

## **Lisa K. Forbes, PhD, LPC**

Assistant Clinical Professor  
School of Education and Human Development  
University of Colorado Denver  
1380 Lawrence Street  
P.O. Box 173364, Campus Box 106  
Denver, CO 80217  
lisa.forbes@ucdenver.edu

### **EDUCATION**

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<b>2014</b>	<b>University of Northern Colorado</b> Doctorate, Counselor Education & Supervision Emphasis area: Couples & Family Therapy Minor: Statistical Research Methods	<b>Greeley, CO</b>
<b>2010</b>	<b>University of Northern Colorado</b> Master of Arts, Clinical Counseling Concentration: Couples & Family Therapy	<b>Greeley, CO</b>
<b>2006</b>	<b>California State University, Fullerton</b> Bachelor of Science, Child & Adolescent Development	<b>Fullerton, CA</b>

### **LICENSURE**

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**Clinical License** Licensed Professional Counselor in Colorado (LPC - #0015348)

### **PROFESSIONAL EXPERIENCE**

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<b>2016 – Present</b>	<b>Assistant Clinical Professor, University of Colorado Denver</b> Teach 8-9 courses per year in the mental health Counseling Program. Provide supervision to practicum and internship students.
<b>2021 - Present</b>	<b>Play Therapist, Child &amp; Adolescent Counseling of Denver</b> Provide play therapy services to children at a private practice in Denver.
<b>2019 – 2020</b>	<b>Pro Bono Play Therapist, Mile High Early Learning</b> Provided pro bono play therapy services to children 3-5 years old. Due to COVID, was unable to continue providing services inside the school.
<b>2017 – 2020</b>	<b>Counseling Center, CU Denver</b> Provided pro bono counseling services to adult clients and play therapy services to children.
<b>2017 – 2019</b>	<b>Social Worker, Medical Center of Aurora</b> Social Worker II PRN: provided psychological intakes/discharges and ran group counseling sessions, completed paperwork, and coordinated care for the inpatient psychiatric patients across three units: adolescents, adult, & geriatric.
<b>2016 – 2018</b>	<b>Assistant Clinical Professor, University of Colorado Denver</b>

**Counseling Program | Human Development & Family Relations Program**  
My first two years at CU Denver was a half faculty appointment in the undergraduate HDFR program and a half appointment in the Master's level Counseling Program. In 2018, I transitioned full time to the Counseling Program.

- 2016 – 2016**      **Adjunct Faculty, Indiana University, South Bend (Online)**
- 2015 – 2016**      **Adjunct Faculty, University of Northern Colorado**
- 2014 – 2015**      **Assistant Clinical Professor, Northern Arizona University - Phoenix**  
Taught 8 courses during a one-year faculty appointment. Also provided clinical supervision to practicum students.
- 2014 – 2015**      **Valley Hospital of Phoenix, AZ**  
Therapist: provided counseling to adults in an inpatient psychiatric hospital through individual and group therapy formats.
- 2014**              **Adjunct Faculty, University of Phoenix**
- 2010**              **Undergraduate Instructor, University of Northern Colorado**  
First Year Experience – APA style writing, writing papers, choosing a major, study abroad, personal issues, financial wellness, assault prevention and response.

#### **PEER-REVIEWED PUBLICATIONS**

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- 2022**              **Forbes, L.K., Lamar, M., Speciale, M., & Donovan, C. (2022).** Mothers' and fathers' parenting attitudes during COVID-19. *Current Psychology*, 41, 470-479.
- 2021**              **Lamar, M.R., Speciale, M., Forbes, L.K., & Donovan, C. (2021).** The Mental Health of U.S. Parents During the COVID-19 Pandemic. *Journal of Mental Health Counseling*, 43(4), 319-335.
- 2021**              **Forbes, L.K. (2021).** The process of playful learning in higher education: A phenomenological study. *Journal of Teaching and Learning*, 15(1), 57-73.
- 2020**              **Lamar, M. R., & Forbes, L. K. (2020)** A phenomenological investigation into the role of intensive mothering in working mothers' career experiences, *Journal of Counselor Leadership and Advocacy*. doi: 10.1080/2336716X.2020.1753596
- 2020**              **Forbes, L. K., Lamar, M.R., & Bornstein, R.S. (2020).** Working mothers' experiences in an intensive mothering culture: A phenomenological qualitative study. *Journal of Feminist Family Therapy*, 1-25. doi:10.1080/08952833.2020.1798200
- 2020**              **Forbes, L.K., Donovan, C.V., & Lamar, M.R. (2020).** Differences in intensive parenting attitudes and gender norms among U.S. mothers. *The Family Journal*, 28(1), 63-71.
- 2019**              **Lamar, M., Forbes, L.K., & Capasso, L. (2019).** Helping working mothers face

the challenge of an intensive mothering culture. *Journal of Mental Health Counseling*, 41(3), 203-220.

- 2018 Streer, M., Forbes, L.K., & Parra, J. (2018). Procedures, pitfalls, and product: Delphi methodology in counselor education research. *Counseling Outcome Research and Evaluation*, 9(1), 55-66.

## PEER REVIEWED BOOKS AND BOOK CHAPTERS

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- 2017 Glavin, K.W., Haag, R.A., & Forbes, L.K., (2017). Fostering career adaptability and resilience and promoting employability using life design counseling. In Kobus, M. (Ed.), *The psychology of career adaptability, employability, and resilience* (pgs 433-445). New York, NY: Springer Publishing Company.

## GRANTS

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- 2020 Awarded (5/2020). Parenting Attitudes during COVID-19. PI: Margaret Lamar, Co-PIs: Courtney Donovan, Lisa Forbes, and Megan Speciale.
- Applied for \$14,227
  - Received \$7,500 to fund this quantitative research project.
  - Funds awarded by: The Office of Research Services (ORS).
- 2020 Awarded (3/2020). Teaching Enhancement Grant titled: *Students' Experiences of Playful Pedagogy: Use of Play and Games in Learning*. PI: Lisa Forbes
- Applied for \$1,200
  - Received \$1,200 to fund my qualitative study of my own teaching.
  - Funds awarded by: Center for Excellence in Teaching and Learning at CU Denver.
- 2019 Awarded (11/2019). Chi Sigma Iota Statewide/Regional Networking Grant – Michelle Saltis, Lisa Forbes, Diane Stutey, & Angela Weingartner.
- Applied for \$1,000 - Received \$800
  - Funds to execute a play therapy symposium held by: CU Denver, UCCS, and UNC CSI chapters to be held at CU Denver in September 2020.
  - Funds awarded by: Chi Sigma Iota National Counseling Honor Society
- 2019 Applied but denied (2019): *Intensive Parenting Scale: Mothers and Fathers' Attitudes and Well-being*. PI: Lisa Forbes, Co-PI: Courtney Donovan and Margaret Lamar.
- Applied to: CU Denver Office of Research Services
- 2018 Applied but denied (2018): *The Relationship between Mothers' Mental Health, Gender Conformity, and Intensive Mothering*. PI: Lisa Forbes, Co-PI: Courtney Donovan and Margaret Lamar.
- Applied to: CU Denver Office of Research Services
- 2018 Awarded (11/2018). *Becoming a Play Therapist*. Lisa Forbes, Professional Development Fund Request
- Applied for \$1,000 - Received \$1,000
  - Funds awarded by: CU Denver School of Education and Human Development



Play Research. *Playful Humans Podcast*.

- 2022 Forbes, L.K. (2022). Weekly Guest on Miller Communication Livestream Show - LEGO-Play. Miller Communication.  
<https://www.miller-communications.com/lego-play>
- 2022 Forbes, L.K. (2022). Meet Lisa Forbes - Assistant Clinical Professor, Play Therapist, and Co-Creator of Professors at Play. *Interview with Shoutout Colorado*.  
<https://shoutoutcolorado.com/meet-lisa-forbes-assistant-clinical-professor-play-therapist-and-co-creator-of-professors-at-play/>
- 2021 Forbes, L.K. & Thomas, D. (2021). Professors at Play in Higher Education. *Podcast interview with "This Week" in Education*.  
<https://www.youtube.com/watch?v=-MBIZFwKxB0&t=1s>
- 2021 Forbes, L. (2021). Playfully Interrogating our Practice. *ThingStudio Blog*.  
<https://thingstudio.ucdenver.edu/2021/02/16/playfully-interrogating-our-practice>
- 2021 Forbes, L. (2021). Featured on the Playful Voices Blog on the Playful University Platform. <https://open-tdm.au.dk/blogs/playuni/2021/09/16/12-lisa-k-forbes/>
- 2021 Forbes, L. & Thomas, D. (2021). Professors at Play with Lisa Forbes and David Thomas. *Think UDL Podcast*. Episode 67:  
<https://thinkudl.org/episodes/professors-at-play-with-lisa-forbes-and-david-thomas>
- 2021 Forbes, L. (2021). Guest Blog. Four Principles of Pedagogical Playfulness. *Psychology Today*, Education Blog.  
<https://www.psychologytoday.com/us/blog/the-ethical-professor/202108/four-principles-pedagogical-playfulness>
- 2021 Forbes, L. & Thomas, D. (2021). The Power of Play: Using Play to Break up Lectures and Improve Student Learning (Part 2). *Lecture Breakers Podcast*, podcast interview.  
<https://barbihoneycutt.com/blogs/podcast/episode-86-the-power-of-play-using-play-to-break-up-your-lectures-and-improve-student-learning-part-2-with-dr-david-thomas-and-dr-lisa-forbes>
- 2021 Thomas, D. & Forbes, L. (2021). The Power of Play: Using Play to Break up Lectures and Improve Student Learning (Part 1). *Lecture Breakers Podcast*, podcast interview.  
<https://barbihoneycutt.com/blogs/podcast/episode-85-the-power-of-play-using-play-to-break-up-your-lectures-and-improve-student-learning-part-1-with-dr-david-thomas-and-dr-lisa-forbes>
- 2021 Cavanagh, T., Dunn, S., Forbes, L., Pelletier, K., Pfeifer-Luckett, R. & Thomas, D. (2021). Techniques for student engagement. *EDUCAUSE Exchange*, podcast interview.  
<https://er.educause.edu/podcasts/educause-exchange/techniques-for-student-engagement>
- 2021 Lamar, M. & Forbes, L. (2021). Mothers' mental health, well-being, and intensive mothering practices. *Peak Connection Podcast*, Podcast interview.  
<https://www.peakconnection.net/podcast/episode/496b5c93/the-second-pandemic>

[rising-substance-abuse-and-mental-illness-among-parents](#)

- 2021 Lamar, M. & Forbes, L. (2021). The impact of intensive mothering on mothers' mental health. *Peak Connection Podcast*, Podcast interview. <https://www.peakconnection.net/podcast/episode/4c7e5c12/the-impact-of-intensiv-e-mothering-on-maternal-mental-health>
- 2020 Forbes, L.K., & Thomas, D. (2020). Podcast Conversation with Lisa K. Forbes and David Thomas - Play in Learning. Teaching and Learning Online Network (TALON). <https://taloncloud.ca/Lisa-Forbes-David-Thomas>
- 2020 Forbes, L.K. (2020). Fostering fun: Engaging students with asynchronous learning. *Faculty Focus*, June 17th, 2020. <https://www.facultyfocus.com/articles/online-education/online-student-engagem-ent/fostering-fun-engaging-students-with-asynchronous-online-learning/>
- 2020 Forbes, L.K. (2020). A game a day: Fun and dynamic synchronous learning. *Faculty Focus*, Aug 17th, 2020. <https://www.facultyfocus.com/articles/online-education/online-student-engagem-ent/a-game-a-day-fun-and-dynamic-synchronous-online-learning/>
- 2020 Forbes, L.K. (2020). Play in the time of COVID. *EDUCAUSE Review*, Nov 5th, 2020. <https://er.educause.edu/blogs/2020/11/play-in-the-time-of-covid-19>
- 2020 Forbes, L.K. (2020). It's Okay to Play. *Monday Morning Mentor*, School of Education and Human Development electronic mailing list newsletter. University of Colorado Denver, CO. August 26th.
- 2020 Forbes, L.K. (2020). How I Teach: Play, Fun, and Community. *HFT Summer Academy*, CU Denver, Denver, CO. <https://thingstudio.us/how-i-teach-play-fun-and-community-2/>
- 2020 Forbes, L.K. (2020). Are You a Mother? Partnered to a Mother? Know a Mother? *Monday Morning Mentor*, School of Education and Human Development electronic mailing list newsletter. University of Colorado Denver, CO. May 4th.
- 2019 Forbes, L.K. (2019). Deliberately focusing on authenticity. *CU Connections Faculty Voices*. University of Colorado Denver, CO. <https://connections.cu.edu/stories/cu-faculty-voices-deliberately-focusing-authenti-city>
- 2018 Forbes, L.K. (2018). Talent is Overrated. *Monday Morning Mentor*, School of Education and Human Development electronic mailing list newsletter. University of Colorado Denver, CO.
- 2018 Forbes, L.K., & Lamar, M.R. (2018). Speaking to the needs of women in counseling. Interviewed for a feature article in *Counseling Today*, 60(7). <https://ct.counseling.org/2018/01/speaking-needs-women-counseling/>
- 2017 Lamar, M.R., & Forbes, L.K., (2017). Identity development of working mothers: How to support their mental health needs. Invited guest interview on *The Thoughtful Counselor Podcast*.



## **NON-PEER REVIEWED BOOK CHAPTERS**

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- 2021** Forbes, L.K. (2021). Playful voices of academia: On professional playfulness. In Nørgård, R.T., Sohleim, J.E.M, & Bukholt, K.J. (Eds.). *Playful higher education: Voices, activities & co-creations from the PUP community* (171-174). Aarhus University: Center for Higher Education Futures.  
<https://acrobat.adobe.com/link/track?uri=urn:aaid:scds:US:20b3ae83-7c77-353d-8973-d83db60b606e#pageNum=1>

## **PEER REVIEWED PRESENTATIONS AT CONFERENCES**

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- 2021** Troyann, G., Brown, M., & Forbes, L.K. (2021). Broaching the Topic of Broaching: Preparing Counseling Students to Engage in Intersectional Dialogues. *Association for Counselor Education and Supervision National Conference*, Virtual.
- 2020** Forbes, L.K. (2020). Wanna play? Incorporating playful pedagogy in counselor education. *Rocky Mountain Association for Counselor Education and Supervision Regional Conference*, Virtual.
- 2020** Donovan, C., Lamar, M., Forbes, L.K., & O'Brien, S. (2020). Mothers' mental health status in the United States. *American Educational Research Association (AERA) Annual Meeting*, San Francisco, CA. (Canceled due to COVID)
- 2020** Lamar, M., Forbes, L.K. & Donovan, C. (2020). Counseling moms in a challenging social environment: New findings and best practices. *American Counseling Association National Conference*, San Diego, CA. (Moved to virtual).
- 2020** Lamar, M., Speciale, M., & Forbes, L. (2020). Parenting in a pandemic: New research on the impact of COVID-19 on parent's mental health. *American Counseling Association National Conference*, San Diego, CA. (Moved to virtual).
- 2019** Forbes, L.K. & Lamar, M. (2019). Gender roles, motherhood, and mental health: Supporting working mothers in counselor education. *Association for Counselor Education and Supervision National Conference*, Seattle, WA.
- 2019** Forbes, L.K., & Gentile, T. (2019). A metaphor is worth a thousand words. *Colorado Counseling Association Conference*, Lakewood, CO.
- 2018** Weingartner, A., Forbes, L.K., & Fulling-Smith, J. (2018). You graduated, now what? How to land the job that's right for you. *Association for Counselor Education and Supervision Regional Conference*, Park City, UT.
- 2018** Lamar, M. & Forbes, L.K., (2018). Understanding working mother's experiences within an intensive mothering culture. *Winter Roundtable on Cultural Psychology and Education: Nevertheless She Persisted Conference*, New York, NY.
- 2017** Campbell, J., Rogalla, K., Forbes, L.K., Larrier, Y., & Linton, J. (2017). Welcome to the academy! Obtaining and keeping an academic appointment. *Association for Counselor Education and Supervision National Conference*, Chicago, IL.

- 2017 Lamar, M., & Forbes, L.K., (2017). Beyond having it all: Supporting working mothers in counselor education. *Association for Counselor Education and Supervision National Conference*, Chicago, IL.
- 2017 Forbes, L.K., & Lamar, M. (2017). Identity development of working mothers: How to support their mental health needs. *American Counseling Association Conference*, San Francisco, CA.
- 2016 Forbes, L. (2016). What exactly does an incompetent or deficient counseling student look like? Western *Association for Counselor Education and Supervision Regional Conference*, Steamboat Springs, CO.
- 2016 Forbes, L.K., & Black, L. (2016). Developing counselor expertise for counselors and supervisors: Utilization of deliberate practice. *Colorado Counseling Association Conference*, Denver, Co.
- 2015 Strear, M., Forbes, L.K., Parra, J. (2015). Procedures, pitfalls, & product: The many uses of Delphi methodology in counselor education research. ACES Inform: *Association for Counselor Ed. & Supervision National Conference*, Philadelphia, PA.
- 2013 Forbes, L.K., (2013). A look at impaired counseling students and the importance of counselor education's admission procedures. *Association for Counselor Education and Supervision National Conference*, Denver, CO.
- 2012 Forbes, L.K., (2012). Bridging the pedagogical gap between theory & practice within counselor education. *Rocky Mountain ACES Regional Conference*. Park City, UT.
- 2012 Osterlund, L. C. & Forbes, L.K., (2012). The leadership skills of the counselor: The impact of leadership on the counseling relationship and counselor self-efficacy. *Colorado Counseling Association Annual Conference*: Imagine...Colorado Counselors Moving Forward, Looking Back. Denver, CO.
- 2012 Osterlund, L. C. & Forbes, L.K., (2012). Counselor leadership skills, counseling relationships and counselor self-efficacy. *38<sup>th</sup> Advanced International Winter Symposium*; Addictive Disorders, Behavioral Health, and Mental Health. Colorado Springs, CO.
- 2011 Murdock, J., Stutey, D., Rogalla, K., Moore, M., Forbes, L.K., Henderson, A., Dietz, H., (2011). Rodarte community center: Career fun day. *5<sup>th</sup> Annual Embracing Community Symposium*, Greeley, CO.
- 2011 Murdock, J., Helm, H., Moore, M., Diets, H., Stutey, D., Rogalla, K., Forbes, L.K., Henderson, A. (2011). A creative learning experience to immerse counselor education students in understanding the importance and procedures of the CACREP Accreditation process using the 2009 CACREP Standards. *Association for Counselor Education and Supervision National Conference*, Nashville, TN.
- 2011 Forbes, L.K., & Black, L. (2011). Between a rock and a hard place: Successful transitions among multiple roles. *Research Day*, Greeley, CO.



## NON-PEER REVIEWED PRESENTATIONS

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- 2022 Forbes, L.K. & Thomas, D. (2022). Keynote Address: Playful Online Learning: Engagement, Joy, and Connection. *Counselor Education Distance Learning Conference*. Virtual.
- 2022 Forbes, L.K. (2022). Playful Pedagogy: A Mindset, Action, and Philosophy. *The Adler University*. Doctoral pedagogy course guest lecture, virtual.
- 2021 Forbes, L.K. (2021). Play in Teaching and Learning. *Invited Talk at the New Faculty Orientation Fall 2021* at CU Denver.
- 2021 Forbes, L.K. (2021). A playful pedagogy in counselor education. *The Adler University*. Doctoral pedagogy course guest lecture, virtual.
- 2021 Thomas, D. & Forbes, L.K. (2021). The future is FUN: The transformational power of play. *ShapingEDU Winter Games*, Arizona State University, Virtual.
- 2020 Forbes, L.K. (2020). Intensive mothering ideology and mother, child, and family outcomes. *Proseminar in Child, Youth, and Family Studies* for doctoral students. Learning, Development and Family Sciences Program CU Denver.
- 2020 Lamar, M. & Forbes, L.K. (2020). Mothering while protecting our mental health. Invited speaker at *Virginia Beach Mothers of Preschoolers*, virtual meeting.
- 2019 Forbes, L.K. & Thomas, D. (2019). Engaging students by developing trust through FUN! *Anschutz Medical Campus, School of Pharmacy*, Aurora, CO.
- 2019 Thomas, D. & Forbes, L.K. (2019). Set your phasers to FUN! *CU Denver Online Spring Symposium*, Denver, CO.
- 2018 Forbes, L.K., (2018). What you need to know: Preventing childhood sexual abuse. *Joshua Early Childhood Learning Center*, Centennial, CO.
- 2011 Moore, M., Forbes, L.K., Henderson, A., & Rogalla, K. (2011). Interactive Myers Briggs Type Indicator activity: leadership and diversity. *6<sup>th</sup> Annual Youth Summit on Diversity and Leadership*, Greeley, CO.
- 2011 Helm, H., Murdock, J., & Forbes, L.K., (2011). Myers Briggs Type Indicator: Teamwork and communication. Colorado State University Women's Softball Team, Fort Collins, CO.

## SEMINARS/WORKSHOPS PRESENTED

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- 2022 Forbes, L. (2022). Designing a Playful Classroom and Increasing Student Learning. *Lunch and Learn for the Center for Excellence in Teaching and Learning* at CU Denver.
- 2021 Forbes, L. (2021). Harnessing the power of play: Playful pedagogy in higher education. *Lunch and Learn for the Center for Excellence in Teaching and Learning* at CU Denver.
- 2020 Forbes, L.K. (2020). Play therapy. *Student and Community Counseling Center*, CU

Denver. Master's level practicum guest seminar.

- 2020** Forbes, L.K. (2020). Fostering classroom discussions in Zoom with play. *Center for Excellence in Teaching and Learning Community of Practice*, CU Denver.
- 2020** Forbes, L.K. (2020). Filial therapy at home. *Mile High Early Learning Preschool*: Denver, CO.
- 2019** Forbes, L.K. (2019). The courage of vulnerability in teaching. *Thing Studios Workshop*, CU Denver.
- 2017** Forbes, L.K., (2017). Going deeper in session. *University of Colorado Denver Counseling Center*, Denver, CO.
- 2017** Forbes, L.K., (2017). Techniques for "difficult" clients. *University of Colorado Denver Counseling Center*, Denver, CO.
- 2012** Forbes, L.K., (2012). Myers Briggs Type Indicator: Team building. University of Northern Colorado *Office of Admissions*, Greeley, CO.
- 2011** Forbes, L.K., (2011). Myers Briggs Type Indicator: Leadership and Learning. *Center for Human Enrichment*, Greeley, CO.

## **PROFESSIONAL ORGANIZATIONS**

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- Member** Association for Play Therapy Member (#68318398)
- Member** American Counseling Association Member (#6253532)
- Member** Association for Counselor Education and Supervision Member
- Member** Chi Sigma Iota Member (#063302)

## **PUBLICATIONS/CREATIVE WORKS IN PREPARATION**

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- Editing** Forbes, L.K., & Thomas, D. (editing). The Professors at Play Playbook: Playful pedagogy to transform higher education. *Carnegie Mellon ETC Press*.
- In progress** Cole, B., Spaziani, T., Jacobs, J., Fujinami, L., & Forbes, L. (in progress). Broaching sexuality, gender identity, & cissexism in therapeutic settings.
- In progress** Lamar, M., Forbes, L.K., & Donovan, C. (in progress). Mental Health of Mothers in the USA.
- Submitted** Lamar, M., Donovan, C., & Forbes, L. (Submitted for review). Parents' Social Support during COVID-19.
- Data analysis** Forbes, L.K. (study in progress). Play experts discussion of play and it's essential characteristics: A Delphi study.

## **COURSES TAUGHT**

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- Consultation in the Helping Professions (EPS 671/NAU)  
Counseling Children, Adolescents, & Their Parents (COUN 6140/UCD)

Counseling Theories & Techniques	(EDUC-G 504/IU South Bend)
Crisis, Trauma, and Disaster Counseling	(EPS 669/NAU)
Family Therapy Theories	(COUN 5150/UCD)
First Year Experience	(FYE 108 UNCO)
Group Counseling	(COUN 5110/UCD)
Group Counseling	(APCE 662/UNCO)
Individual Practicum of Counseling	(COUN 5910/UCD)
Internship of Counseling	(COUN 5930/UCD)
Introduction to Family & Community Services	(HDFR 2000/UCD)
Lifespan and Human Development	(HDFR 1010/UCD)
Love, Couples, & Family	(HDFR 3400/UCD)
Love, Family, & Human Development	(HDFR 2200/UCD)
Research Methods in Psychology	(PSYCH 610/Univ of Phoenix)
Self-Management Techniques	(EPS 595/NAU)
Skills for Helping Profession	(HDFR 4090/UCD)
Supervision of Counseling Practicum	(EPS 692/NAU)
Supervision of Internship	(APCE 691/UNCO)
Techniques of Counseling	(COUN 5100/UCD)
Theories of Counseling	(EPS 601/NAU)
Trauma-Informed & Play Therapy in ECE	(HDFR 5830/UCD)

## **LEADERSHIP & SERVICE**

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- 2020 - Present**     **Member - Digital Teaching and Learning Committee**  
Engage as a member to support SEHD faculty in their digital teaching and learning endeavors.
- 2020 - Present**     **Co-Chair - Chi Sigma Iota Play Therapy Symposium Committee**  
This is a group of Chi Sigma Iota chapter leaders from several institutions within Colorado (CU Denver, UCCS, UNCO, and Adams State). The group received a grant from Chi Sigma Iota national to put on a play therapy symposium. This was initially planned for Sept 2020 but due to COVID, we had to postpone the event.
- 2020 - present**     **Member - Anti-Racist Action and Advocacy**  
Serve on a faculty and staff committee that meets once to twice a month to discuss issues at CU Denver regarding racism and takes action steps to dismantle white supremacy on campus.
- 2016 – Present**     **Faculty Advisor - Chi Sigma Iota, Beta Alpha Omega, CU Denver**  
Serve as a Chapter Faculty Advisor for the counseling honor society, Chi Sigma Iota. Engage in meetings two times a month with the student officer board members to plan activities and manage membership. Serve in a mentorship role for the student office board and provide support/guidance for this organization.
- 2016 – Present**     **Member - Counseling Program Committee, CU Denver**  
Engaged in meetings twice a month to maintain the counseling program. Review hundreds of applications a year (500/600 applications) for prospective students. Conduct in-person interviews and new student orientations two times a year. Engage in work related to our accrediting body, CACREP.

- 2019 – Present**      **Member, SEHD Merit Review Committee**  
Serve on the Merit Review Committee that reviews all SEHD faculty merit documents.
- 2020**                      **Member - Undergraduate Experience Symposium Planning Committee**  
Served as a member of the Undergraduate Experience Symposium planning committee. This effort was put on hold due to COVID and campus moving to virtual spaces.
- 2020-2021**              **Faculty Mentor, ThingStudio**  
Support and help move the teaching and learning mission of the university forward. Promote and share practices in teaching and learning with colleagues by organizing and playing a strong leadership role in ThingStudio programming. Served as a support to the incoming Faculty Fellows.
- 2020-2021**              **CO-Chair, ThingStudio Unconference Planning**  
Planned, organized, and conducted the 2021 ThingStudio Unconference
- 2019 – 2020**              **Faculty Fellow, ThingStudio**  
Supported and helped move the teaching and learning mission of the university forward. Promoted and shared practices in teaching and learning with colleagues by organizing and playing a strong leadership role in Thing Studio programming. In addition to Thing Studio programming, worked on a personal teaching project (infusing fun and play in my curriculum) and engaged in research to study to understand students' experiences of learning through a playful pedagogy.
- 2020**                      **Reviewer, Rocky Mountain Association for Counselor Ed**  
Reviewed eight conference proposals for the Rocky Mountain Association for Counselor Education and Supervision.
- 2019 – 2020**              **Hiring Committee, Assistant Clinical Professor Position**  
Promoted the position within counselor education listserves and at the national counselor education conference. Engaged in hiring committee charge and planning meetings, reviewed paper applications, engaged in Zoom interviews and final candidate on-campus interviews.
- 2020**                      **Hiring Committee, Senior Instructor Position CU Denver**  
Engaged in hiring committee charge and planning meetings, reviewed paper applications, engaged in Zoom interviews and final candidate on-campus interviews.
- 2018 – 2019**              **Chair, Curriculum Committee, SEHD, CU Denver**  
Lead committee meetings two times a month to review and approve course syllabi updates, course changes/proposals, reviewing applications of graduate faculty instructors, and developed a new process to review syllabi that haven't been reviewed in the past five years. As Chair of the Curriculum Committee, I led program meetings, made final decisions, signed approval forms, and communicated with program leads/deans when needed.

- 2016 – 2018**      **Member, Curriculum Committee, SEHD, CU Denver**  
Engaged in meetings two times a month to review and approve course syllabi updates, course changes/proposals as well as reviewing applications of graduate faculty instructors.
- 2018**              **Consultant for Theravue**  
Theravue is a Canadian-based company that is developing an online training tool for counselors-in-training. I provided two 1-hour consultation sessions to utilize their software and provide feedback.
- 2018**              **Reviewer, Rowman & Littlefield Book Proposal**  
Women’s Relational Rites of Passage: Understanding and Counseling Women across the Lifespan
- 2018**              **Reviewer, Student Scholarship Applications**  
Reviewed six scholarship applications for the Laurie Bond Memorial Scholarship and Assistance Fund, University of Colorado Denver.
- 2014 – 2017**      **Co-Editor, Counseling & Wellness Journal, NAU**  
Co-facilitated the successful development of the NAU Chi Sigma Iota-founded publication. Reviewed manuscripts and organized the dissemination of manuscript reviews to external reviewers.
- 2016**              **Reviewer, Routledge Publishing**  
Reviewed and provided feedback on the textbook proposal: Skill, Professionalism, Disposition and Excellence in Counseling: Training Materials to Succeed and Grow.
- 2015**              **Reviewer, Pearson Publishing**  
Reviewed and provided feedback on the textbook: Group Work: Processes and Application by Bradley T. Erford
- 2014 – 2016**      **Chapter Faculty Advisor, Chi Sigma Iota, Psi Omega Pi, Univ of Phoenix**  
Supported the counseling honor society, Chi Sigma Iota, at the University of Phoenix.
- 2014 – 2015**      **Faculty Liaison, Chi Sigma Iota, Beta Alpha, Northern Arizona University**  
Supported the Phoenix-campus counseling students engaged in professional development through the counseling honor society, Chi Sigma Iota.
- 2014 – 2015**      **Member, Counseling Committee, Northern Arizona University**  
Engaged in counseling committee meetings; assisted in the decision making process regarding the counseling programs within the Educational Psychology programs.
- 2014 –2015**      **Faculty Reviewer, Scholarship Review Committee, Northern Arizona Univ.**  
Reviewed graduate and undergraduate scholarship applications to make decisions regarding scholarship awards.
- 2014 – 2014**      **Member, CACREP Assessment Planning Team, University of Phoenix**  
Engaged in meetings discussing CACREP assessment within the counseling program.

- 2012 – 2013**      **Past President, Chi Sigma Iota, Rho Epsilon Executive Committee, UNCO**  
 Provided support and leadership to the CSI Rho Epsilon executive committee and CSI members at UNC; assisted and supported the current president in leading the CSI executive committee; organized and implemented chapter philanthropy and community service events.
- 2011 – 2012**      **President, Chi Sigma Iota, Rho Epsilon Executive Committee, UNCO**  
 Provided leadership to continue CSI Rho Epsilon traditions and expectations; led the chapter in creating new goals/expectations; oversaw the CSI executive committee throughout the year; organized and implemented chapter events; led executive board meetings to discuss chapter goals and events.
- 2010 – 2011**      **President Elect, Chi Sigma Iota, Rho Epsilon Executive Committee, UNCO**  
 Worked alongside the president to acquire knowledge and skills necessary to become CSI president in following year; engaged in board meetings to discuss chapter goals and events; personally established a CSI newsletter to be distributed to Rho Epsilon CSI students with announcements and upcoming events.
- 2009 – 2010**      **CFT Rep, Chi Sigma Iota, Rho Epsilon Executive Committee, UNCO**  
 Engaged in board meetings to discuss chapter goals and events; advocated for students in the couples and family therapy program to ensure their needs were met; personally established a CSI newsletter to be distributed to Rho Epsilon CSI students with announcements and upcoming events.
- 2012**              **Member, Planning Committee, Eating Disorders Awareness Week, UNCO**  
 Engaged in meetings to assist in the planning of various activities related to eating disorder awareness to take place across campus.
- 2011 – 2012**      **Outreach Coordinator, Student Ambassador Leadership, UNCO**  
 Engaged in weekly meetings at the Office of Admissions to brainstorm ideas and strengthen the Student Ambassador Program; served on various planning committees to plan student advocacy, volunteer and social events.
- 2012**              **Volunteer, Substance Abuse & Addictions, Creative Counseling Center**  
 Aided office staff in filing and creating intake packets to support program effectiveness; administered breathalyzer tests to clients to enforce program policy; observed psycho-educational and relapse prevention group therapy sessions.
- 2011**              **Co-Chair, 1st Annual Walk for Life Planning Committee**  
 Planned and implemented the “1<sup>st</sup> Annual Walk for Life” – a suicide awareness walk for the UNC and Greeley communities; collaborated with UNC Counseling Center and North Range Behavioral Health Center; served as the Master of Ceremonies for the walk.

## AWARDS

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- 2021**              **Recipient, SEHD Excellence in Teaching Award (2021), CU Denver**

This award is voted on by the faculty merit review committee based on the amount of courses taught, students' scores and feedback from end-of-the-semester questionnaire, and the quality and unique ways the faculty member engages in teaching and the scholarship of teaching.

- 2020**                    **EDUCAUSE Review Author Badge (2020)**, EDUCAUSE Review  
Badge earners are strategic thinkers and innovators in higher education. They contributed their thought leadership and authored an article or blog post for EDUCAUSE Review, the EDUCAUSE open-access digital and quarterly print flagship publication for the higher education information and technology community.
- 2020**                    **Nominated, Dean's Master's Student Mentoring Award (2020)**, CU Denver  
This award went to a CU Denver faculty member who has demonstrated an outstanding commitment to mentoring, advising, and supporting graduate students. Award through the CU Denver Graduate School - nominated by a student.
- 2011-2012**            **Recipient, Volunteer Award (2011-2012)**, UNC, Greeley, CO  
The Women's Resource Center recognized my extensive volunteer efforts on campus.
- 2011**                    **Recipient, Dedication & Service Award (September 2011)**, UNCO  
Established and organized the first annual 2011 "Walk for Life" at the University of Northern Colorado. Recognized and awarded by North Range Behavioral Health Suicide Education and Support Services.
- 2010-2011**            **Nominated, Most Inspiring Woman Award (2010-2011)**, UNC, Greeley, CO  
The Women's Resource Center award. I did not win but a supervisee nominated me.
- 2009-2010**            **Recipient, Outstanding Service Award**, CSI, Rho Epsilon Chapter, UNCO  
Awarded the outstanding service award for being highly involved in the CSI Rho Epsilon executive committee. Instituted and maintained the first CSI Rho Epsilon newsletter. Invited & inducted into Chi Sigma Iota national honor society, 2009