Chaya M. Abrams, Ph.D., LPC, LAC

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**EDUCATION**

Doctor of Philosophy Counselor Education and Supervision

**Adams State University, Alamosa, Colorado**  2019

Program of Study: Counselor Education And Supervision (CACREP accredited)

Dissertation: *Partners in story: Connecting to sacred stories in historical trauma response within psychotherapy.* 13 May, 2019

Chair: Laura Bruneau, Ph.D.

Master of Arts

**Regis University, Denver, Colorado**  2007

Program of Study: Counseling (CACREP-accredited).

Graduate honors (4.0 Grade Point Average)

Bachelor of Arts

**Thomas Edison State College, Trenton, New Jersey**  1999

Program of Study: Humanities/The Arts

**TEACHING EXPERIENCE**

Assistant Professor (Clinical Track) 2020-2022

School of Education and Human Development

University of Colorado, Denver, Denver, CO

(CACREP accredited)

* Course instructor within the Master’s of Counseling program (School of Education and Human Development)
* Advising of Master’s level students
* Course development for addictions/trauma course
* Leadership roles (e.g. serve on thesis committees for Master’s level students)
* Course instructor within the Human Development and Family Relationships program
* Leadership and guidance as chair and member of Master’s level student theses
* Served on DEI committee

Ground based and Hybrid courses:

COUN 5010: Counseling Theories

COUN 5810: Multicultural Counseling with Diverse Individuals, Families, and Children

COUN 6250: Mental Health Diagnosis

COUN 6100: Spiritual Dimensions in Counseling

COUN 5910: Counseling in Practicum

COUN 6200: Trauma Informed Care for Diverse Populations and Co-occurring Disorders

HDFR 4860: Trauma Informed Care for Diverse Populations and Co-occurring Disorders

Remote courses:

COUN 5010: Counseling Theories

HDFR 5830: Trauma Informed Care and Play Therapy in ECE

COUN 6200: Trauma Informed Care for Diverse Populations and Co-occurring Disorders

COUN 6250: Mental Health Diagnosis

COUN 5910: Counseling in Practicum

Senior Instructor 2019-2020

School of Education and Human Development

University of Colorado Denver, Denver, CO

(CACREP accredited)

* Course instructor within the Master’s of Counseling program (School of Education and Human Development)
* Advising of Master’s level students
* Course development for addictions/trauma courses
* Leadership roles (serve on thesis committees for Master’s level students, mentor DACA student)

Ground based and Hybrid courses:

COUN 5010: Counseling Theories

COUN 5810: Multicultural Counseling with Diverse Individuals, Families, and Children

COUN 6250: Mental Health Diagnosis (hybrid)

COUN 6100: Spiritual Dimensions in Counseling

Remote courses:

COUN 5010: Counseling Theories

HDFR 5830: Trauma Informed Care and Play Therapy in ECE

COUN 6200: Trauma Informed Care for Diverse Populations and Co-occurring Disorders

COUN 6250: Mental Health Diagnosis

COUN 5910: Counseling in Practicum

*Program Development:*

Coordination of trauma and addictions courses for Masters of Counseling program, Human Development and Family Relationships (HDFR) program, and Early Childhood Education (ECE)

Adjunct Faculty Member 2018-2019

College of Arts and Sciences

Johnson & Wales University, Denver, CO

* Undergraduate level courses in Psychology program
* Director of Thesis for Honors Program

Ground-based courses:

PSYCH 4200: Cultural Psychology

PSYCH 3100: Community Psychology

CSLG 3500: Introduction to Crisis Intervention

Affiliate Faculty Member 2017-2018

Colorado State University, Fort Collins, CO

(CACREP accredited)

Ground-based courses:

EDCO 686: Counseling Practicum

EDCO 635: Counseling in Cultural Diversity

Affiliate Faculty Member 2012-2020

Regis University

Thornton, CO

* Course instructor within the Master’s of Counseling and Master’s of Marriage and Family Therapy programs (CACREP accredited and AAMFT approved)
* Serve on MAC and MFT advisory boards

Ground-based courses:

MCPY/MFT 605: Human Growth and Development

MCPY 635: Counseling Techniques I

MCPY 636: Counseling Techniques II

MCPY/MFT 615: Cultural Issues and Social Justice

MCPY 692/693: Counseling Practicum-Clinical Supervision

MCPY 698: Counseling Internship A/B/C

MCPY 602: Spirituality in Counseling

MCPY 672: Crisis, Trauma, and Loss

CFT 601: Co-occurring Disorders and Trauma Informed Care

CFT 604: Process Addictions and Client Record Management

MCPY/MFT 660: Substance Use Counseling

MCPY 625: Professional Orientation and Ethical Issues

Remote courses:

MCPY 698: Counseling Internship A/B/C

MCPY 602: Spirituality in Counseling

MCPY 660: Substance Use Counseling

MCPY 505: Skills for Helping Professionals

*Program Development:*

Creation of Post-Master’s in Addictions certificate program

Doctoral Student Online Teaching

Adams State University, Alamosa, CO. 2014-2018

Online courses:

COUN 537: Practicum

COUN 503: Introduction to Research

COUN 558: Creativity in Counseling

COUN 524: Philosophy and Theories of Counseling

COUN 538: Counseling Internship

COUN 536: Pre-Practicum

Approved Trainer 2014-2021

Colorado Office of Behavioral Health

* Approved Trainer (CAS/LAC)

Ground-based courses:

Clinical Assessment and Treatment Planning

Professional Ethics and Jurisprudence

Professional Practice

Principles of Addictions

Client Record Management

Addiction Counseling Skills

Clinical Supervision I

Clinical Supervision II

Co-occurring Disorders

Trauma Informed Care for Diverse Populations

Motivational Interviewing

Advanced Motivational Interviewing

Remote courses:

Clinical Assessment and Treatment Planning

Co-occurring Disorders

Trauma Informed Care for Diverse Populations

**SCHOLARLY WORK**

*Refereed Professional Publications:*

**Abrams, C.** (2022). Ancestral bonding: Autoethnography of a

Holocaust granddaughter. *Journal of Trauma Studies in Education, 1*(1), 47-68.

https://doi.org/10.32674/jtse.v1i1.4063.

**Abrams, C.** (2019). Silenced no more: Transformation of female sexual violation

 into sacred stories and sacred silence. *The International Journal of Gender*

 *and Women’s Studies* 7(2), pp. 13-21. DOI: 10.15640/ijgws.v7n2p2

 URL: http://dx.doi.org/10.15640/ijgws.v7n2p2

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**Abrams,** **C.,** Elliot, G., Ortiz de Raet, A., McColloch, D., & Meder, C. (2018).

 The impact of program modality on counselor preparation comprehensive examination subscale scores*. The Journal of Counselor Preparation*

 *and Supervision*. *10*(1). Retrieved from: <https://repository.wcsu.edu/jcps/vol10/iss1/5>.

*Refereed Professional Publications in Progress*

**Abrams, C.**, & Armeni, K. (2022). The lived experiences of anti-Semitism encountered

by Jewish students on university campuses. *The International Journal of Multicultural Education,* revisions in progress.

Mahfouz, J., Levit-Binnun, N., **Abrams, C**., Albeda, N., & Raphaeli-Hirsch, R.

(2022) Stress and release: Case studies of teacher resilience and self-determination following a mindfulness-based program, (in progress).

*Refereed Professional Newsletter Articles*

Osterlund, L., & **Abrams**, **C.** (2015). How do marriage and family therapists benefit from further training in addictions counseling? *COAMFT Winter Newsletter, 2015.*

*Non-academic Publications*

**Abrams, C.** (2022). Roots and wings: A Jewish coming of age story.

 *The Medium.* <https://chayaabrams.medium.com/roots-and-wings-a-jewish-coming-of-age-story-e88e016fc29b/>

**Abrams, C.** (2020). From outside looking in: A mother’s plea to the Jewish community. *The Medium*. https://chayaabrams.medium.com/from-outside- looking-in-a-mothers-plea-to-the-jewish-community-baeec992f156

**SCHOLARLY PRESENTATIONS**

*Scholarly International Presentations:*

Clay, C.A., Wilkerson, J.M., & **Abrams, C.** (Accepted, 2022, March). *Hotel/motel model shelter and the impacts to long-term housing solutions.* Presentation for the Canadian

Psychological Association (CPA). Calgary, Alberta.

**Abrams, C.** (2022, March). *Ancestral bonding: Autoethnography of a Holocaust granddaughter.* Online presentation of paper for “Trauma and Nightmare” 5th International Interdisciplinary Conference.

**Abrams, C.** and Mahfouz, J. (2020, October). *SEL and social justice: Including cultural responsiveness in SEL and trauma informed programs.* Online presentation for the 10th International Conference on Education and Social Justice.

**Abrams, C.** (2020, September). *Traumatic silence to sacred silence: Addressing historical trauma and collective grief related to current global challenges in counseling.* Online presentation for Counseling, Supervision, and Training in Ireland and the U.S. During COVID-19.

**Abrams, C.** (Accepted, 2020, February). *Silenced no more: Transformation of female sexual violations into sacred stories and sacred silence.* Oral presentation for Gender and Sexuality Studies Congress Conference. Rome, Italy (conference rescheduled).

**Abrams, C.** (2020, March). *Silenced no more: Transformation of female sexual violation into sacred stories and sacred silence.* Presentation of paper for “Trauma and Nightmare” International Interdisciplinary Conference. Gdansk, Poland.

**Abrams, C.** (2016, August). *Vicarious Trauma & Posttraumatic Growth: Adopting self and relational care for counselors.* Presentation for a Counselor’s View of Ireland Institute. Dublin, Ireland.

*Scholarly Refereed National Presentations:*

**Abrams, C.,** & Bruneau, L. (2020, May 28-30) *Silenced no more: Transformation of historical trauma and traumatic silence into sacred stories and sacred silence.* [Round table presentation]. Association of Humanistic Counseling conference, Denver, CO. https://afhc.wildapricot.org (Conference canceled).

**Abrams, C.,** & Wyner, D.(accepted, 2019, May) *Welcome to hell: Integrating child loss/death education into counselor education and CACREP 2016 Standards.*

Presentation accepted for the Association of Counselor Education and Supervision (ACES) National Conference, Seattle, WA, October, 2019.

**Abrams, C.** (2019, May) *Can we talk about it?* *A humanistic and global approach to intergroup process in cases of ongoing terror and intergroup conflict*. Presentation for the Association of Humanistic Counseling Conference, Minneapolis/St. Paul, MN, May, 2019.

**Abrams, C.,** & Wyner, D. (2019, May) *Welcome to hell: Cross-cultural counseling approaches in reconstruction of meaning after child loss/death.* Round-table presentation for the Association of Humanistic Counseling Conference, Minneapolis/St. Paul, MN, May, 2019.

**Abrams, C.,** & Hartman, S. (accepted, 2017 April). *Invited in: Implications*

*for non-recovering counselor educators and supervisors supervising*

*counselors in recovery.* Round table discussion presentation accepted for the national ACES conference, Chicago, IL. October, 2017.

**Abrams, C.,** & Holstun, V. (2017, April). *Integrating spirituality in counseling: Explaining world religions, faith, and personal spiritual values.* Presentation accepted for the national ACES conference, Chicago, IL. October, 2017.

**Abrams, C.,** Elliot, G., Ortiz de Raet, A., & McColloch, D., Meder, C. (2015, October). *The evolution of learning: Online programs, Counselor Education, and the therapeutic relationship.* Presentation for Association of Counselor Education and Supervision (ACES) National Conference, Philadelphia, PA.

*Scholarly Refereed Regional Presentations:*

Rigsbee, N., & **Abrams, C.** (2018, October) *Suicide assessment training in counselor education: Status of the field.* Presentation for the Rocky Mountain Association of Counselor Education and Supervision (RMACES) Conference,

Park City, UT, October, 2018.

**Abrams, C.** and Holstun, V. (2016, September). *Integrating spirituality in counseling: Explaining world religions, faith, and personal spiritual values.* Presentation for the Rocky Mountain Association of Counselor Education and Supervision (RMACES) Conference. Steamboat Springs, CO

**Abrams, C.** (2016, September). *Bridging the gap: Utilization of developmental models within multicultural supervision and mentorship.* Presentation for the Rocky Mountain Association of Counselor Education and Supervision (RMACES) Conference. Steamboat Springs, CO.

*Scholarly Local Presentations:*

**Abrams, C.** (2022, April). *Addressing* *anti-Semitism on university campuses Part 2.* Online presentation for the School of Education and Human Development at the University of Colorado-Denver.

**Abrams, C.** (2022, March). *Addressing anti-Semitism on university campuses Part 1.*

Online presentation for the School of Education and Human Development at the University of Colorado-Denver.

**Abrams, C.** & Armeni, K. (2022, February). *Mentoring students from professional and multicultural perspectives*. Presentation for the Colorado

Counseling Association, Thornton, CO, April, 2022.

**Abrams, C.** and Schoenstein, L. (2021, May). *Restoring care in Trauma Informed Care: Decolonizing trauma treatment through embracement of indigenous and collective trauma experiences.* Online presentation for the Colorado Counseling Association. Denver, CO.

**Abrams, C.,** Borenstein, R., & Falk, R. (2020, December). *Addressing anti-Semitism in contemporary society and culture.* Online presentation for the Honor Society at University of Colorado Denver.

**Abrams, C.**  (2017, September). *Trauma informed care for substance use and co-occurring populations.* Presentation for the Division of Vocational Rehabilitation, Westminster, CO, October, 2017.

**Abrams, C.,** Cordova-Barnes, A., Green, M., Kennedy, S., Knapp, H., & Elliott, C. (accepted, 2016 October). *After the fire: Supporting survivors of suicide with community and relational resources.* Presentation accepted for the Colorado Counseling Association (CCA) conference, Denver, CO (April, 2017).

**Abrams, C.** (2016, July). *Substance Use and Mental Health Disorders; What a PT must know.* Presentation for Reuckert Hartman College of Health Professions Doctorof Physical Therapy students. Denver, CO.

**Abrams, C.** (2016, May). *Vicarious Trauma: A brief overview for helping professionals.* Presentation for the Detoxification Unit of the State of Colorado. Golden, CO.

**Abrams, C.,** Marcotte, E., & Vargas, L. (2016, February). *A soft place to land: The collaborative supervisory relationship.* Presentation for Division of Counseling and Marriage and Family Therapy at Regis University. Denver, CO.

**Abrams, C.** (2015, June). *Substance Use and Mental Health Disorders; What a PT must know.* Presentation for Reuckert Hartman College of Health Professions/Schoolof Physical Therapy. Denver, CO.

**Abrams, C**., & Gallamore, R. (accepted, 2014, April). *Counseling: Caring for cancer patients and families.* Presentation for Colorado Counseling Association (CCA) Conference, Denver, CO.

**Abrams, C.,** & Gallamore, R. (2014, December). *Counseling: Caring for cancer patients and families.* Presentation proposal for Reuckert Hartman College of Health Professions, Denver, CO.

**Abrams, C**. (2013, October). *Working with specialized populations in criminal justice.* Presentation for Colorado Judicial Branch Probation Conference, Denver, CO.

*Scholarly Personal Communications/Podcasts:*

Kramer, A. (Producer). (2019, November 6). EP147: Exploring Historical

 Trauma Response – **A Conversation with** **Dr. Chaya Abrams** [Audio Podcast]. The Thoughtful Counselor. Retrieved from https://thethoughtfulcounselor.com/?p=227458.

**PROFESSIONAL EXPERIENCE**

Colorado Office of Behavioral Health 2014-2020

Odyssey Training Center, Denver, CO

Denver Cares (Denver Health), Denver, CO

Aspen Ridge Recovery Center, Lakewood, CO

Jefferson Center for Mental Health, Wheatridge, CO

* Office of Behavioral Health approved trainer for addictions course
* Online program development/online instructor

Private Practitioner

Zarkor Treatment and Supervision Services, LLC 2013-2021

Lakewood, CO

* Provide individual counseling to adults within the specialty areas of trauma and addictions
* Provide individual and group supervision and consultation to professional and addictions counselors toward licensure and improved practice
* Provide CAC (Certified Addiction Counselor) trainings on contract basis to professionals within mental health and addictions specific agencies
* Provide mental health and substance use evaluations for individual clients

Clinical Manager/Clinician 2007-2014

Intervention, Inc.

Westminster, CO

* Oversaw and maintained mental health programs (State and Federal based grants) for the co-occurring population
* Provided weekly individual and group supervision for clinicians and students
* Provided training and psycho education to community members, students, clinicians, and professionals
* Promoted growth of clinical programs in all Intervention locations by attending associated meetings and conferences
* Performed clinical assessments and evaluations for dually diagnosed offenders
* Counseled adults individually and in group settings
* Performed crisis intervention and prevention
* Collaborated with correctional staff and other community resources on behalf of clients
* Facilitated drug and alcohol groups as needed

Counselor Intern 2006-2007

Maria Droste Services

Denver, CO

* Counseled adults and couples within outpatient mental health environment
* Performed crisis intervention and management
* Provided case management for adult clients with a variety of needs
* Performed mental health assessments for adult clients
* Counseled adult survivors of trauma

Counselor Intern 2006-2007

Fallis Elementary School

Denver, CO

* Counseled elementary school children (ages 5-11 years) individually and in groups
* Collaborated with staff, teachers, and other professionals to meet children’s needs
* Provided counseling and psycho education for parents and families of clients
* Developed behavior modification plans for classroom use
* Worked with child protection services for safety of children

**PROFESSIONAL LICENSES AND CERTIFICATES**

* Licensed Professional Counselor- LPC #5848 (LPC/Colorado)
* Licensed Addictions Counselor- ACD #286 (LAC/Colorado)

**PROFESSIONAL AFFILIATIONS**

* Member, *American Counseling Association (ACA)*
* Member, *Association for Counselor Education and Supervision (ACES)*

**PROFESSIONAL RECOGNITIONS**

* Excellence in Teaching Award, *Regis University* (2016)
* Student Advocacy Award, *Regis University* (2014)

**PROFESSIONAL CERTIFICATIONS AND TRAINING**

* Certified Field Traumatologist- The Green Cross Academy of Traumatology (2022)
* Certified Compassion Fatigue Educator- The Green Cross Academy of Traumatology (2022)
* Certified Compassion Fatigue Practitioner-The Green Cross Academy of Traumatology (2022)

*Traumatology Training/Coursework*

* Field Traumatology (14 hours) training, *Rocky Mountain Traumatology Institute,* 07 December 2021
* Compassion Fatigue Educator (6 hours) training, *Rocky Mountain Traumatology Institute,* 01 April 2022
* Compassion Fatigue Practitioner (6 hours) training, *Rocky Mountain Traumatology Institute,* 06 May 2022

**PROFESSIONAL LEADERSHIP AND VOLUNTEER OPPORTUNITIES**

* Research mentorship of women’s studies in trauma for graduate student, *CU Denver* (2021-2022)
* Mentorship of student through the DACA and Undocumented Student Health Careers Opportunity Program (DUHOP) (2019-2021)
* Ignatian Scholars Group, *Regis University* (2017-2018)