

Lisa K. Forbes, PhD, LPC, RPT

Assistant Clinical Professor / School of Education and Human Development
University of Colorado Denver
Campus Address:
1380 Lawrence Street
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Denver, CO 80217

EDUCATION

2014	Doctor of Philosophy, Counselor Ed & Supervision University of Northern Colorado Emphasis area: Couples & Family Therapy Minor: Statistical Research Methods	Greeley, CO
2010	Master of Arts, Clinical Counseling University of Northern Colorado Concentration: Couples & Family Therapy	Greeley, CO
2006	Bachelor of Science, Child & Adolescent Development California State University, Fullerton	Fullerton, CA

LICENSURE & CERTIFICATIONS

Clinical License Certification Licensed Professional Counselor in Colorado (LPC - #0015348)
Registered Play Therapist (RPT - #T5924)

PROFESSIONAL EXPERIENCE

2016 – Present	Assistant Clinical Professor, University of Colorado Denver Teach 8-9 courses per year in the mental health Counseling Program. Provide supervision to practicum and internship students, serve on various committees, and conduct and disseminate research.
2021 - Present	Play Therapist, Child & Adolescent Counseling of Denver Provide play therapy services to children at a private practice in Denver.
2019 – 2020	Pro Bono Play Therapist, Mile High Early Learning Provided pro bono play therapy services to children 3-5 years old. Due to COVID, was unable to continue providing services inside the school.
2017 – 2020	Counseling Center, CU Denver Provided pro bono counseling services to adult clients and play therapy services to children.
2017 – 2019	Social Worker, Medical Center of Aurora Social Worker II PRN: Provided psychological intakes/discharges and ran group counseling sessions, completed paperwork, and coordinated care for the inpatient psychiatric patients across three units: adolescents, adults, & geriatric.
2016 – 2018	Assistant Clinical Professor, University of Colorado Denver

Counseling Program | Human Development & Family Relations Program

My first two years at CU Denver were a half-faculty appointment in the undergraduate HDFR program and a half-appointment in the Master's level Counseling Program. In 2018, I transitioned full-time to the Counseling Program.

- 2016 – 2016** **Adjunct Faculty, Indiana University, South Bend (Online)**
- 2015 – 2016** **Adjunct Faculty, University of Northern Colorado**
- 2014 – 2015** **Assistant Clinical Professor, Northern Arizona University - Phoenix**
Taught 8 courses during a one-year faculty appointment. Also provided clinical supervision to practicum students.
- 2014 – 2015** **Valley Hospital of Phoenix, AZ**
Therapist: Provided counseling to adults in an inpatient psychiatric hospital through individual and group therapy formats.
- 2014** **Adjunct Faculty, University of Phoenix**
- 2010** **Undergraduate Instructor, University of Northern Colorado**
First Year Experience – APA style writing, writing papers, choosing a major, study abroad, personal issues, financial wellness, assault prevention and response.

PEER-REVIEWED PUBLICATIONS

- 2023** **Forbes, L.K. & Craven, C. (2023).** Play experts' view on the future of play: I have a vision poem. *Journal for Play in Adulthood*.
- 2023** Lamar, M., Donovan, C., & **Forbes, L.K.** (2023). Maternal Mental Health in the United States. *Journal for the Advancement of Counseling*. <https://doi.org/10.1007/s10447-023-09534-z>
- 2022** **Forbes, L.K.,** Lamar, M., Speciale, M., & Donovan, C. (2022). Mothers' and fathers' parenting attitudes during COVID-19. *Current Psychology*, 41, 470-479.
- 2021** Lamar, M.R., Speciale, M., **Forbes, L.K.,** & Donovan, C. (2021). The Mental Health of U.S. Parents During the COVID-19 Pandemic. *Journal of Mental Health Counseling*, 43(4), 319-335.
- 2021** **Forbes, L.K.** (2021). The process of playful learning in higher education: A phenomenological study. *Journal of Teaching and Learning*, 15(1), 57-73.
- 2020** Lamar, M. R., & **Forbes, L. K.** (2020) A phenomenological investigation into the role of intensive mothering in working mothers' career experiences, *Journal of Counselor Leadership and Advocacy*. doi: 10.1080/2336716X.2020.1753596
- 2020** **Forbes, L. K.,** Lamar, M.R., & Bornstein, R.S. (2020). Working mothers' experiences in an intensive mothering culture: A phenomenological qualitative study. *Journal of Feminist Family Therapy*, 1-25. doi:10.1080/08952833.2020.1798200
- 2020** **Forbes, L.K.,** Donovan, C.V., & Lamar, M.R. (2020). Differences in intensive

parenting attitudes and gender norms among U.S. mothers. *The Family Journal*, 28(1), 63-71.

- 2019 Lamar, M., **Forbes, L.K.**, & Capasso, L. (2019). Helping working mothers face the challenge of an intensive mothering culture. *Journal of Mental Health Counseling*, 41(3), 203-220.
- 2018 Streer, M., **Forbes, L.K.**, & Parra, J. (2018). Procedures, pitfalls, and product: Delphi methodology in counselor education research. *Counseling Outcome Research and Evaluation*, 9(1), 55-66.

PEER-REVIEWED BOOKS AND BOOK CHAPTERS

- 2024 chap **Forbes, L.K.** & Thomas, D. (2024). Book chapter: Playing with Human Change. In Beacher, L. & Portnoy, L. (Eds.) *Playful Pedagogy in Higher Education*. Springer.

GRANTS

- 2023 **Denied** *Interrogating Narratives in Academia to Explore Alternative, Personalized Narratives*. PI: **Lisa Forbes**. University of Colorado Denver Center for Excellence in Teaching and Learning Teaching Enhancement Grant. Requested (10/2023) \$1,000.
- 2023 **Awarded** *Interrogating Narratives in Academia to Explore Alternative, Personalized Narratives*. PI: **Lisa Forbes**. University of Colorado Denver School of Education and Human Development Grant. Requested (10/2023) \$1,000. REC \$1,000.
- 2023 **Awarded** *Playful Illustrations for my Children's Book About Never Losing Play*. PI: **Lisa Forbes**. University of Colorado Denver School of Education and Human Development Professional Development Grant. REC \$1,000.
- 2022 **Awarded** *Non-Tenure Track Professional Development Award: Rebel through Recharge*. Co-PIs: Andrea Laser, Robin Brandehoff, Courtney Donovan, **Lisa Forbes**. University of Colorado Denver Association of Lecturers and Instructors (UCDALI). REC \$1,000.
- 2022 **Awarded** *Playful Pedagogy Supplies*. **Lisa Forbes**. University of Colorado Denver Center for Excellence in Teaching and Learning - Teaching Enhancement Grant (4/7/2022). Applied for \$447. Received \$250
- 2020 **Awarded** (5/2020). *Parenting Attitudes during COVID-19 Research Project*. PI: Margaret Lamar, Co-PIs: Courtney Donovan, **Lisa Forbes**, and Megan Speciale. The University of Colorado Denver Office of Research Services (ORS). Applied for \$14,227. Received \$7,500.
- 2020 **Denied** *Intensive Parenting and Mental Health during COVID-19*. PI: Margaret Lamar & **Lisa Forbes**, Research Consultant: Courtney Donovan. American Psychological Association. Requested \$20,000.
- 2020 **Awarded** (3/2020). *Students Experiences of Playful Pedagogy: Use of Play and Games in Learning Research Study*. **PI: Lisa Forbes**. The University of Colorado Denver Center for Excellence in Teaching and Learning Teaching Enhancement Grant. Applied for \$1,200. Received \$1,200.
- 2019 **Awarded** (11/2019). *Hosting a Play Therapy Symposium Held by: CU Denver, UCCS, and*

UNC CSI Chapters. Co-PIs: Michelle Saltis, **Lisa Forbes**, Diane Stutey, & Angela Weingartner. Chi Sigma Iota National Counseling Honor Society. Chi Sigma Iota Statewide/Regional Networking Grant. Applied for \$1000. Received \$800.

- 2018** **Denied** (2018): *The Relationship between Mothers' Mental Health, Gender Conformity, and Intensive Mothering*. PI: **Lisa Forbes**, Co-PI: Courtney Donovan and Margaret Lamar. University of Colorado Denver Office of Research Services (ORS). Requested \$5,669.
- 2018** **Awarded** (11/2018). *Becoming a Play Therapist*. **Lisa Forbes**, Professional Development Fund Request. University of Colorado Denver School of Education and Human Development Professional Development Grant. REC \$1,000.
- 2018** **Awarded** (11/2018). *Becoming a Play Therapist*. **Lisa Forbes**, Professional Development Fund Request. University of Colorado Denver UCDALI. Applied for \$1,000. Received \$1,000.

OTHER INDICATORS OF SCHOLARLY & CREATIVE ACTIVITY

- 2020 - Present** **Co-Founded a Global Faculty Network - "Professors at Play"**
Co-founded "Professors at Play" - a global faculty group with almost 800 members who are interested in utilizing play in higher education. I co-manage the Professors at Play faculty listserv which is a platform for an ongoing dialogue about playful techniques, challenges, ideas, and upcoming events - all surrounding the idea of play in higher education. We also created a website, YouTube channel, and social media accounts to distribute ideas and events. We run/host workshops and have planned and conducted two Professors at Play Virtual Playposiums and an in-person Playposium in Los Angeles in spring 2024 with keynote speaker Stuart Brown. We created and edited a Professors at Play Playbook that describes the idea of playful pedagogy and presents over 100 playful techniques submitted by members of our community.
- Website: professorsatplay.org - houses blog and resources.
 - YouTube: [Professors at Play YouTube](https://www.youtube.com/channel/UC1tMNoOTaxVekDsaQNuBRd) - video recordings of our events.
 - Social Media: Facebook: @professorsatplay; Instagram: @professors.at.play; Twitter: @PlayProfessors.

NON-PEER REVIEWED PUBLICATIONS & INTERVIEWS

- 2024** **Forbes, L.K. & Thomas, D.** (2024). Playing with Professors! Play and Learning in Higher Education and Business. *Biz Souls Playful Podcast*. Episode 115. <https://open.spotify.com/episode/1RtMNoOTaxVekDsaQNuBRd?si=ipipWgNiQo-GStBp7CXfOg&nd=1&dlsi=458c2dbfbd1c497f>
- 2024** Interviewed for an NBC News article. Adults Just Want to Have Fun: Why People Are Seeking Refuge in Toys and Experiences Again. NBC News, Feb 2nd, 2024. <https://www.nbcnews.com/pop-culture/adults-just-want-fun-people-are-seeking-refuge-toys-experiences-rcna135188>
- 2023** **Forbes, L.K.** (2023). The School for Unlearning blog post. Professors at Play Blog. January, 4, 2024. <https://professorsatplay.org/the-school-for-unlearning/>
- 2023** Interviewed for an Inside Higher Ed article. Nonconformists Embrace Play as a

Tool for Teaching and Learning. Inside Higher Ed, Dec 13th, 2023
<https://www.insidehighered.com/news/faculty-issues/teaching/2023/12/13/nonconformists-embrace-play-tool-teaching-learning>

- 2023 **Forbes, L.K., & Thomas, D.** (Oct 2023). Play Rebels Unite! *Twitter WePlayChat U.S. Play Coalition*. Live Twitter chat/interview.
- 2023 **Forbes, L.K.** (Sept 2023). Meet Lisa Forbes - *Interview with CanvasRebel Magazine*.
<https://canvasrebel.com/meet-lisa-forbes-2/>
- 2023 Thomas, D., & **Forbes, L.K.** (June 2023). [Professors at Play and Playful Learning. CoLab Podcast interview](#). Teaching and Learning Collaborative. *Wentworth Institute of Technology*.
- 2023 Thomas, D. & **Forbes, L.** (June, 2023). How to Succeed at Creating More Playful Learning. *Sandler Worldwide Podcast Interview*.
<https://www.youtube.com/watch?v=w6PsiHVRNcc>
- 2023 **Forbes, L.K.** (April 2023). Digital engagement: Playfully enhancing active learning. [A blog post for SEHDMix](#) *Digital Teaching and Learning*.
- 2023 **Forbes, L.K. & Thomas, D.** (Mar 2023). Play in learning - Professors at Play. Tea for Teaching Podcast interview - [Tea for Teaching a Podcast on Teaching and Learning](#).
- 2023 **Forbes, L.K.** (Jan 2023). What is ThingStudio? *ThingStudio Blog*.
<https://thingstudio.ucdenver.edu/2023/01/21/what-thingstudio-lisa-k-forbes>
- 2023 **Forbes, L.K.** (Jan 2023). ThingStudio - Tabula Rasa. *ThingStudio Blog*.
<https://thingstudio.ucdenver.edu/2023/01/01/thingstudio-as-tabula-rasa-lisa-k-forbes>
- 2023 Elliott, L. & **Forbes, L.K.** (Jan 2023). Promising practices for a semester start. *Digital Teaching and Learning Committee Blog SEHDMix*. <https://mix.cu.studio/promising-practices/>
- 2022 **Forbes, L.K., & Thomas, D.** (2022). [Love Equals Fun](#). Podcast interview - *Ludicast from the Ludic Pedagogy Lab*.
- 2022 **Forbes, L.K.** (Fall 2022). Let's Play: The Power of Play in Higher Education. Interview for [SEHD Alumni Magazine Edge](#).
- 2022 **Forbes, L.K.** (Sept 2022). What ThingStudio Means To Me. *ThingStudio Blog*.
<https://thingstudio.ucdenver.edu/2022/09/28/what-thingstudio-means-me>
- 2022 **Forbes, L.K., & David Thomas** (2022). [Interview on Play in Teaching and Play Research](#). *Playful Humans Podcast*.
- 2022 **Forbes, L.K.** (2022). Weekly Guest on Miller Communication Livestream Show - LEGO-Play. *Miller Communication*.
<https://www.miller-communications.com/lego-play>
- 2022 **Forbes, L.K.** (2022). Meet Lisa Forbes - Assistant Clinical Professor, Play Therapist, and Co-Creator of Professors at Play. *Interview with Shoutout Colorado*.

<https://shoutoutcolorado.com/meet-lisa-forbes-assistant-clinical-professor-play-therapist-and-co-creator-of-professors-at-play/>

- 2021 **Forbes, L.K.** & Thomas, D. (2021). Professors at Play in Higher Education. *Podcast interview with "This Week" in Education*.
<https://www.youtube.com/watch?v=-MBIZFwKxB0&t=1s>
- 2021 **Forbes, L.** (2021). Playfully Interrogating our Practice. *ThingStudio Guest Blog*.
<https://thingstudio.ucdenver.edu/2021/02/16/playfully-interrogating-our-practice>
- 2021 **Forbes, L.** (2021). Featured on the Playful Voices Blog on the *Playful University Platform*. <https://open-tdm.au.dk/blogs/playuni/2021/09/16/12-lisa-k-forbes/>
- 2021 **Forbes, L.** & Thomas, D. (2021). Professors at Play with Lisa Forbes and David Thomas. *Think UDL Podcast*. Episode 67:
<https://thinkudl.org/episodes/professors-at-play-with-lisa-forbes-and-david-thomas>
- 2021 **Forbes, L.** (2021). Four Principles of Pedagogical Playfulness. *Psychology Today, Education Blog*. Guest Blog.
<https://www.psychologytoday.com/us/blog/the-ethical-professor/202108/four-principles-pedagogical-playfulness>
- 2021 **Forbes, L.** & Thomas, D. (2021). The Power of Play: Using Play to Break up Lectures and Improve Student Learning (Part 2). *Lecture Breakers Podcast*, podcast interview.
<https://barbihoneycutt.com/blogs/podcast/episode-86-the-power-of-play-using-play-to-break-up-your-lectures-and-improve-student-learning-part-2-with-dr-david-thomas-and-dr-lisa-forbes>
- 2021 Thomas, D. & **Forbes, L.** (2021). The Power of Play: Using Play to Break up Lectures and Improve Student Learning (Part 1). *Lecture Breakers Podcast*, podcast interview.
<https://barbihoneycutt.com/blogs/podcast/episode-85-the-power-of-play-using-play-to-break-up-your-lectures-and-improve-student-learning-part-1-with-dr-david-thomas-and-dr-lisa-forbes>
- 2021 Cavanagh, T., Dunn, S., **Forbes, L.**, Pelletier, K., Pfeifer-Luckett, R. & Thomas, D. (2021). Techniques for student engagement. *EDUCAUSE Exchange*, podcast interview.
<https://er.educause.edu/podcasts/educause-exchange/techniques-for-student-engagement>
- 2021 Lamar, M. & **Forbes, L.** (2021). Mothers' mental health, well-being, and intensive mothering practices. *Peak Connection Podcast*, Podcast interview.
<https://www.peakconnection.net/podcast/episode/496b5c93/the-second-pandemic-rising-substance-abuse-and-mental-illness-among-parents>
- 2021 Lamar, M. & **Forbes, L.** (2021). The impact of intensive mothering on mothers' mental health. *Peak Connection Podcast*, Podcast interview.
<https://www.peakconnection.net/podcast/episode/4c7e5c12/the-impact-of-intensive-mothering-on-maternal-mental-health>
- 2021 Forbes, L.K. (2021). [Definitions: Play to save the world](#). *Professors at Play Blog*.

- 2021 Forbes, L.K. (2021). [My learning disability made me do it](#). *Professors at Play Blog*.
- 2021 Forbes, L.K. (2021). [The Wall](#). *Professors at Play Blog*.
- 2021 Forbes, L.K. (2021). [Emotions and Brain States Love Play](#). *Professors at Play Blog*.
- 2021 Forbes, L.K. (2021). [Playvolution, Are You In?](#) *Professors at Play Blog*.
- 2021 Forbes, L.K. (2021). [Precursors to a Playful Pedagogy](#). *Professors at Play Blog*.
- 2020 Forbes, L.K. (2021). [A 2020 Reflection](#). *Professors at Play Blog*.
- 2020 Forbes, L.K. (2021). [Wholehearted People Play](#). *Professors at Play Blog*.
- 2020 Forbes, L.K. (2021). [Thinking Your Way to Play](#). *Professors at Play Blog*.
- 2020 Forbes, L.K. (2021). [To the Playposium and Beyond!](#) *Professors at Play Blog*.
- 2020 Forbes, L.K. (2021). [Embodying Playfulness](#). *Professors at Play Blog*.
- 2020 Forbes, L.K. (2021). [Play = Fun = Love](#). *Professors at Play Blog*.
- 2020 Forbes, L.K. (2021). [Play Languages](#). *Professors at Play Blog*.
- 2020 Forbes, L.K. (2021). [“But, I Don’t Have Time to Play”](#). *Professors at Play Blog*.
- 2020 Forbes, L.K. (2021). [I Heart Stickers](#). *Professors at Play Blog*.
- 2020 Forbes, L.K. (2021). [The Power of Play](#). *Professors at Play Blog*.
- 2020 Forbes, L.K. (2021). [Still Searching for the Meaning of Life?](#) *Professors at Play Blog*.
- 2020 Forbes, L.K. (2021). [Play Matters: Book Mini-Review](#). *Professors at Play Blog*.
- 2020 Forbes, L.K. (2021). [Dynamic & Unpredictable Online Learning](#). *Professors at Play Blog*.
- 2020 Forbes, L.K. (2021). [Death to the Synchronous Lecture](#). *Professors at Play Blog*.
- 2020 Forbes, L.K. (2021). [Academia Killed My Creativity](#). *Professors at Play Blog*.
- 2020 Forbes, L.K. (2021). [Play to Build Community & Prepare for Learning](#). *Professors at Play Blog*.
- 2020 Forbes, L.K. (2021). [Students Tell All](#). *Professors at Play Blog*.
- 2020 **Forbes, L.K., & Thomas, D.** (2020). Podcast Conversation with Lisa K. Forbes and David Thomas - Play in Learning. Teaching and Learning Online Network (TALON). <https://taloncloud.ca/Lisa-Forbes-David-Thomas>
- 2020 **Forbes, L.K.** (2020). Fostering fun: Engaging students with asynchronous learning. *Faculty Focus*, June 17th, 2020.

<https://www.facultyfocus.com/articles/online-education/online-student-engagement/fostering-fun-engaging-students-with-asynchronous-online-learning/>

- 2020** Forbes, L.K. (2020). A game a day: Fun and dynamic synchronous learning. *Faculty Focus*, Aug 17th, 2020.
<https://www.facultyfocus.com/articles/online-education/online-student-engagement/a-game-a-day-fun-and-dynamic-synchronous-online-learning/>
- 2020** Forbes, L.K. (2020). Play in the time of COVID. *EDUCAUSE Review*, Nov 5th, 2020.
<https://er.educause.edu/blogs/2020/11/play-in-the-time-of-covid-19>
- 2020** Forbes, L.K. (2020). It's Okay to Play. *Monday Morning Mentor*, School of Education and Human Development electronic mailing list newsletter. University of Colorado Denver, CO. August 26th.
- 2020** Forbes, L.K. (2020). How I Teach: Play, Fun, and Community. *HFT Summer Academy*, CU Denver, Denver, CO.
<https://thingstudio.us/how-i-teach-play-fun-and-community-2/>
- 2020** Forbes, L.K. (2020). Are You a Mother? Partnered with a Mother? Know a Mother? *Monday Morning Mentor*, School of Education and Human Development electronic mailing list newsletter. University of Colorado Denver, CO. May 4th.
- 2019** Forbes, L.K. (2019). Deliberately focusing on authenticity. *CU Connections Faculty Voices*. University of Colorado Denver, CO.
<https://connections.cu.edu/stories/cu-faculty-voices-deliberately-focusing-authenticity>
- 2018** Forbes, L.K. (2018). Talent is Overrated. *Monday Morning Mentor*, School of Education and Human Development electronic mailing list newsletter. University of Colorado Denver, CO.
- 2018** Forbes, L.K., & Lamar, M.R. (2018). Speaking to the needs of women in counseling. Interviewed for a feature article in *Counseling Today*, 60(7).
<https://ct.counseling.org/2018/01/speaking-needs-women-counseling/>
- 2017** Lamar, M.R., & Forbes, L.K., (2017). Identity development of working mothers: How to support their mental health needs. Invited guest interview on *The Thoughtful Counselor Podcast*.
<https://thethoughtfulcounselor.com/2017/11/counseling-with-working-mothers-a-conversation-with-margaret-lamar-and-lisa-forbes/>

NON-PEER REVIEWED BOOKS AND BOOK CHAPTERS

- 2023 book** Forbes, L.K. (2023). Children's Book: *Only Kids and Play Can Save the World*. LuLu Press. ISBN 978-1-312-10726-7
- 2023 book** Forbes, L.K., & Thomas, D. (Eds). (2022). [The Professors at Play Playbook: Playful pedagogy to transform higher education](#). Carnegie Mellon ETC Press.
- 2022 chap** Forbes, L.K. & Thomas, D. (2022). Lisa K. Forbes and David Thomas on play in

learning. In Abegglen, S., Neuhaus, F., & Wilson, K. (Eds.). *Voices from the digital classroom: 25 interviews about teaching and learning in the face of a global pandemic*. (181-196). The University of Calgary Press.

2021 chap **Forbes, L.K.** (2021). [Playful voices of academia: On professional playfulness](#). In Nørgård, R.T., Sohleim, J.E.M, & Bukholt, K.J. (Eds.). *Playful higher education: Voices, activities & co-creations from the PUP community* (171-174). Aarhus University: Center for Higher Education Futures.

2017 chap Glavin, K.W., Haag, R.A., & **Forbes, L.K.**, (2017). Fostering career adaptability and resilience and promoting employability using life design counseling. In Kobus, M. (Ed.), *The psychology of career adaptability, employability, and resilience* (pgs 433-445). New York, NY: Springer Publishing Company.

PEER-REVIEWED PRESENTATIONS AT CONFERENCES

2024 **Forbes, L.K.** (Oct, 2024). Playful Pedagogy: Igniting Inclusion, Belonging, and Engagement. *Western Association for Counselor Education and Supervision Conference*. Tucson, AZ.

2024 Daniel, D., Johnson, B., & **Forbes, L.K.** (Oct, 2024). Nurturing the Healers: Feminist Insights into Prioritizing Counselors' Mental Health through Play. *Western Association for Counselor Education and Supervision Conference*. Tucson, AZ.

2023 **Forbes, L.K.** (Oct, 2023). Playful Pedagogy: Igniting Belonging, Engagement, and Learning. *Counselor Education and Supervision National Conference*, Denver, CO.

2023 Thomas, D. & **Forbes, L.K.** (Feb 2023). Play in learning: Professors at Play. *Global Community Solutioneering Summit*, Shaping EDU, Phoenix, AZ.

2023 **Forbes, L.K.**, & Thomas, D. (Feb 2023). Radical playfulness in higher education: Seeking human freedom and transformational experiences. *Critical Questions in Education Conference*, San Diego, CA.

2023 **Forbes, L.K.**, & Thomas, D. (Jan 2023). Play: An unlikely friend of learning and student engagement. *Yellowdig Virtual Conference*.

2022 **Forbes, L.K.** (2022; nov). Playful pedagogy: Engaging students through play. *Architecture, Media, Politics, and Society (AMPS) Transformative Teaching A Focus on Pedagogy*, Virtual.

2022 **Forbes, L.K.** (2022; nov). Playful pedagogy: Harnessing the power of play to better prepare future counselors. *Rocky Mountain Association for Counselor Education and Supervision Regional Conference*, Coeur d'Alene, ID.

2022 Troyann, G., Brown, M., Schaeffe, S., & **Forbes, L.K.** (2022; nov). Broaching the Topic of Broaching: Preparing Counseling Students to Engage in Intersectional Dialogues. *Rocky Mountain Association for Counselor Education and Supervision Regional Conference*, Coeur d'Alene, ID.

2022 Thomas, D. & **Forbes, L.K.** (2022; apr). Well, that was fun! *2022 eLearning Consortium of Colorado Annual Virtual Conference*.

- 2021** Lamar, M., Speciale, M., & **Forbes, L.K.** (2021). Parenting in a Pandemic: New Research of the Impact of COVID-19 on Parent's Mental Health. *American Counseling Association Virtual Conference*.
- 2021** Gentile, T. I., **Forbes, L. K.**, & Brown, M. (2021, Oct). Broaching the Topic of Broaching: Preparing Counseling Students to Engage in Intersectional Dialogues," was accepted for the Association for Counselor Education and Supervision 2021 *Virtual Roundtable Association for Counselor Education & Supervision*. Atlanta Georgia: Association for Counselor Education & Supervision.
- 2020** **Forbes, L.K.** (2020). Wanna play? Incorporating playful pedagogy in counselor education. *Rocky Mountain Association for Counselor Education and Supervision Regional Conference, Virtual*.
- 2020** Donovan, C., Lamar, M., **Forbes, L.K.**, & O'Brien, S. (2020). Mothers' mental health status in the United States. *American Educational Research Association (AERA) Annual Meeting, San Francisco, CA. (Canceled due to COVID)*
- 2020** Lamar, M., **Forbes, L.K.** & Donovan, C. (2020). Counseling moms in a challenging social environment: New findings and best practices. *American Counseling Association National Conference, San Diego, CA. (Moved to virtual)*.
- 2020** Lamar, M., Speciale, M., & **Forbes, L.** (2020). Parenting in a pandemic: New research on the impact of COVID-19 on parent's mental health. *American Counseling Association National Conference, San Diego, CA. (Moved to virtual)*.
- 2019** **Forbes, L.K.** & Lamar, M. (2019). Gender roles, motherhood, and mental health: Supporting working mothers in counselor education. *Association for Counselor Education and Supervision National Conference, Seattle, WA.*
- 2019** **Forbes, L.K.**, & Gentile, T. (2019). A metaphor is worth a thousand words. *Colorado Counseling Association Conference, Lakewood, CO.*
- 2018** Weingartner, A., **Forbes, L.K.**, & Fulling-Smith, J. (2018). You graduated, now what? How to land the job that's right for you. *Association for Counselor Education and Supervision Regional Conference, Park City, UT.*
- 2018** Lamar, M. & **Forbes, L.K.**, (2018). Understanding working mother's experiences within an intensive mothering culture. *Winter Roundtable on Cultural Psychology and Education: Nevertheless She Persisted Conference, New York, NY.*
- 2017** Campbell, J., Rogalla, K., **Forbes, L.K.**, Larrier, Y., & Linton, J. (2017). Welcome to the academy! Obtaining and keeping an academic appointment. *Association for Counselor Education and Supervision National Conference, Chicago, IL.*
- 2017** Lamar, M., & **Forbes, L.K.**, (2017). Beyond having it all: Supporting working mothers in counselor education. *Association for Counselor Education and Supervision National Conference, Chicago, IL.*
- 2017** **Forbes, L.K.**, & Lamar, M. (2017). Identity development of working mothers: How

to support their mental health needs. *American Counseling Association Conference*, San Francisco, CA.

- 2016** **Forbes, L.** (2016). What exactly does an incompetent or deficient counseling student look like? *Western Association for Counselor Education and Supervision Regional Conference*, Steamboat Springs, CO.
- 2016** **Forbes, L.K., & Black, L.** (2016). Developing counselor expertise for counselors and supervisors: Utilization of deliberate practice. *Colorado Counseling Association Conference*, Denver, Co.
- 2015** Strear, M., **Forbes, L.K.,** Parra, J. (2015). Procedures, pitfalls, & product: The many uses of Delphi methodology in counselor education research. ACES Inform: *Association for Counselor Ed. & Supervision National Conference*, Philadelphia, PA.
- 2013** **Forbes, L.K.,** (2013). A look at impaired counseling students and the importance of counselor education's admission procedures. *Association for Counselor Education and Supervision National Conference*, Denver, CO.
- 2012** **Forbes, L.K.,** (2012). Bridging the pedagogical gap between theory & practice within counselor education. *Rocky Mountain ACES Regional Conference*. Park City, UT.
- 2012** Osterlund, L. C. & **Forbes, L.K.,** (2012). The leadership skills of the counselor: The impact of leadership on the counseling relationship and counselor self-efficacy. *Colorado Counseling Association Annual Conference: Imagine...Colorado Counselors Moving Forward, Looking Back*. Denver, CO.
- 2012** Osterlund, L. C. & **Forbes, L.K.,** (2012). Counselor leadership skills, counseling relationships, and counselor self-efficacy. *38th Advanced International Winter Symposium; Addictive Disorders, Behavioral Health, and Mental Health*. Colorado Springs, CO.
- 2011** Murdock, J., Stutey, D., Rogalla, K., Moore, M., **Forbes, L.K.,** Henderson, A., Dietz, H., (2011). Rodarte community center: Career fun day. *5th Annual Embracing Community Symposium*, Greeley, CO.
- 2011** Murdock, J., Helm, H., Moore, M., Diets, H., Stutey, D., Rogalla, K., **Forbes, L.K.,** Henderson, A. (2011). A creative learning experience to immerse counselor education students in understanding the importance and procedures of the CACREP Accreditation process using the 2009 CACREP Standards. *Association for Counselor Education and Supervision National Conference*, Nashville, TN.
- 2011** **Forbes, L.K., & Black, L.** (2011). Between a rock and a hard place: Successful transitions among multiple roles. *Research Day*, Greeley, CO.

NON-PEER-REVIEWED INVITED TALKS OR PRESENTATIONS

- 2024** **Forbes, L.K.** (2024). Keynote: Resisting Soul Deconstruction through Rebellion and Play. *University of Northern Colorado Chi Sigma Iota Rho Epsilon New Member Initiation*, Greeley, CO.

- 2024** Norman, C. & **Forbes, L.K.** (2024). Play Therapy-Informed Skateboard Lessons. *Oklahoma Association for Play Therapy Continuing Education*. Virtual.
- 2024** **Forbes, L.K.** (2024). Play Therapy and Parent Consultation. *CU Denver*. Guest lecture.
- 2024** **Forbes, L.K.** (2024 April). Playful Pedagogy within Academia - the System of Control. *The Adler University*. Doctoral pedagogy course guest lecture, virtual.
- 2024** Woodson, M., Bardhan, S., Bordelon, L., & **Forbes, L.K.** (2024). Rubrics: Imagination, Curiosity, and Self-Awareness? *CU Denver ThingStudio Workshop*. Denver, Co.
- 2024** **Forbes, L.K.** (2024). Simplifying Play Therapy for Supervisors. *CU Denver Counseling Program and Student and Community Counseling Center*. Virtual.
- 2024** **Forbes, L.K.** & Thomas, D. (2024). [Keynote: Playful Pedagogy: Igniting Belonging and Engagement](#). *The Playposium at the University of Nebraska Lincoln*. Lincoln, NE.
- 2024** **Forbes, L.K.** & Thomas, D. (2024). Creating a Plan for Change: Playful Pedagogy. *The Playposium*. Los Angeles, CA.
- 2024** **Forbes, L.K.** & Thomas, D. (2024). Playful Spirits of Practice: Playful Pedagogy. *The Playposium*. Los Angeles, CA.
- 2024** **Forbes, L.K.** & Thomas, D. (2024). Keynote: Playful Pedagogy in Higher Education. *Spring Symposium at the University of the District of Columbia*. Washington DC.
- 2023** Storlie, C., Germain-Sehr, N.R., **Forbes, L.K.**, & Williams, B., Lee, A. (Oct 2023). Womxn in Counselor Education Panel Discussion. *Association for Counselor Education and Supervision Womanist Colloquium Pre-Conference*. Denver, CO.
- 2023** **Forbes, L.K.** (Oct 2023). Intensive Mothering Expectations. Guest lecture in ECED 4060/5060: Working with Families and Communities. *CU Denver*.
- 2023** **Forbes, L.K.** (Sept 2023). Legal and Ethical Issues in Counseling Minors. Guest lecture in the Master's Couple and Family Therapy course. *CU Denver*.
- 2023** **Forbes, L.K.** & Thomas, D. (Apr 2023). Keynote: The Power of Playful Pedagogy: Igniting Belonging, Engagement, and Connection. *Center for Educational Excellence Evidence-Based Teaching Conference Series*. Palo Alto University.
- 2023** **Forbes, L.K.** & Thomas, D. (Apr 2023). Professors at Play PlayBook book talk. Celebration of Faculty Book Authors. *Auraria Library*.
- 2023** **Forbes, L.K.** (2023 Feb). Play Therapy Simplified for Supervisors. *CU Denver Student and Community Counseling Center Supervisor Training*.
- 2023** **Forbes, L.K.** (2023 Jan). Playful Rebellion: Not taking ourselves too seriously as adults and academics. *ThingStudio Presentation*.
- 2023** **Forbes, L.K.** (2023 Jan). Playful Pedagogy in Counselor Education. *The Adler University*. Doctoral pedagogy course guest lecture, virtual.

- 2022** Forbes, L.K. (2022 Oct). Playful Pedagogy: The Power of Play in Higher Education. *HDFS Speaker Series Colorado State University*.
- 2022** Forbes, L.K. & Thomas, D. (2022; May). Keynote Address: Playful Online Learning: Engagement, Joy, and Connection. *Counselor Education Distance Learning Conference*. Virtual.
- 2022** Forbes, L.K. (2022; May). Playful Pedagogy: A Mindset, Action, and Philosophy. *The Adler University*. Doctoral pedagogy course guest lecture, virtual.
- 2021** Forbes, L.K. (2021). Play in Teaching and Learning. *Invited Talk at the New Faculty Orientation Fall 2021* at CU Denver.
- 2021** Forbes, L.K. (2021). Intensive mothering practices. *CU Denver ECED 5060/4060: Working with Families and Communities*. Master's level guest lecture, virtual.
- 2021** Forbes, L.K. (2021). The value of play in the learning process. Invited talk for the *SEHD October Faculty Research Symposium*.
- 2021** Forbes, L.K. (2021). Re-envisioning academia with playful minds and joyful hearts. *Invited ThingStudio talk* at CU Denver.
- 2021** Forbes, L.K. (2021). A playful pedagogy in counselor education. *The Adler University*. Doctoral pedagogy course guest lecture, virtual.
- 2021** Thomas, D. & Forbes, L.K. (2021). The future is FUN: The transformational power of play. *ShapingEDU Winter Games*, Arizona State University, Virtual.
- 2020** Forbes, L.K. (2020). Intensive mothering ideology and mother, child, and family outcomes. *Proseminar in Child, Youth, and Family Studies* for doctoral students. Learning, Development and Family Sciences Program CU Denver.
- 2020** Lamar, M. & Forbes, L.K. (2020). Mothering while protecting our mental health. Invited speaker at *Virginia Beach Mothers of Preschoolers*, virtual meeting.
- 2019** Forbes, L.K. & Thomas, D. (2019). Engaging students by developing trust through FUN! *Anschutz Medical Campus, School of Pharmacy, Aurora, CO*.
- 2019** Thomas, D. & Forbes, L.K. (2019). Set your phasers to FUN! *CU Denver Online Spring Symposium*, Denver, CO.
- 2018** Forbes, L.K., (2018). What you need to know: Preventing childhood sexual abuse. *Joshua Early Childhood Learning Center, Centennial, CO*.
- 2011** Moore, M., Forbes, L.K., Henderson, A., & Rogalla, K. (2011). Interactive Myers Briggs Type Indicator activity: leadership and diversity. *6th Annual Youth Summit on Diversity and Leadership*, Greeley, CO.
- 2011** Helm, H., Murdock, J., & Forbes, L.K., (2011). Myers Briggs Type Indicator: Teamwork and communication. *Colorado State University Women's Softball*

SEMINARS/WORKSHOPS PRESENTED

- 2023** Thomas, D. & **Forbes, L.K.** (June 2023). An Unlikely Ally: Harnessing the Power of Play at Work. Pre-Conference Workshop *Educause Learning Initiative*. Anaheim, CA
- 2023** **Forbes, L.K.** (2023; Apr). Faculty playground session. Session 6 of 6 in Playful pedagogy: Reviving teaching through play - a community of practice series through *The Center for Excellence in Teaching and Learning* at CU Denver.
- 2023** **Forbes, L.K.** (2023; Mar). Protecting time and enhancing well-being. Session 5 of 6 in Playful pedagogy: Reviving teaching through play - a community of practice series through *The Center for Excellence in Teaching and Learning* at CU Denver.
- 2023** **Forbes, L.K.** (2023; Feb). Harnessing play for efficacy & student engagement. Session 4 of 6 in Playful pedagogy: Reviving teaching through play - a community of practice series through *The Center for Excellence in Teaching and Learning* at CU Denver.
- 2022** **Forbes, L.K.** (2022; Nov). Faculty playground session. Session 3 of 6 in Playful pedagogy: Reviving teaching through play - a community of practice series through *The Center for Excellence in Teaching and Learning* at CU Denver.
- 2022** **Forbes, L.K.** (2022; Oct). Overcoming barriers that restrict our playfulness. Session 2 of 6 in Playful pedagogy: Reviving teaching through play - a community of practice series through *The Center for Excellence in Teaching and Learning* at CU Denver.
- 2022** **Forbes, L.K.** (2022; Sept). Re-centering a belief in the power of play. Session 1 of 6 in Playful pedagogy: Reviving teaching through play - a community of practice series through *The Center for Excellence in Teaching and Learning* at CU Denver.
- 2022** **Forbes, L.K.** (2022; Aug). Play therapy and creativity with adult clients in psychotherapy. Invited workshop talk for the clinic staff at *The CU Denver Counseling Center*.
- 2022** **Forbes, L.K.** (2022; Feb). Designing a Playful Classroom and Increasing Student Learning. *Lunch and Learn for the Center for Excellence in Teaching and Learning* at CU Denver.
- 2021** **Forbes, L.K.** (2021). Harnessing the power of play: Playful pedagogy in higher education. *Lunch and Learn for the Center for Excellence in Teaching and Learning* at CU Denver.
- 2020** **Forbes, L.K.** (2020). Play therapy. *Student and Community Counseling Center*, CU Denver. Master's level practicum guest seminar.
- 2020** **Forbes, L.K.** (2020). Fostering classroom discussions in Zoom with play. *Center for Excellence in Teaching and Learning Community of Practice*, CU Denver.
- 2020** **Forbes, L.K.** (2020). Filial therapy at home. *Mile High Early Learning Preschool*: Denver, CO.

- 2019** Forbes, L.K. (2019). The courage of vulnerability in teaching. *Thing Studios Workshop*, CU Denver.
- 2017** Forbes, L.K., (2017). Going deeper in session. *University of Colorado Denver Counseling Center*, Denver, CO.
- 2017** Forbes, L.K., (2017). Techniques for “difficult” clients. *University of Colorado Denver Counseling Center*, Denver, CO.
- 2012** Forbes, L.K., (2012). Myers Briggs Type Indicator: Team building. University of Northern Colorado *Office of Admissions*, Greeley, CO.
- 2011** Forbes, L.K., (2011). Myers Briggs Type Indicator: Leadership and Learning. *Center for Human Enrichment*, Greeley, CO.

PROFESSIONAL ORGANIZATIONS

- Member** Association for Play Therapy (#68318398)
- Member** American Counseling Association (#6253532)
- Member** Association for Counselor Education and Supervision
- Member** Rocky Mountain Association for Counselor Education and Supervision
- Member** Chi Sigma Iota Member (#063302)

PUBLICATIONS/CREATIVE WORKS IN PREPARATION

- Prop. Submitted** Forbes, L.K. (full proposal submitted). Book: *Re-Writing Play: A Systemic Model of Play Advocacy for Human Freedom*. MIT Press.
- Accepted w/rev** Forbes, L.K. (revisions). Playful pedagogy: An innovation in counselor education. *Association for Counselor Education Teaching Briefs*.
- Under Rev** Lamar, M., Donovan, C., Forbes, L.K., Speciale, M. & O’Brien, S. (Submitted for review). Examining the Multidimensional Scale of Perceived Social Support to Investigate Social Supports of Mothers. *Journal of Professional Counseling: Practice, Theory & Research*.
- Under Rev** Donovan, C., Lamar, M., Forbes, L.K., Speciale, M., & Alibrahim, N. (submitted for review). Examination of the DSM-5 level 2 substance use measure using Rasch modeling with United States parents. *Substance Use and Misuse*.
- Under Rev** Donovan, C., Alibrahim, N., Lamar, M., Forbes, L.K., Speciale, M., & Luce, C. (under review). Validation of the Alcohol Use Disorders Identification Test (AUDIT) using Rasch Modeling with United States Parents. *Drug and Alcohol Dependence*
- Under Rev** Donovan, C., Lamar, M., Forbes, L.K., Speciale, M., & Kaplon, E. (under review) A Bifactor Analysis of the Conformity to Feminine Norms Scale (CFNI-45) with United States Mothers. *Psychology of Sexual Orientation and Gender Diversity*.
- In progress** Cole, B., Spaziani, T., Jacobs, J., Fujinami, L., & Forbes, L. (in progress). Broaching sexuality, gender identity, & cissexism in therapeutic settings.

- In progress** Donovan, C., Lamar, M., **Forbes, L.K.**, & Speciale, M. (in progress). Female norms measure validation.
- In progress** Donovan, C., Lamar, M., **Forbes, L.K.**, & Speciale, M. (in progress). Analysis with mental health and male norms.
- In progress** Donovan, C., Lamar, M., **Forbes, L.K.**, & Speciale, M. (in progress). Predicting Alcohol and Substance Use.

COURSES TAUGHT

Consultation in the Helping Professions	(EPS 671/NAU)
Counseling Children, Adolescents, and their Parents	(COUN 6140/UCD)
Counseling Theories & Techniques	(EDUC-G 504/IU South Bend)
Crisis, Trauma, and Disaster Counseling	(EPS 669/NAU)
Family Therapy Theories	(COUN 5150/UCD)
First-Year Experience	(FYE 108 UNCO)
Group Counseling	(COUN 5110/UCD)
Group Counseling	(APCE 662/UNCO)
Individual Practicum of Counseling	(COUN 5910/UCD)
Internship of Counseling	(COUN 5930/UCD)
Introduction to Family & Community Services	(HDFR 2000/UCD)
Introduction to Play Therapy	(COUN 6529/UCD)
Lifespan and Human Development	(HDFR 1010/UCD)
Love, Couples, & Family	(HDFR 3400/UCD)
Love, Family, & Human Development	(HDFR 2200/UCD)
Research Methods in Psychology	(PSYCH 610/Univ of Phoenix)
Self-Management Techniques	(EPS 595/NAU)
Skills for Helping Profession	(HDFR 4090/UCD)
Supervision of Counseling Practicum	(EPS 692/NAU)
Supervision of Internship	(APCE 691/UNCO)
Techniques of Counseling	(COUN 5100/UCD)
Theories of Counseling	(EPS 601/NAU)
Trauma-Informed & Play Therapy in ECE	(HDFR 5830/UCD)

LEADERSHIP & SERVICE

- 2023 - Present** **Member - SEHD Leadership and Finance Committee**
- 2023 (fall)** **Search Committee - CU Denver Counseling Center Director Position**
- 2022 - Present** **Associate Director - ThingStudio at CU Denver**
 Serve as the Associate Director of ThingStudio to assist the Director as needed as well as support and encourage the Thing Faculty Fellows in fulfilling their goals and responsibilities.
- 2020 - Present** **Co-Founder of Professors at Play**
 Manage a global faculty group focused on playful pedagogy. We run workshops and symposiums, we have a blog, free resources, and a techniques book with a free PDF download.

- 2016 – Present** **Faculty Advisor - Chi Sigma Iota, Beta Alpha Omega, CU Denver**
 Serve as a Chapter Faculty Advisor for the counseling honor society, Chi Sigma Iota. Engage in meetings two times a month with the student officer board members to plan activities and manage membership. Serve in a mentorship role for the student office board and provide support/guidance for this organization.
- 2016 – Present** **Member - Counseling Program Committee, CU Denver**
 Engaged in meetings twice a month to maintain the counseling program. Review hundreds of applications a year (500/600 applications) for prospective students. Conduct in-person interviews and new student orientations two times a year. Engage in work related to our accrediting body, CACREP.
- 2020 – 2023** **Member - Anti-Racist Action and Advocacy**
 Serve on a faculty and staff committee that meets once to twice a month to discuss issues at CU Denver regarding racism and take action steps to dismantle white supremacy on campus.
- 2022 - 2023** **Faculty Fellow - Center for Excellence in Teaching/Learning, CU Denver**
 Serve in a leadership role in the CETL by supporting strategic university-wide teaching/learning initiatives. Serve as an advocate for CETL activities and communicate current programs to faculty. Design and run a 6-session series Community of Practice on playful pedagogy to revive teaching and learning.
- 2024 - 2025** **Selection Committee - Campus 2025 Excellence in Research/Creative Work Award**
 Winners of the Excellence in Research and Creative Work from previous years serve on a selection committee to select the next award winner. I won the SEHD Excellence in Research and Creative Work Award in 2024.
- 2023 - 2024** **Selection Comm - 2024 Award for Excellence in Practices Related to IRC Faculty**
 Winners of the Excellence in Practices Related to IRC faculty from previous years serve on a selection committee to select the next award winner. I was on this committee with my leadership work with ThingStudio - we won this award in 2023.
- 2023 - 2024** **Selection Committee - Campus 2024 Excellence in Teaching Award**
 Campus winners of the faculty excellence awards are to be selected by a committee composed of the school/college/library and campus award winners from the past two years.
- 2022 - 2023** **Selection Committee - Campus 2023 Excellence in Teaching Award**
 Campus winners of the faculty excellence awards are to be selected by a committee composed of the school/college/library and campus award winners from the past two years.
- 2020 - 2023** **Member - Digital Teaching and Learning Committee**
 Engage as a member to support SEHD faculty in their digital teaching and learning endeavors.
- 2019 – 2023** **Member - SEHD Merit Review Committee**
 Serve on the Merit Review Committee that reviews all SEHD faculty merit documents.

- 2020** **Member - Undergraduate Experience Symposium Planning Committee**
Served as a member of the Undergraduate Experience Symposium planning committee. This effort was put on hold due to COVID and the campus moving to virtual spaces.
- 2020-2021** **CO-Chair - ThingStudio Unconference Planning, CU Denver**
Planned, organized and conducted the 2021 ThingStudio Unconference.
- 2020-2021** **Faculty Mentor - ThingStudio University of Colorado Denver**
Support and help move the teaching and learning mission of the university forward. Promote and share practices in teaching and learning with colleagues by organizing and playing a strong leadership role in ThingStudio programming. Served as a support to the incoming Faculty Fellows.
- 2019 – 2020** **Faculty Fellow – ThingStudio University of Colorado Denver**
Supported and helped move the teaching and learning mission of the university forward. Promoted and shared practices in teaching and learning with colleagues by organizing and playing a strong leadership role in ThingStudio programming. In addition to Thing Studio programming, worked on a personal teaching project (infusing fun and play into my curriculum) and engaged in research to study to understand students’ experiences of learning through a playful pedagogy.
- 2020** **Reviewer - Rocky Mountain Association for Counselor Ed**
Reviewed conference proposals for the Rocky Mountain Association for Counselor Education and Supervision.
- 2019 – 2020** **Hiring Committee - Assistant Clinical Professor Position**
Promoted the position within counselor education listservs and at the national counselor education conference. Engaged in hiring committee charge and planning meetings, reviewed paper applications, engaged in Zoom interviews and final candidate on-campus interviews.
- 2020** **Hiring Committee - Senior Instructor Position CU Denver**
Engaged in hiring committee charge and planning meetings, reviewed paper applications, engaged in Zoom interviews and final candidate on-campus interviews.
- 2018 – 2019** **Chair - Curriculum Committee, SEHD, CU Denver**
Led committee meetings two times a month to review and approve course syllabi updates, and course changes/proposals, reviewed applications of graduate faculty instructors, and developed a new process to review syllabi that haven’t been reviewed in the past five years. As Chair of the Curriculum Committee, I led program meetings, made final decisions, signed approval forms, and communicated with program leads/deans when needed.
- 2016 – 2018** **Member - Curriculum Committee, SEHD, CU Denver**
Engaged in meetings two times a month to review and approve course syllabi updates, and course changes/proposals as well as reviewing applications of graduate faculty instructors.
- 2018** **Consultant for Theravue**

Theravue is a Canadian-based company that is developing an online training tool for counselors-in-training. I provided two 1-hour consultation sessions to utilize their software and provide feedback.

- 2018** **Reviewer - Rowman & Littlefield Book Proposal**
Women's Relational Rites of Passage: Understanding and Counseling Women across the Lifespan
- 2018** **Reviewer - Student Scholarship Applications**
Reviewed six scholarship applications for the Laurie Bond Memorial Scholarship and Assistance Fund, University of Colorado Denver.
- 2014 – 2017** **Co-Editor - Counseling & Wellness Journal, NAU**
Co-facilitated the successful development of the NAU Chi Sigma Iota- founded publication. Reviewed manuscripts and organized the dissemination of manuscript reviews to external reviewers.
- 2016** **Reviewer - Routledge Publishing**
Reviewed and provided feedback on the textbook proposal: Skill, Professionalism, Disposition, and Excellence in Counseling: Training Materials to Succeed and Grow.
- 2015** **Reviewer - Pearson Publishing**
Reviewed and provided feedback on the textbook: Group Work: Processes and Application by Bradley T. Erford
- 2014 – 2016** **Chapter Faculty Advisor - Chi Sigma Iota, Psi Omega Pi, Univ of Phoenix**
Supported the counseling honor society, Chi Sigma Iota, at the University of Phoenix.
- 2014 – 2015** **Faculty Liaison - Chi Sigma Iota, Beta Alpha, Northern Arizona University**
Supported the Phoenix-campus counseling students engaged in professional development through the counseling honor society, Chi Sigma Iota.
- 2014 – 2015** **Member - Counseling Committee, Northern Arizona University**
Engaged in counseling committee meetings; assisted in the decision-making process regarding the counseling programs within the Educational Psychology programs.
- 2014 – 2015** **Faculty Reviewer - Scholarship Review Committee, Northern Ariz. Univ.**
Reviewed graduate and undergraduate scholarship applications to make decisions regarding scholarship awards.
- 2014 – 2014** **Member - CACREP Assessment Planning Team, University of Phoenix**
Engaged in meetings discussing CACREP assessment within the counseling program.
- 2012 – 2013** **Past President - Chi Sigma Iota, Rho Epsilon Executive Committee, UNCO**
Provided support and leadership to the CSI Rho Epsilon executive committee and CSI members at UNC; assisted and supported the current president in leading the CSI executive committee; organized and implemented chapter philanthropy and community service events.
- 2011 – 2012** **President - Chi Sigma Iota, Rho Epsilon Executive Committee, UNCO**

Provided leadership to continue CSI Rho Epsilon traditions and expectations; led the chapter in creating new goals/expectations; oversaw the CSI executive committee throughout the year; organized and implemented chapter events; led executive board meetings to discuss chapter goals and events.

2010 – 2011

President-Elect - Chi Sigma Iota, Rho Epsilon Exec. Committee, UNCO

Worked alongside the president to acquire knowledge and skills necessary to become CSI president in the following year; engaged in board meetings to discuss chapter goals and events; personally established a CSI newsletter to be distributed to Rho Epsilon CSI students with announcements and upcoming events.

2009 – 2010

CFT Rep - Chi Sigma Iota, Rho Epsilon Executive Committee, UNCO

Engaged in board meetings to discuss chapter goals and events; advocated for students in the couples and family therapy program to ensure their needs were met; personally established a CSI newsletter to be distributed to Rho Epsilon CSI students with announcements and upcoming events.

2012

Member - Planning Committee Eating Disorders Awareness Week, UNCO

Engaged in meetings to assist in the planning of various activities related to eating disorder awareness to take place across campus.

2011 – 2012

Outreach Coordinator - Student Ambassador Leadership, UNCO

Engaged in weekly meetings at the Office of Admissions to brainstorm ideas and strengthen the Student Ambassador Program; served on various planning committees to plan student advocacy, and volunteer and social events.

2012

Volunteer - Substance Abuse & Addictions, Creative Counseling Center

Aided office staff in filing and creating intake packets to support program effectiveness; administered breathalyzer tests to clients to enforce program policy; observed psycho-educational and relapse prevention group therapy sessions.

2011

Co-Chair - 1st Annual Walk for Life Planning Committee

Planned and implemented the “1st Annual Walk for Life” – a suicide awareness walk for the UNC and Greeley communities; collaborated with UNC Counseling Center and North Range Behavioral Health Center; served as the Master of Ceremonies for the walk.

AWARDS

2023

Recipient - SEHD Excellence in Research Award (2023), CU Denver

This award is voted on by the faculty merit review committee.

2022

Recipient - CU Denver Excellence in Teaching Award (2022), CU Denver

All school and college excellence in teaching award winners submit teaching dossiers to be considered to win the cross-campus CU Denver Excellence in Teaching Award.

2021

Recipient - SEHD Excellence in Teaching Award (2021), CU Denver

This award is voted on by the faculty merit review committee based on the number of courses taught, students’ scores and feedback from the end-of-the-semester questionnaire,

and the quality and unique ways the faculty member engages in teaching and the scholarship of teaching.

- 2020** **Nominated - Dean's Master's Student Mentoring Award (2020), CU Denver**
This award went to a CU Denver faculty member who has demonstrated an outstanding commitment to mentoring, advising, and supporting graduate students. Award through the CU Denver Graduate School - nominated by a student.
- 2012** **Recipient - Volunteer Award (2011-2012), UNC, Greeley, CO**
The Women's Resource Center recognized my extensive volunteer efforts on campus.
- 2011** **Recipient - Dedication & Service Award (September 2011), UNCO**
Established and organized the first annual 2011 "Walk for Life" at the University of Northern Colorado. Recognized and awarded by North Range Behavioral Health Suicide Education and Support Services.
- 2010-2011** **Nominated - Most Inspiring Woman Award (2010-2011), UNC, Greeley, CO**
The Women's Resource Center award. I did not win but a supervisee nominated me.
- 2009-2010** **Recipient - Outstanding Service Award, CSI, Rho Epsilon Chapter, UNCO**
Awarded the outstanding service award for being highly involved in the CSI Rho Epsilon executive committee. Instituted and maintained the first CSI Rho Epsilon newsletter. Invited & inducted into Chi Sigma Iota National Honor Society, 2009.