2023, April) Building foundational knowledge of SEL with pre-service teachers. To be presented at 2023 Annual Meeting of American Educational Research Association (AERA), Chicago, IL.
3. Yahya, D.\*, King, K., Kotok, S., & **Mahfouz, J.** (2023, April). Promoting principal wellbeing and effective leadership through *Soul of Leadership* program. To be presented at 2023 Annual Meeting of American Educational Research Association (AERA), Chicago, IL.
4. Brezicha, K., Rambaugh, W., & **Mahfouz, J.** (2022, November). Honing our compass: A systematic review of research of educational leaders’ values and beliefs. To be presented at 2022 Annual Meeting at University Council of Education Administration (UCEA), Seattle, WA.
5. Arar, K., **Mahfouz, J.**, & Özücü, D. (2022, November). A comparison of social justice leadership meaning and praxis: the interplay of unique social cultural contexts in Turkish, Palestinian, and Lebanese high needs schools. To be presented at 2022 Annual Meeting at University Council of Education Administration (UCEA), Seattle, WA.
6. Schussler, D., **Mahfouz, J.**, Doyle, S., & Brown, M. (2022, November). Leading with and for mindfulness: Implementing and sustaining school-wide mindfulness for all students’ wellbeing. To be presented at 2022 Annual Meeting at University Council of Education Administration (UCEA), Seattle, WA.
7. **Mahfouz, J.**, Hayes, S., & Karami, R. (2022, November). Evolving from a capacity building professional development initiative to a sustainable deep change movement. To be presented at 2022 Annual Meeting at University Council of Education Administration (UCEA), Seattle, WA.
8. **Mahfouz, J.**, King, K., Kotok, S., & Yahya\*, D. (2022, August). Exploring the influence of soul of leadership program on principals’ leadership, health, and wellbeing. Paper presented at The European Conference on Educational Research of European Educational Research Association (EERA), Yerevan, Armenia.
9. Arar, K., **Mahfouz, J.**, & Özücü, D. (2022, August). Revisiting social in/justice in the context of double marginality: Insights into women leadership in the Middle East. Paper presented at The European Conference on Educational Research of European Educational Research Association

(EERA), Yerevan, Armenia.

10. Sauve\*, J., Hon, D., **Mahfouz, J.**, & Romas\*, S., (2022, February). *The ‘SEL Ready’ Teacher: Cultivating pre-service teachers’ SEL skills in teacher education programs*. Paper presented at Oregon Association of Teacher Educators (ORATE) annual conference, Monmouth, OR.
11. Romas\*, S., Hon, D., **Mahfouz, J.**, & Sauve\*, J., (2022, February). *Studying the Impact of SEL Content in Teacher Preparation*. Paper presented at Oregon Association of Teacher Educators (ORATE) annual conference, Monmouth, OR.
12. Hon, D., **Mahfouz, J.**, Healow, A. (2022, May). SEL education in teacher preparation programs: How do we cultivate ‘SEL Ready’ new teachers? Paper presented at 2022 National SEL Conference of Center for the Promotion of Social & Emotional Learning (CPSEL), Virtual.
13. Schussler, D., **Mahfouz, J.**, Frank, J.L., Broderick, P., & Greenberg M.T. (2022, April). Shifting to embodiment: A longitudinal qualitative investigation into the experiences of classroom teachers teaching mindfulness. Paper presented at 2022 Annual Meeting of American Educational Research Association (AERA), San Diego, CA.
14. **Mahfouz, J.** & Scheef A. (2021, April). They decide: Empowering transition-age youth with disabilities by promoting self-determination. Paper presented at 2021 Annual Meeting at University Council of Education Administration (UCEA), Columbus, OH.
15. **Mahfouz, J.** (2021, November). Principal wellbeing in schools—An integrated approach. Paper presented at 2021 Annual Meeting at University Council of Education Administration (UCEA), Columbus, OH.
16. **Mahfouz, J.** (facilitator) (2021, November). School leader wellbeing. Presented at 2021 Annual Meeting at University Council of Education Administration (UCEA), Columbus, OH.
17. Hayes, S., **Mahfouz, J.**, & Karami, R. (2021, November). Developing and sustaining a networked improvement community of schools: The TAMAM case study. Paper presented at 2021 Annual Meeting at University Council of Education Administration (UCEA), Columbus, OH.
18. Bornstein, J., Carpenter, B., Fuller, E., King, K., **Mahfouz, J.**, Pijanowski, J., Richardson, J.W., Robinson, K., & Schussler, D. (2021, November). Critical Conversation. Studying the impact and refining our practice: Developing leaders’ social-emotional competency and mindfulness. Critical Conversation presented at 2021 Annual Meeting at University Council of Education Administration (UCEA), Columbus, OH.
19. Levitan, J., & **Mahfouz, J.** (2021, November). Pragmatic Identity Formation—From theory to practice. Paper presented at 2021 Annual Meeting at University Council of Education Administration (UCEA), Columbus, OH.
20. Arar, K., Örüci, D., & **Mahfouz, J.** (2021, September). Social in/justice and double marginality

in educational leadership: Trajectories of three female school principals from Palestine, Turkey, and Lebanon. Paper presented at European Conference on Educational Research (ECER), Geneva, virtual.

21. James\*, L., King\*, K., **Mahfouz, J.**, Robinson, K., Richardson, J., & Katz, D. (2021, April). Social emotional learning in principal state standards and evaluation. Paper presented at 2021 Annual Meeting of American Educational Research Association (AERA), virtual.
22. King\*, K., James\*, L., & **Mahfouz, J.** (2021, April). Lessons from the storm: Emotions, meaning-making, and leadership during transition. Paper presented at 2021 Annual Meeting of American Educational Research Association (AERA), virtual.
23. Kim\*, D.J., **Mahfouz, J.**, Robinson, K. (2021, April). Understanding mindfulness and improving personal wellbeing and health. Paper presented at 2021 Annual Meeting of American Educational Research Association (AERA), virtual.
24. Abram, C. & **Mahfouz, J.** (2020, December). SEL and social justice: Including cultural responsiveness in SEL and trauma informed programs. Paper presented at the 10<sup>th</sup> International Conference on education and Social Justice, virtual.
25. James\*, L., King\*, K., & **Mahfouz, J.** (2020, November). State standards scan. Researcher Development Program Symposium. Paper presented at 2020 Annual Meeting at University Council of Education Administration (UCEA), virtual.
26. Arar, K., Orücü, D., & **Mahfouz, J.** (2020, November). The ISLDN: Cross-national studies of social justice leaders and leaders in high-need schools. Paper presented at 2020 Annual Meeting at University Council of Education Administration (UCEA), virtual.
27. **Mahfouz, J.** & Anthony-Stevens, V. (2020, October). Why trouble SEL? The need for cultural relevance in SEL. Paper to be presented at 2020 American Educational Studies Association Conference (AESA), San Antonio, TX, [cancelled].
28. **Mahfouz, J.**, Carr-Chellman, D., & Kroth, M. (2020, October). Drawing from mysticism in monotheistic religious traditions to inform profound and transformative learning. Paper presented at 2020 Annual Conference of American Association for Adult & Continuing Education (AAACE), Reno, NV.
29. **Mahfouz, J.** (2020, August). Experiences of first-year college students with mindfulness-based wellness program. In Smith, B. (Chair), *Considerations for providing and studying mindfulness-based practices for college students*. Symposium presented at Annual Convention of American Psychological Association (APA), Washington, D.C.
30. **Mahfouz, J.** & Gordon, D.P. (2020, April). Maintaining balance during challenging times. Presented at 2020 Florida Interscholastic Athletic Administrators Association (FIAAA), Orlando, FL [virtual].

31. Richardson, J.W. & **Mahfouz, J.** (2020, April). Well-being of pre-service school leaders: A call to action. Paper to be presented at 2020 Annual Meeting of American Educational Research Association (AERA), San Francisco, CA [cancelled].
32. Laccopucci\*, A.M. & **Mahfouz, J.** (2020, April). A phenomenological case study: The mindfulness journey of one school administrator. Paper to be presented at 2020 Annual Meeting of American Educational Research Association (AERA), San Francisco, CA [cancelled].
33. Arar, K., Örüci, D., & **Mahfouz, J.** (2020, April). A cross-cultural comparison of Syrian refugee education across Turkey, Lebanon, and Germany. Paper to be presented at 2020 Annual Meeting of American Educational Research Association (AERA), San Francisco, CA [cancelled].
34. **Mahfouz, J.**, Robinson, K., Katz, D., & Puga\*, M. (2020, April). Social emotional learning in principal state standards. In Mahfouz, J. (Chair), *Leading, Learning, and Caring: Well-being and the School Leader*. Symposium to be presented at 2020 Annual Meeting of American Educational Research Association (AERA), San Francisco, CA [cancelled].
35. **Mahfouz, J.** (2019, November). Principals' responses to the Syrian refugee crisis in Lebanese public schools. In Arar K. (Chair), *Understanding Leadership for Refugee Education: Implementation Around the Globe*. Symposium presented at 2019 Annual Meeting at University Council of Education Administration (UCEA), New Orleans, LA.
36. Schussler, D., **Mahfouz, J.**, & Frank, J. (2019, November). Say what? Teacher and administrator perspectives of effective professional development that fosters social- emotional competencies. In Rambaugh W. (Chair), *Teacher an Administrator Professional Development on Social-Emotional Competencies*. Symposium presented at 2019 Annual Meeting at University Council of Education Administration (UCEA), New Orleans, LA.
37. **Mahfouz, J.**, Robinson, K., Katz, D., & Puga\*, M. (2019, November). Gaps in addressing principal wellbeing in the state Standards for principal certification. Paper presented at 2019 Annual Meeting at University Council of Education Administration (UCEA), New Orleans, LA.
38. Cherkowski, S., Kutsyuruba, B., Walker, K., **Mahfouz, J.**, & Greenberg, M.T. (2019, November). Exploring models of wellbeing in schools: Principals' experiences of mindfulness and flourishing at work. Paper presented at 2019 CSLEE 24<sup>th</sup> Values and Leadership Conference, New Orleans, LA.
39. Nash, A.M., **Mahfouz, J.**, & Mao, K. (2019, November). Promoting ethnic-racial Identity development through SEL. Paper presented at 2019 CSLEE 24<sup>th</sup> Values and Leadership Conference, New Orleans, LA.
40. Brezicha, K., **Mahfouz, J.**, & Rumbaugh, W. (2019, November). Defining and distinguishing educational leaders' values and beliefs: A literature review. Paper presented at 2019 CSLEE 24<sup>th</sup> Values and Leadership Conference, New Orleans, LA.
41. Robinson, K., **Mahfouz, J.**, & Kim\*, D.J. (2019, October). Mindful leadership: Personal

mindfulness practices of school and district leaders. Paper presented at the Collaborative for Academic, Social, and Emotional Learning (CASEL) SEL Exchange Conference, Chicago, IL.

42. **Mahfouz, J.**, Kotok, S., Osman, E., & El Mehtar, N. (2019, April). Lebanese principals and their socio-emotional competencies within challenging school contexts. Paper presented at 2019 Annual Meeting of American Educational Research Association (AERA), Toronto, Canada.
43. Robinson, K., & **Mahfouz, J.** (2019, April). Putting your oxygen mask on before helping others: Personal mindfulness practices of educational leaders. Paper presented at 2019 Annual Meeting of American Educational Research Association (AERA), Toronto, Canada.
44. Schussler, L.D., **Mahfouz, J.**, Broderick, J., Frank, J., Levitan, J., Mitra, J., Berrena, E., & Greenberg, M. (2019, April). From “doing” to “being”: A longitudinal investigation of classroom teachers’ implementation of Learning to BREATHE. Paper presented at 2019 Annual Meeting of American Educational Research Association (AERA), Toronto, Canada.
45. Kim\*, D.J., Robinson, K., **Mahfouz, J.** (2019, April). Personal mindfulness practices and educational leadership—A qualitative study. Paper presented at 2019 Annual Meeting of Comparative and International Education Society (CIES), San Francisco, CA.
46. **Mahfouz, J.** (2019, April). Social justice leadership and the interplay of a unique social cultural context: A successful case study in a Lebanese School. Paper presented at 2019 Annual Meeting of Comparative and International Education Society (CIES), San Francisco, CA.
47. **Mahfouz, J.** (2018, November). Social justice in Lebanese schools—A case study. Paper presented at CSLEE 23<sup>rd</sup> Values and Leadership Conference, Houston, TX.
48. Barkauskas, N., & **Mahfouz, J.** (2018, November). The ethics and values of school mission statements. Paper presented at CSLEE 23<sup>rd</sup> Values and Leadership Conference, Houston, TX.
49. **Mahfouz, J.**, Kotok, S., Osman, E., & El Mehtar, N. (2018, November). Getting through the day: Principal burnout and coping strategies in Lebanon. Paper presented at CSLEE 23<sup>rd</sup> Values and Leadership Conference, Houston, TX.
50. Schussler, D., **Mahfouz, J.**, Levitan, J., Kohler, K., Frank, J., Broderick, P., & Greenberg, M. (2018, November). From “doing” to “being”: A longitudinal investigation of classroom teachers’ implementation of a mindfulness-based intervention. Paper presented at 2018 International Symposium for Contemplative Research, Phoenix, AZ.
51. **Mahfouz, J.**, & Robinson, K. (2018, November). Challenges in implementing mindfulness programs at schools. Paper presented at 2018 Annual Meeting at University Council of Education Administration (UCEA), Houston, TX.
52. **Mahfouz, J.**, & Barkauskas, N. (2018, November). The influence of mission statements on the practices and leadership of school administrators. Paper presented at 2018 Annual Meeting at University Council of Education Administration (UCEA), Houston, TX.

53. Robinson, K., & **Mahfouz, J.** (2018, November). Leadership self-care is mission critical: Exploring personal mindfulness practices on school & district leaders. Paper presented at 2018 Annual Meeting at University Council of Education Administration (UCEA), Houston, TX.
54. Schussler, D., Frank, J., Lee, T., Wright, M., **Mahfouz, J.**, Choi, K., & Strurtz, E. (2018, April). Can artificial intelligence teach preservice teachers to respond more effectively to bullying? Paper presented at 2018 Annual Meeting of American Educational Research Association (AERA), New York, NY.
55. **Mahfouz, J.** (2017, November). Emotional leadership: A case study from USA. In Mahfouz, J. (Chair), *Emotional Experiences of Principals during Political Organizational Changes: An International Comparative Perspective*. Symposium presented at University Council of Education Administration (UCEA), Denver, Colorado.
56. **Mahfouz, J.** (2017, November). Mindfulness and school leadership: CARE professional development program. In Mahfouz, J. (Chair), *Mindfulness in the Field of Educational Leadership*. Symposium presented at University Council of Education Administration (UCEA), Denver, Colorado.
57. Robinson, K., & **Mahfouz, J.** (2017, November). From personal mindfulness to mindful leadership. In Mahfouz, J. (Chair), *Mindfulness in the Field of Educational Leadership*. Symposium presented at University Council of Education Administration (UCEA), Denver, Colorado.
58. Karami, R., **Mahfouz, J.**, & Mansour, S. (2017, November). Sustaining school-based improvement through understanding and engaging leaders' emotional response to change. In Mahfouz, J. (Chair), *Emotional Experiences of Principals during Political Organizational Changes: An International Comparative Perspective*. Symposium presented at University Council of Education Administration (UCEA), Denver, Colorado.
59. **Mahfouz, J.** (2017, April). Exploring the influence of CARE on principals' leadership and well-being. Paper presented at 2017 Annual Meeting of American Educational Research Association (AERA), San Antonio, Texas.
60. Schussler, D.L., Frank, J.L., Wright, M., **Mahfouz, J.**, Yu, J. (2017, April). Virtual role-play modules: Improving teacher candidate communication skills to curtail bullying. Paper presented at 2017 Annual Meeting of American Educational Research Association (AERA), San Antonio, Texas.
61. **Mahfouz, J.** (2016, November). The influence of social emotional learning professional development program on principals' leadership and well-being. Paper presented at University Council of Education Administration (UCEA), Detroit, Michigan.
62. **Mahfouz, J.**, Levitan, J., Barkauskas, N., Kohler, K., Schussler, D.L. (2016, April). Ensuring college student success through mindfulness-based stress reduction classes: Just Breathe. In



Mahfouz, J. (Chair), *Exploring Processes of Implementation and Influence of Mindfulness Programs in Education*. Symposium presented at 2016 Annual Meeting of American Educational Research Association (AERA), Washington, D.C.

63. Levitan, J., **Mahfouz, J.**, Barkauskas, N., Kohler, K., Schussler, D.L. (2016, April). Learning to Just Breathe: How teachers come to understand their roles and teacher identities when facilitating mindfulness-based health classes. In Mahfouz, J. (Chair), *Exploring Processes of Implementation and Influence of Mindfulness Programs in Education*. Symposium presented at 2016 Annual Meeting of American Educational Research Association (AERA), Washington, D.C.
64. Barkauskas, N., Levitan, J., **Mahfouz, J.**, Kohler, K. (2016, April). The axiology of mindfulness: Exploring the ethics and values of mindfulness programs in education policy, leadership, and pedagogy. In Mahfouz, J. (Chair), *Exploring Processes of Implementation and Influence of Mindfulness Programs in Education*. Symposium presented at 2016 Annual Meeting of American Educational Research Association (AERA), Washington, D.C.
65. Kornhaber, M., Barkauskas, N., Griffith, K., Sausner, E., **Mahfouz, J.**, Chew, P., Kotok, S. (2016, April). Resistance to the Common Core in New York state: How might the funnel be upended? Paper presented at 2016 Annual Meeting of American Educational Research Association (AERA), Washington, D.C.
66. Schussler, D.L., Frank, J.L., **Mahfouz, J.** (2016, April). Using virtual role-play to enhance teacher candidates' skills in responding to bullying. Paper presented at 2016 Annual Meeting of American Educational Research Association (AERA), Washington, D.C.
67. **Mahfouz, J.**, Sausner, E., Kornhaber, M. (2016, March). Globalization of the Common Core. Paper presented at 2016 60<sup>th</sup> Annual Conference of the Comparative and International Education Society (CIES), Vancouver, Canada.
68. Smith, W., **Mahfouz, J.**, Liu, J., Fraser, P., Ikoma, S., Chykina, V., & Levitan, J. (2015, March). What makes a global citizen? The importance of education in a globally integrated world. Paper presented at 59<sup>th</sup> Annual Conference of Comparative and International Education Society (CIES), Washington, DC.
69. Barkauskas, N., Kornhaber, M., **Mahfouz, J.**, Sausner, E., Griffith, K. (2015, April). Common Core implementation: Great expectations meet ground-level challenges. Paper presented at 2015 Annual Meeting of American Educational Research Association (AERA), Chicago, Illinois.
70. Barkauskas, N., Levitan, J., **Mahfouz, J.**, Kohler, K. (2015, October). The axiology of mindfulness: Exploring the ethics and values of mindfulness programs in education policy, leadership, and pedagogy. Paper presented at 20<sup>th</sup> Annual CSLEE Values and Leadership Conference, State College, Pennsylvania
71. Kornhaber, M., Sausner, E., **Mahfouz, J.**, Barkauskas, N., & Kotok, S. (2014, October). Standards-based reform: Take III. Paper presented at 44<sup>th</sup> Annual Meeting of the Northeastern

Educational Research Association (NERA), Trumbull, CT.

72. **Mahfouz, J.**, Barkauskas, N., Sausner, E., & Kornhaber, M. (2014, November). Leadership challenges in leveling the playing field across unequal contexts. Paper presented at University Council of Education Administration (UCEA), Washington, DC.
73. **Mahfouz, J.**, Barkauskas, N., Sausner, E., & Kornhaber, M. (2014, November). Negotiating change: School leaders and another new reform. Paper presented at Graduate Student Abstract Exchange of University Council of Education Administration (UCEA), Washington, DC.
74. Kornhaber, M., Griffith, K., Sausner, E., & **Mahfouz, J.** (2014, May). The influence of the Common Core State Standards Reform on teacher education and professional development. Paper presented at International Symposium, New Issues on Teacher Education, University of Macerata, Macerata, Italy.

*(Post-Convention Workshop)*

75. **Mahfouz, J.**, Greenberg, M.T., Turksma, C., Krisch, K., Rodriguez, A., & Marks, LaMesa (2021, June). Best practices in social emotional learning – Early career principals. Pre-Conference Workshop presented at National Association of Elementary School Principals (NAESP), Louisville, KY.
76. Smith, B., Carpenter, B., Butcher, K.A, **Mahfouz, J.**, Richardson, J., Esat, G. (2018, November). Mindful practices for improving school climate. Post-Convention Workshop presented at 2018 Annual Meeting at University Council of Education Administration (UCEA), Houston, TX.

*(Poster Presentation)*

77. **Mahfouz, J.**, King, K., Kotok, S. & Yahya, D. (November, 2023). Soul of Leadership: Network Improvement Community for Leader Prosociality. Poster to be presented at the Collaborative for Academic, Social, and Emotional Learning (CASEL) SEL Exchange Conference, Atlanta, GA.
78. Katz, D. & **Mahfouz, J.** (2021, October). SEL in Alternative School Education: Learning from One High School's School-wide Implementation. Poster presented at the Collaborative for Academic Social, and Emotional Learning (CASEL) SEL Exchange Conference, Chicago, IL. [cancelled]
79. **Mahfouz, J.**, Robinson, K., Katz, D., Doyle, S., & Schussler, D. (2019, October). School administrators' experience with CARE. Poster presented at the Collaborative for Academic, Social, and Emotional Learning (CASEL) SEL Exchange Conference, Chicago, IL.
80. El Hajj, H., **Mahfouz, J.**, & Branen, J. (2019, April). The new Palouse Prairie School Design: A collective initiative. Showcase poster presented at Campus-Community Forum, Center for Civic Engagement, Washington State University, WA.
81. Schussler, D., Frank, J.L., Lee, T.K., Wright, M., **Mahfouz, J.**, Yu, J. (2017, April). Virtual roleplay modules: Improving teacher candidate communication skills to curtail bullying. Poster

presented at 2017 Annual Meeting of American Educational Research Association (AERA), San Antonio, Texas.

82. Mann, B., Jeon, H., **Mahfouz, J.**, & Baker, D. (2015, May). Women's empowerment, educational attainment, and contraceptive use in Latin America/Caribbean countries. Poster presented at 2015 Annual meeting of Population Association of America (PAA), San Diego, CA. **Awarded Best poster in the session.**

### *Keynote Addresses*

**Mahfouz, J.** (2023, March 3). Education Forum Speaker: Prosocial leadership for school flourishing and improvement. American University of Beirut, Lebanon.

**Mahfouz, J.**, & Yahya, D. (2022, March 23). Keynote speakers: Current trends in research in the Arab region. Kuwait University, Kuwait.

**Mahfouz, J.** (2021, June 22). Keynote Speaker: The prosocial school leader: Creating caring schooling starts with the principal. Mindful SEAD Summit: Nevada Department of Education, NV.

**Mahfouz, J.** (2019, February 24). Feature Speaker. TAMAM Research Dynamics. American University of Beirut, Beirut, Lebanon.

**Mahfouz, J.** (2018, November 16). Feature Speaker. Barbara L. Jackson Scholars Network Recognition Ceremony. University Council for Educational Administration (UCEA), Houston, TX.

### *Invited Talks & Presentations*

Reilly, E. Showumni, V. & **Mahfouz, J.** (April, 2022). Mentoring across the continents: Supporting international scholars. Presented at 2022 Annual Meeting of American Educational Research Association (AERA), San Diego, CA.

**Mahfouz, J.**, Rivera-McCutchen, R., Yoon, I., Douglass, S., & Theoharis, G. (April, 2022). Invited Panel Speaker. Networking and building communities of support to sustain ourselves as social justice workers. Presented at 2022 Annual Meeting of American Educational Research Association (AERA), San Diego, CA.

**Mahfouz, J.** (2020, November). The ISLDN: Project findings and implications for future studies and collaborative international research. Presented at 2020 Annual Meeting at University Council of Education Administration (UCEA), virtual.

**Mahfouz, J.** (2020, November). "Graduate School in Stages". Invited Panel Speaker. Annual Meeting at University Council of Education Administration (UCEA), virtual.

**Mahfouz, J.** (2020, July 29). "Seeking Jobs in the Scientific Fields". ARID, Malaysia.

**Mahfouz, J.** (2020, February 19). Principals: Abundance of stress and no self-care. Invited Presentation for Deborah Schussler's course on Emotional Intelligence and Leadership.

Brownsberger, W., **Mahfouz, J.**, Reeder, H., Rosenthal, B., & Sheperis, C. J. (2019, September 27). Invited Panel Speaker. Addressing the challenges of education: Bringing back civil discussion, debate, and the conflict of ideas. Collaborative Education Programs for the Americas, CEPA Leadership Consortium, San Antonio, TX.

**Mahfouz, J.** (2019, June 27). Invited Presentation. TAMAM project dynamics. American University of Beirut, Beirut, Lebanon.

**Mahfouz, J.** (2019, February 15). Action research processes. Hani El Hajj's course ID 352: Interior Design IV.

**Mahfouz, J.** (2018, March 8). Surviving your PhD life. Brant Miller's Proseminar Course for Doctoral Students.

**Mahfouz, J.** (2017, November 25). Stress, teachers, and pre-service teachers. Centenary University. Hackettstown, NJ.

Anya, U., Hollett, T., **Mahfouz, J.**, Morrow, N., Rizzo, K., and Lee, J.Y. (2017, March 21). Faculty job search panel: Get tips on how to survive your future faculty job search from recent search committee members and recently hired faculty. The Pennsylvania State University, State College, PA.

**Mahfouz, J.** (2015, February). Known and denied: Role of women in the MENA region. Invited talk given to MENA Business Society, The Pennsylvania State University, State College, PA.

**Mahfouz, J.** & Hall, D. (2014). Qualitative coding. Invited co-teaching session for Ed Fuller's Assessment and Evaluation course, The Pennsylvania State University, State College, PA.

**Mahfouz, J.** (2014). Pro-seminar: Educational leadership. Invited talk given to first year PhD students, The Pennsylvania State University, PA.

**Mahfouz, J.** (2014, October 30). How can I create engaging lessons that will nurture learning and curiosity. Invited teaching session for Classroom Management Course, The Pennsylvania State University, State College, PA.

### ***Invited Workshops & Webinars***

**Mahfouz, J.** & Brezicha K. (2019, February 15). Transitioning mindsets: From graduate student to potential faculty colleague. Things new faculty wish they had learned earlier about navigating AERA. Jackson Scholar Webinar Series.

**Mahfouz, J.** (2010). Assessment tools and classroom-based assessment. Workshop presented at Al Afaq International Schools, Jeddah, K.S.A.

**Mahfouz, J.** (2010). Character development: Practical ideas in the classroom. Workshop presented at Al Afaq International Schools, Jeddah, K.S.A.

**Mahfouz, J.** (2010). Teaching methodologies and differentiated learning. Workshop presented at Al Afaq International Schools, Jeddah, K.S.A.

**Mahfouz, J.** (2010). Professional portfolios for professional educators. Workshop presented at Al Afaq International Schools, Jeddah, K.S.A.

**Mahfouz, J.** (2010). Becoming a teacher leader. Workshop presented at Al Afaq International Schools, Jeddah, K.S.A.

**Mahfouz, J.** (2005). Fun activities for language arts classes. Workshop presented at Dar Al Fikr Schools, Jeddah, K.S.A.

**Mahfouz, J.** (2005). Reading for pleasure. Workshop presented at Dar Al Fikr Schools, Jeddah, K.S.A.

### ***Service Workshops***

Holyoke, L. & **Mahfouz, J.** (2018, February 9). Mindfulness in schools: What's next? Session IV. Workshop presented at Lena Whitmore Elementary, Moscow, ID.

Holyoke, L. & **Mahfouz, J.** (2018, January 19). Mindfulness in schools: Practical tools session III. Workshop presented at Lena Whitmore Elementary, Moscow, ID.

Holyoke, L. & **Mahfouz, J.** (2018, February 9). Mindfulness in schools: Trauma informed schools session II. Workshop presented at Lena Whitmore Elementary, Moscow, ID.

Holyoke, L. & **Mahfouz, J.** (2018, February 9). Mindfulness in schools: Introduction to mindfulness session I. Workshop presented at Lena Whitmore Elementary, Moscow, ID.

**Mahfouz, J.** (2012). Teaching and assessing through multiple intelligences. Workshop presented at Advanced Global International School, Jeddah, K.S.A.

**Mahfouz, J.** (2012). Going outside the lines. Workshop presented at Advanced Global International School, Jeddah, K.S.A.

**Mahfouz, J.** (2011). Classroom management of language teaching. Workshop presented at Advanced Global International School, Jeddah, K.S.A.

**Mahfouz, J.** (2009). Utilizing blackboard during swine flu closing of school. Workshop presented at American International School of Jeddah, Jeddah, K.S.A.

**Mahfouz, J.** (2009). Blackboard Suite: Tools for application. Workshop presented at American International School of Jeddah, Jeddah, K.S.A.

**Mahfouz, J.** (2009). Implementing and assessing collaborative cooperative learning. Workshop presented at American International School of Jeddah, Jeddah, K.S.A.

**Mahfouz, J.** (2009). Visual literacy. Workshop presented at American International School of Jeddah, Jeddah, K.S.A.

**Mahfouz, J.** (2008). Instilling leadership skills in classroom. Workshop presented at American International School of Jeddah, Jeddah, K.S.A.

**Mahfouz, J.** (2008). Integration of community awareness within curriculum. Workshop presented at American International School of Jeddah, Jeddah, K.S.A.

**Mahfouz, J.** (2008). Academic portfolios. Workshop presented at American International School of Jeddah, Jeddah, K.S.A.

## **TEACHING AND ADVISING**

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### ***Courses Taught***

*(University of Colorado, Leadership for Educational Organizations)*

EDUC 5651: Foundations of Leadership (Fall 2021, Fall 2022)

LDFS 7712: Learning and Human Development (Summer 2021, Summer 2022)

EDUC 5751: Principal/ Administrator Licensing I (Fall 2020, Spring 2021)

EDUC 5752: Principal/ Administrator Licensing II (Fall 2020, Spring 2021)

EDUC 5753: Principal/ Administrator Licensing III (Summer 2021)

EDUC 5754: Principal/ Administrator Licensing IV (Spring 2022)

EDUC 5653: Leadership Practices for Responsive Change (Spring 2021, Spring 2022)

EDUC 7230: Organizational Performance in Educational Contexts (Summer 2022)

RSEM 7003: Applied Research Methods III (Fall 2022)

*(University of Idaho, Department of Counseling and Leadership)*

EDAD 594: Theory in Educational Administration, Graduate (Fall 2017, Fall 2018, Fall 2019)

EDAD570: Methods of Educational Research, Graduate (Spring 2018, Summer 2018, Spring 2019, Spring 2020)

EDAD 571: Educational Leadership in a Global Society, Graduate (Spring 2018, Spring 2019, Spring 2020)

EDAD 534: The Principalship, Graduate (Fall 2018, Fall 2019, Spring 2019, Summer 2018, Summer 2019)

AOLL570: Foundations of Research in Adult, Organizational Learning and Leadership, Graduate (Summer 2019)

EDAD 504: Mindful Educational Leadership, Doctoral (Spring 2020)

EDAD 502: SEL Research, Doctoral (Spring 2019)

### ***Graduate Student Advisement***

*(University of Colorado, Denver)*

*Ed.D. students:*

Elizabeth Russell

Ashley Phillips  
Cara Godbe  
Susan Davis  
Melissa Lettis  
Jennifer Piggott  
Nathan Hobbs  
Zachary Coffee

*Ph.D. Students:*

Liana Hall  
Patrick Luna  
Samuel Yousef Suliman  
Jesse Lasser  
Alexandra Rodriguez

*(University of Idaho)*

*(Master's)*

James Miller, M.Ed., Leadership & Counseling, University of Idaho, May 2019  
Lydia Alberto, M.Ed., Leadership & Counseling, University of Idaho, May 2019  
Richard Stock, M.Ed., Leadership & Counseling, University of Idaho, May 2020  
Jessica Robinson, M.Ed., Leadership & Counseling, University of Idaho, May 2020  
Amber Steele Poelestra, M.Ed., Leadership & Counseling, University of Idaho, May 2020  
Brianna DuRocher, M.Ed., Leadership & Counseling, University of Idaho, May 2020  
Katie Eastman, M.Ed., Leadership & Counseling, University of Idaho  
Maddalyn Starks, M.Ed., Leadership & Counseling, University of Idaho  
Amber Bryans, M.Ed., Leadership & Counseling, University of Idaho  
Aaron Dail, M.Ed., Leadership & Counseling, University of Idaho  
Jessica Renfrow, M.Ed., Leadership & Counseling, University of Idaho  
Sydney Durk, M.Ed., Leadership & Counseling, University of Idaho

*(Specialist's)*

Melissa Kirkland, Ed.S., Leadership & Counseling, University of Idaho, May 2020  
Chris Stoker, Ed.S., Leadership & Counseling, University of Idaho, May 2020  
Benjamin Ott, Ed.S., Leadership & Counseling, University of Idaho, May 2020  
Lydia Alberto, Ed.S., Leadership & Counseling, University of Idaho, May 2020

*(Doctoral)*

*Dissertations:*

Committee Member, Melisa Sandoval, Ed.D., Leadership for Educational Equity, University of Colorado Denver (Defense, March 2023)

Title:

Committee Member, Ashley Gehrke, Ed.D., Leadership for Educational Equity, University of Colorado Denver (Defense, March 2022)

Title: *Principal in a Pandemic: A Portraiture on Principal Efficacy and Community of Practice*



Committee member, Erin Kimmel, Ed.D., Leadership for Educational Equity, University of Colorado Denver (Defense, May 2021)

Title: *Establishing a trauma-informed workforce in education*

External Committee Member, Dong Jin Kim, Ph.D. in Educational Leadership, Washington State University (Defense, May 2020)

Title: *Personal Mindfulness Practices and Educational Leadership: A qualitative Study*

External Committee Member, Mohamed ElHess, Ph.D. in Education, University of Idaho (Defense, April, 2021)

Title: *Sense of Belonging among Libyan International Students in America*

External Committee Member, Kathleen B. King, Ph.D. in Education, DePaul University (Defense, May 2021)

Title: *Social Emotional Learning and Intervention programs for Students Experiencing Underperformance*

External Committee Member, April Harris, Ed.D. in Educational Leadership, Baylor University (Defense, December, 2021)

Title: *A Quantitative Non-experimental Correlational Investigation of Burnout Theory and Well-being Theory to Address Burnout in Assistant Principals*

External Committee Member, Lisa Philips, Ph.D., Department of Integrated Studies, McGill University, CA (Defense, July 2021)

Title: *Principals' Perspectives: Discourse on Cultural Responsiveness, Social Justice, and Inclusion in Catholic Schools*

External Committee Member, Nouf Al-Kaabi, Ed.D., Education, University of Bath, UK (April, 2021)

Title: *An Analysis of How Accountability Is Implemented in the School System in Qatar*

External Committee Member, Darlene Loland, Ph.D., Interdisciplinary Studies, University of British Columbia, CA (Defense, March 2022)

Title: *(Re)searching Teacher Wellbeing: An Exploration of the Relationship between Mindful Nature Experiences and mental Health*

External Committee Member, , Ph.D., McGill University

External Committee Member, , Ph.D., University of Portland

External Committee Member, , Ph.D., University of Tennessee

## **LEADERSHIP & SERVICE**

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### ***Advisory Boards***

Advisory Board Member, Greater good Science Center Education Program, UC Berkeley

Advisory Board Member, The Adult Development Instrument,

Council Member, T-SEL, UC Berkeley

### ***Editorial Boards***

Editorial Board Member, Journal of Educational Sciences (2021 – present)

Editorial Board Member, Journal of Trauma Studies in Education (2021 – 2023)

Editorial Board Member, Journal of School Leadership (2020 – 2023)

Editorial Board Member, Stress and Health (2018 – present)

Editorial Board member, Research in Educational Administration and Leadership (2018 – present)

### ***Grant Review Experience***

Israel Science Foundation (ISF) reviewer (2023)  
National Science Foundation (NSF) reviewer (2020)

***Review Experience (ad hoc)***

The Asia-Pacific Education Researcher (Invited reviewer, 2020, 2021)  
Journal of Research on Leadership Education (Invited reviewer, 2021)  
Journal of School Leadership (Invited reviewer, 2020, 2021)  
Educational Policy, 2022 Politics of Education Association Yearbook (Invited reviewer, 2020, 2021)  
Educational Research for Policy and Practice (Invited reviewer, 2020)  
Teaching and Teacher Education (Invited reviewer, 2020, 2021)  
Mindfulness (Invited reviewer, 2020, 2021, 2022)  
Teachers College Record (Invited reviewer, 2020)  
Journal of Cognitive Enhancement (Invited reviewer, 2020)  
Youth and Society (Invited review, 2020)  
SAGE Open (Invited reviewer, 2019)  
Leadership & Policy in Schools (Invited reviewer, 2019, 2020)  
Educational Management, Administration, & Leadership (Invited reviewer, 2019, 2020)  
Research in Educational Administration and Leadership (Invited Reviewer, 2019, 2020, 2021)  
BMJ Open (Invited Reviewer, 2019)  
Fire Forum (Invited Reviewer, 2019)  
Health Education Journal (Invited Reviewer, 2019)  
Educational Administration Quarterly (Invited Reviewer, 2018, 2019)  
Stress and Health (Invited Reviewer, 2018, 2019, 2021)  
Journal of Educational Administration (Special Issue Co-editor, “School Administrators’ Wellbeing and Mindfulness” (Invited Reviewer, 2018, 2019, 2020, 2021, 2022)  
American Journal of Education (Invited Reviewer, 2018)  
Childhood Education Journal (Invited Reviewer, 2015)  
International Journal of Leadership in Education (Invited Reviewer, 2016, 2019)  
Journal of Contemplative Inquiry (Invited Reviewer, 2015)  
Journal of Education for teaching (Invited Reviewer, 2021)  
Psychology Research and Behavior Management (Invited Reviewer, 2021)  
Teachers and Teaching: Theory and Practice (Invited Reviewer, 2020, 202, 2022)

***Professional Service (National & International)***

- Program Chair, Social Emotional Learning Special Interest Group, American Educational Research Association (2022 – 2023)
- Chair, Leadership for School Improvement Special Interest Group, American Educational Research Association (2022 – 2023)
- Program chair, International Studies Special Interest Group, American Educational Research Association (2022 – 2025)
- Faculty Mentor of a Millennium Scholar, Society of Transnational Academic Researchers (STAR) (2021-2022)
- Steering Committee, Khaddit Beirut: Education Group, American University of Beirut (2020 – present)
- Best Dissertation Award Committee Member of Division A: leadership, American educational Research Association (2020 – 2021)

- Secretary-Treasurer, International Studies Special Interest Group, American educational Research Association (2019 – 2022)
- Program Chair, Social Emotional Learning Special Interest Group, American educational Research Association (2020 – 2021)
- Outgoing Program Chair, Social Emotional Learning Special Interest Group, American educational Research Association (2021 – 2022)
- Program Chair-Elect, Social Emotional Learning Special Interest Group, American educational Research Association (2019 – 2020)
- Program Chair, Leadership for School Improvement Special Interest Group, American educational Research Association (2021 – 2022)
- Secretary, Leadership for School Improvement Special Interest Group, American educational Research Association (2020 – 2021)
- Dissertation Award Committee Chair of the Leadership for School Improvement Special Interest Group, American educational Research Association (2019 – 2020)
- Conference Advisory Council Member, Collaborative Education Programs for the Americas, CEPA Leadership Consortium (2019 – 2020)
- Clark Scholar Reviewer, University Council of Educational Administrators (2020)
- Faculty Mentor, Researcher Development Program, Leadership for School Improvement Special Interest Group, American educational Research Association (Cohorts: 2018- 2019, 2019 – 2020, 2020 -2021, 2021-2022)
- Conference Organizer, *Sustaining Ethical and Values-Based Leadership in Volatile Contemporary Times*, The Consortium for the Study of leadership and Ethics in Education (CSLEE), the 23<sup>rd</sup> Annual Values and Leadership Conference (2019)
- Dissertation of the Year reviewer, Leadership for School Improvement SIG, American Educational Research Association, AERA (2018)
- Conference Reviewer, Annual Convention of University Council for Educational Administration, UCEA
- Conference Reviewer, Annual Meeting of the American Educational Research Association, AERA
- Program and Sessions Organizer, *Walking the Talk: Ethics, Leadership, and the Quest for Inclusive Practice*, The Consortium for the Study of leadership and Ethics in Education (CSLEE), the 23<sup>rd</sup> Annual Values and Leadership Conference (2018)
- Organizer of AUB Alumni Entrepreneurs Panel, Worldwide Alumni Association of American University of Beirut, 6<sup>th</sup> North American Regional Summit, Philadelphia, PA (2016)
- Graduate Student Volunteer, Annual Convention of University Council for Educational Administration, UCEA (2016)

### ***Departmental, College, & University Service***

*(University of Colorado, Denver, CO)*

#### ***Departmental***

Committee member, UCEA membership

#### ***SEHD***

Committee Member, Curriculum & Programs Committee (2021 – 2024)

Member, EdD Program, School of Education and Human Development (2020 – present)

Member, PhD Program, School of Education and Human Development (2020 – present)

Committee member, Development of Master's Program in Teacher Leadership for Equity (2020 present)

*University*

School Representative, Strategic Plan Implementation Advisory Council (2022 – 2023)

*(University of Idaho, Moscow, ID)*

*College*

Member, EHHS Centennial Planning Committee (2019)

Promotion and Tenure Review Committee Member, College of Education, Health and Human Sciences (2018, 2019)

Faculty Affairs Committee Member (2019 – 2020)

Member, CAEP Accreditation Committee for Educational Leadership Program, College of Education, Health and Human Sciences (2019 – 2020)

*University*

Search Committee, Associate Director for Employee Immigration Compliance (2020)

Floor Marshall, Commencement Committee (2017, 2018, 2019, 2020)

Judge, Final Presentation and Critique: Palouse Prairie School New Building, ID 352: Interior Design IV, Department of Interior Architecture and Design (2019, May)

Evaluator, The Semester Lighting Fixtures Exhibit: Illuminating History, ID 281: History of the Interiors II, Department of Interior Architecture and Design (2019, April)

*(Pennsylvania State University, State College, PA)*

Member, Search Advisory Committee, Endowed Hoy Professor of Educational Leadership, Education Policy Studies (2016 - 2017)

Vice-President, Educational Leadership Student Association (ELSA), Educational Leadership Program, Education Policy Studies (2013 – 2014)

Communication Officer, International Education Student Association (IESA), Comparative International Education Program, Education Policy Studies (2013 – 2014)

*(American University of Beirut, Beirut, Lebanon)*

President of the English Students' Society, English Department (2001- 2002)

***Community Service***

Job Interviewer, Ralston Valley High School (2020)

Consultant to High Five, youth training module contents for summer camps (2020)

Passage Panelist, Rite of Passage for grade 8 students, Palouse Prairie School (2018, 2019)

Classroom Volunteer, Easterly Parkway Elementary (2013- 2016)

Publishing Committee member, WAAAUB Alumni 100<sup>th</sup> Anniversary Cookbook (2014 -2015)

**Professional Memberships**

University Council for Educational Administration (UCEA) (2013 – present)

American Educational Research Association (AERA) (2013 – present)

European Educational Research Association (EERA) (2022 – present)

Comparative and International Education Society (CIES) (2014 – present)

American Mindfulness Research Association (AMRA) (2016 – present)

Consortium for the Study of Leadership and Ethics in Education (CSLEE) (2015 – present)  
American Educational Studies Association (AESA) (2020 – present)  
American Psychological Association (APA) (2020 – present)  
The Maxine Greene Center for Aesthetic Education and Social Imagination (2015 – present)

*(Current AERA SIG Memberships)*

Division A: Administration, organization, and Leadership  
Leadership for School Improvement (SIG #101)  
Leadership for Social Justice (SIG# 165)  
International Studies (SIG #54)  
Social and Emotional Learning (SIG #170)  
Stress, Coping, and Resilience (SIG #117)  
Organizational Theory (SIG #73)

## **HONORS, ACCOMPLISHMENTS, AND AWARDS**

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Joseph E. Zins Early Career Award for SEL Action Research, CASEL (2023)  
CASEL Roger Weissberg Scholar (2021- 2023)  
Donald J. Willower Award of Excellence in Educational Administration, The Consortium for the Study of Leadership and Ethics in Education (2019)  
Dissertation of the Year Finalist of Leadership in School Improvement SIG (2018)  
Donald J. Willower Dissertation Award in Educational Leadership (2017)  
Recipient of Dissertation Research Initiation (2016 - 2017)  
David L. Clark Scholar (2016)  
Barbara Jackson Scholar, UCEA (2015 – 2017)  
Recipient of Robert Mitstifer Memorial Fund Award (2016)  
Recipient of Robert F. Nicely, Jr. & Donna C. Nicely Doctoral Student Research Fund in Education (2016)  
Graduate Assistantship, College of Education, The Pennsylvania State University (2014 – 2017)  
Dean's List, American University of Beirut, Beirut, Lebanon (2005)  
Departmental Honors, Department of English, American University of Beirut, Beirut, Lebanon (2005)  
Passed with Distinction, M.A.'s Qualifying Exams, Department of English, American university of Beirut, Beirut, Lebanon (2005)  
Graduate Assistantship, American University of Beirut, Beirut, Lebanon (2002 – 2004)

## **CERTIFICATIONS**

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Design Teach Online, University of Wisconsin-Madison (2019)  
Certified Secondary CLASS Observer, TeachStone (2016- 2018)  
Graduate Student Online Teaching Certificate, Pennsylvania State University, State College, PA (2014)  
Strategic Leadership Certificate, Cambridge Institute for Global Leadership, Beirut, Lebanon (2008)  
Teaching AP English Language and Composition Certificate, Fordham University, Advanced Placement Institute, New York, U.S.A (2007)

## **OTHER PROFESSIONAL DEVELOPMENT & TRAINING**

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The Grant Development Process, University of Colorado, Denver (September 23, 2020)  
Trauma-Informed Deeper Dive: Let's talk about PBIS by Alex Shevrin Venet (October 28, 2020)

Community of Practice: Empowering Students and Building Community Online, Center for excellence in Teaching and Learning, University of Colorado-Denver (October 8, 2020)

Social Justice Teach-in: “Whose Black Lives Matter? The Political Influence of Racial Appeals on Instagram by Dr. Chaya Crowder and with Deon Jones, Center for Identity and Inclusion, University of Colorado-Denver (October 19, 2020)

Leading through an Equity Lens, Learning Development Team, Human Resources, University of Colorado, Denver (November 12, 2020)

What’s in a Name? Equity Concepts, Learning Development Team, Human Resources, University of Colorado, Denver (November 5, 2020)

From Bystander to Active Allyship, Learning Development Team, Human Resources, University of Colorado, Denver (October 29, 2020)

Faculty Success Program by National Center for Faculty Development and Diversity (Fall 2017)

NVivo Qualitative Data Analysis Software Workshop (June 18-19, 2017)

Coming to Our Senses: Healing Ourselves and the World through Mindfulness workshop, with Jon Kabat Zinn, Omega Institute, NY (May 22-25, 2015)

CARE - Cultivating Awareness and Resilience in Education retreat with Patricia Jennings, Garrison Institute, NY (August 3-8, 2015)

L2B – Learning to BREATHE mindfulness-based program training with Patricia Broderick, Hershey Medical Center, PA (February 27 – March 1, 2015)